

My filter failed & so did I

Posted by DavidT - 08 Jan 2021 16:27

To my deal brothers on GYE, it's extremely painful for me to write this post but it would be more painful not to write it and be dishonest.

This morning I came into my office and realized that the filter was not working (we have a filter on the router for the whole network). Besides the filter, I also have webchaver installed, so I would not go anywhere bad on my PC, but there was a tablet on my table and I followed the voice of the Y"H

"hey! here's an opportunity!"

I fell - and we all know the feelings that follow...

So- I will start counting again! I will NOT stay down even for a minute & I will try to post honestly here to the best of my ability.

Thank you all for your support.

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Re: My filter failed & so did I

Posted by #makelifegreatagain - 25 Jan 2021 23:05

I think the subject of your posts is wrong.

Yes, your filter failed. That I agree with. But did you fail? No! You just stumbled. You can still regain your balance and keep on running to that finish line. But judging by your current streak, maybe you already knew that. Congrats on 16 days clean!!

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Re: My filter failed & so did I

Posted by change bochur - 25 Jan 2021 23:33

[#makelifegreatagain wrote on 25 Jan 2021 23:05:](#)

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I really like this.

@DavidT you may have fallen but you haven't failed

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Re: My filter failed & so did I
Posted by YeshivaGuy - 25 Jan 2021 23:56

[DavidT wrote on 25 Jan 2021 20:32:](#)

[YeshivaGuy wrote on 25 Jan 2021 18:17:](#)

Great point.

So how are you doing?

B"H ... do you want exact status??

I had a fall with *P 16 days ago

I had a fall with *M 23 years ago

get the picture?

I understand, Bh.

Was asking like how ur holding up/feeling etc

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Re: My filter failed & so did I
Posted by DavidT - 26 Jan 2021 02:22

[YeshivaGuy wrote on 25 Jan 2021 23:56:](#)

[DavidT wrote on 25 Jan 2021 20:32:](#)

[YeshivaGuy wrote on 25 Jan 2021 18:17:](#)

Great point.

So how are you doing?

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I understand, Bh.

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Thanks for asking. I'm feeling great and holding up with the help of Hashem. My fall was a reminder that as long as we live we can't let our guard down for a second. The yetzer horah does not sleep for some reason...

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Re: My filter failed & so did I

Posted by Realestatemogul - 26 Jan 2021 03:54

The yetzer hara definitely does not sleep! I have found that out many times, lol.

But you know what really scares the y"h? When people like you come on GYE even after a fall and say, "I AINT SCARED OF YOU!"

You are really an inspiration. What makes people great is their ability to keep going when the tough gets tough, and you are really flexing your muscles!

Keep up the great work and please keep us updated and let us know if we can help!

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Re: My filter failed & so did I

Posted by ??? ???? ???? ??? - 26 Jan 2021 14:57

[Realestatemogul wrote on 26 Jan 2021 03:54:](#)

[...]

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[...]

I agree, @Realestatemogul. I would, however, change the wording if we are to look at the Yetzer Hara as a messenger from Hashem to test us and to help us grow. From "you know what really scares the y"h?" to "you know what really makes the y"h nod in approval."

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Re: My filter failed & so did I

Posted by DavidT - 26 Jan 2021 15:39

[??? ???? ???? ??? wrote on 26 Jan 2021 14:57:](#)

[Realestatemogul wrote on 26 Jan 2021 03:54:](#)

[...]

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I agree, @Realestatemogul. I would, however, change the wording if we are to look at the Yetzer Hara as a messenger from Hashem to test us and to help us grow. From "you know what really scares the y"h?" to "you know what really makes the y"h nod in approval."

The *yetzer hara* has a very bad reputation. It is said about him that he wants to destroy us. This is wrong. In truth, the *yetzer hara* wants us to conquer him, and he is very happy when we defeat him.

The purpose of the *yetzer hara* is *hasagas hatov*, attaining the good. It must be that way, since the *yetzer hara* is dispatched by Hashem, the Source of all-good. Thus, the *yetzer hara* himself testifies that the essence of reality is, ultimately, goodness, even though it might appear otherwise at times. By his actions, the *yetzer hara* is pointing us toward the truth — we just have to do the opposite of what he tells us. In effect, therefore, says the Alter, the *yetzer hara* is really the *yetzer hatov* in disguise.

