

Giving it another shot

Posted by othershot - 01 Jan 2021 06:18

Hi! I have been coming to gye for about a year and a half but this is my 1st post on the forums.

Last year I had a clean streak of 183 days but then I fell and since then I have been up and down with smaller clean streaks and less acting out in between.

Recently though I have been falling too often so I decided even though it's difficult for me I will start a thread to hold myself more accountable.

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Re: Giving it another shot

Posted by othershot - 29 Nov 2021 00:15

10! Trying for a clean Chanukah

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Re: Giving it another shot

Posted by Spike Ed - 29 Nov 2021 05:13

I really resonate with this post as someone who's failed many many times but recently got back on and even through my failures I see the overall growth and improvement. I will be checking here often and rooting you along the way!

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Re: Giving it another shot

Posted by othershot - 30 Nov 2021 04:38

11!

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Re: Giving it another shot
Posted by Avrohom - 30 Nov 2021 04:40

Great job - Keep it up!

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Re: Giving it another shot
Posted by anothershot - 01 Dec 2021 04:55

12!

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Re: Giving it another shot
Posted by anothershot - 05 Dec 2021 05:04

16!

I did masturbate once and have watched questionable videos on YouTube but for now I am counting clean days from porn only.

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Re: Giving it another shot
Posted by anothershot - 22 Mar 2023 13:25

Hi GYE it's been a long time but I'm back to give it another shot! My goal for today is to be clean of p&m today. I started my new streak yesterday.

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Re: Giving it another shot
Posted by chancy - 22 Mar 2023 17:48

Welcome back!

Stick around this time and try out the great tools the GYE has to offer.

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Re: Giving it another shot

Posted by anothershot - 23 Mar 2023 11:25

B"H I am still going strong!

It's amazing how as soon as I decided I am doing this I felt light, free, happy and pure! I didn't realize how the p&m puts me in such a dark place until I left it.

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Re: Giving it another shot

Posted by anothershot - 24 Mar 2023 12:56

3! I'm starting to lose that initial excitement of the commitment. Today I just feel down and want to go back to p&m. I'm not going to go down that path again but does anyone have suggestions for me what I can do to strengthen myself?

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Re: Giving it another shot

Posted by Hashem Help Me - 24 Mar 2023 17:50

Get in touch with someone.

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Re: Giving it another shot

Posted by anothershot - 26 Mar 2023 02:16

5! Had some big urges to masturbate early this morning but I hung on and went back to sleep.

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Re: Giving it another shot
Posted by excellence - 26 Mar 2023 19:00

Dear Anothershot,

Well done for your achievements!! Keep the up!

Someone may have asked this before, but mind me asking what are your filters like? how are you accessing porn?

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Re: Giving it another shot
Posted by anothershot - 30 Mar 2023 04:14

9! I feel so free! Thank you H-Shem!