

Lets get this party started
Posted by ?????? - 09 Feb 2021 22:33

I just joined on GYE a few days ago and I'm so excited to be starting the 90 day journey! I'm clean since last Thursday when I signed up for gye b"n. I don't know how long I'll be able to last, but with the help of everyone here and I also installed the KBA webchaver filter on my phone so already I feel like I have the advantage over my yetzer hara. I know it's definitely possible bc in the last year my longest streak was ~105 days, but I was in a place rooming with 8 other people and no internet so even if I wanted to be nichshal, it was very hard. Anyways wish me luck my friends and of course a tremendous "Hatzlocha rabbah" to all of you as well!

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Re: Lets get this party started
Posted by YeshivaGuy - 12 May 2021 03:20

I'm just going to say that everyone makes mistakes, even big mistakes.

And I am not justifying the mistakes.

But I will say that Benoni is a tzadik for overcoming a seemingly insurmountable nisayon.

YeshivaGuy

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Re: Lets get this party started
Posted by Grant400 - 12 May 2021 12:50

It seems ?????? was banned. Anyone know why?

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Re: Lets get this party started
Posted by HappyYid - 12 May 2021 13:06

[Grant400 wrote on 12 May 2021 12:50:](#)

It seems ????? was banned. Anyone know why?

Refer to YeshivaGuy's post.

I'm in touch with him if you have something for me to tell him...

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Re: Lets get this party started
Posted by DavidT - 12 May 2021 15:04

[Grant400 wrote on 12 May 2021 12:50:](#)

It seems ????? was banned. Anyone know why?

To all concerned GYE members,

When GYE bans someone, it's always for good reason. This has nothing to do with the person's standing as we never judge anyone. GYE only bans people when there is a possible risk to other members. GYE also discusses (in most cases) the ban with the person and usually the person agrees to the ban (as it's also for his own benefit).

The bottom line is that this forum is here to help people grow and heal, and GYE does their best to keep it safe for everyone.

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Re: Lets get this party started
Posted by Lou - 12 May 2021 19:54

Oh wow! I never knew GYE bans people

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Re: Lets get this party started
Posted by ?????? - 08 Jun 2021 16:25

Ayo I'm back

Feels like techiyas hameisim over here lol

Ok but in all seriousness, some of you might be wondering why I had to take a "sabbatical". Basically I made a terrible mistake that not only affected me but also another member here. Very ashamed. Not quite sure what the minhag here is if I need to explain more or not so I'll just leave it at that for now.

Anyways, so excited to be back!!! The last month has been really hard for me. I've been kinda depressed lately which has lead to me acting out with frequency. I also had access to an unfiltered device which I was not strong enough to use responsibly. B'ezras Hashem, being able to post on here and gain some chizuk from you all will be just what I need to get back on track.

With lots of love to my fellow giborim,

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Re: Lets get this party started
Posted by HappyYid - 08 Jun 2021 17:12

Welcome back friend!

Keep us posted!

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Re: Lets get this party started
Posted by EvedHashem1836 - 08 Jun 2021 17:16

Welcome back!

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Re: Lets get this party started
Posted by Sapy - 08 Jun 2021 18:31

Hi buddy! Good to hear from you again!

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Re: Lets get this party started
Missed you
Posted by Gevura Shebyesod - 08 Jun 2021 21:00

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Re: Lets get this party started
Posted by OivedElokim - 08 Jun 2021 21:44

Welcome back buddy! We missed you

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Re: Lets get this party started
Posted by ?????? - 11 Jun 2021 03:03

Thanks everyone for all your support!

Happy to say that tonight I'll be one week clean.

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Re: Lets get this party started
Posted by Meyer M. - 13 Jun 2021 04:56

[?????? wrote on 11 Jun 2021 03:03:](#)

Thanks everyone for all your support!

Happy to say that tonight I'll be one week clean.

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Re: Lets get this party started
Posted by ?????? - 15 Jun 2021 10:40

Ok so here's the deal: I *really* have to start taking this stuff more seriously. I was motzi zera levatala twice over the past weekend (including once on Shabbos). If it weren't for my filters, I would have most definitely looked at porn too.

Additionally, I want to share something that I have not yet admitted publicly on here, but I think that I need to because I really need help for it. I seriously struggle with low self esteem and have many insecurities about my body. Because of this, I feel that I need constant validation that I look good and this has lead me to do things which I'm not proud to admit: I will chat with other guys online who also have ssa and that almost inevitably leads to them asking for shmutzik pictures/videos of me. Wanting their compliments and validation, I usually send them what they ask for but no matter how many times I'm told that I actually look good, I never feel

like it's enough. If one person says that my insecurities are baseless, it might put me at ease for a little while, but then the next day, I'll just seek out someone else to share my body with and receive compliments from. Not to sound gaivedik, but quite a few people (guys and girls) have told me I'm good-looking and yet I have a hard time believing them because I always focus on my flaws.

Does anyone please have some help to offer me for overcoming this addiction for external validation? I want to be able to feel confident in myself. I want to stop obsessing over my looks. I want to be able to sincerely thank Hashem for what I was blessed with. And I really want to stop being a shtickle porn actor and giving in to others' desires to see me when they're facing their own struggles.

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