Rabbi Dessler says that the purpose of the *yetzer hara* is to be defeated by goodness. Man must use his free will to choose correctly, thereby revealing the honor of Hashem. Light defeats

darkness. When the angel said “for dawn has broken,” he meant that his purpose had been fulfilled — he had been defeated by goodness — and the time had come for this to be revealed in the universe. And so, the angel requested, “Let me go to sing that *shirah*.” Now that the angel had been defeated there was *Shleimus* in the world, as the Torah says, “And Yaakov arrived *shalem* [whole]”

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Re: My filter failed & so did I
Posted by Realestatemogul - 01 Feb 2021 06:31

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Re: My filter failed & so did I
Posted by DavidT - 01 Feb 2021 16:31

[Realestatemogul wrote on 01 Feb 2021 06:31:](#)

How are you doing DavidT? We are thinking of you friend! hope all is well!

Hi, thank you for asking. It helps so much to see other people care!

B"H I'm doing great. Day 24 today.

We can never get comfortable with seeing a clean streak. Every day is the first day of the rest of our life.

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Re: My filter failed & so did I

Posted by DavidT - 08 Feb 2021 02:09

Thank you hashem for giving me 30 days clean...

I'll copy paste what I just got in the gye auto email...

Wow, 30 days. A whole month!

30 days is a significant amount of time that gives you a taste of what it feels like to be free. Maybe that's why the Torah instructs a Nazir to have a *minimum of 30 days clean*. R' Yochanan also taught that when doing something for 30 days, there is a **chazakah that it will continue!** (Talmud Yerushalmi Taanis 1:1 quoted in Shulchan Aruch 114:8)

However, you still need to take precautions. If you get lax and let down your guard, you might slip back into it. Make sure you're using all the resources at your disposal to stay on track.

Here's a little thinking exercise: If someone would give you a million dollars to reach 90 days, is there anything else you would do to be more safe? Is there any way you'd [improve your plan](#)? If the answer is yes, go ahead and do it. Your life is priceless!

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Re: My filter failed & so did I

Posted by Realestatemogul - 11 Feb 2021 05:06

Thank you DavidT for staying strong! You give us all chizzuk!

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Re: My filter failed & so did I
Posted by DavidT - 11 Feb 2021 15:24

[Realestatemogul wrote on 11 Feb 2021 05:06:](#)

Thank you DavidT for staying strong! You give us all chizzuk!

You have been one of the people who I always look up to on GYE!

Feelings ae mutual

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Re: My filter failed & so did I
Posted by DavidT - 25 Feb 2021 16:04

I'm having a tough day today and when I become stressed, the urges start to bubble...

But isn't this the whole purpose of GYE?

At first I was hesitant to share... After all I do have an ego

There's a fire in Rav Amram's house!

One time, some Jewish women who had been kidnapped and then released were brought to the city of Naharda'ah, in Babylonia. They were taken to the attic of Rav Amram the pious, and the ladder was taken away so that no men could climb up to bother them. One of the women was exceptionally beautiful. Rav Amram took the ladder—which was so heavy that ordinarily it would take 10 men to move it—and picked it up all by himself so that he could climb up. When he was halfway up, he braced himself and shouted, “There’s a fire in Rav Amram’s house!”

His students came running, and when they saw what he meant, they said, “We’re ashamed at seeing our teacher so consumed with physical desires!”

Rav Amram said, “It’s better for you to be ashamed by Amram in this world so that you won’t be ashamed by him in the next world.” He managed to expell his desire, which appeared in the form of a towering inferno. Said he to it, “Look, you are fire and I’m just flesh, but I am stronger than you.”

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Re: My filter failed & so did I

Posted by Grant400 - 25 Feb 2021 17:59

Isn't it interesting that I hold you in even higher regard after reading that?

It's humorous how people act a certain way based on ego, and wanting people to view them in a certain light, when in reality people have more respect for them when seeing them not be controlled and influenced by such whimsical considerations.

Food for ththought.

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