

Giving it another shot

Posted by othershot - 01 Jan 2021 06:18

Hi! I have been coming to gye for about a year and a half but this is my 1st post on the forums.

Last year I had a clean streak of 183 days but then I fell and since then I have been up and down with smaller clean streaks and less acting out in between.

Recently though I have been falling too often so I decided even though it's difficult for me I will start a thread to hold myself more accountable.

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Re: Giving it another shot

Posted by barber - 28 Oct 2021 23:41

hello wishing you great success

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Re: Giving it another shot

Posted by othershot - 29 Oct 2021 00:13

B'H I have made it to 5!

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Re: Giving it another shot

Posted by othershot - 31 Oct 2021 03:35

7!

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Re: Giving it another shot

Posted by othershot - 01 Nov 2021 06:16

8!

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Re: Giving it another shot
Posted by othershot - 02 Nov 2021 02:04

Unfortunately I had a fall tonight but Bez"H I will pick myself up and start again tonight.

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Re: Giving it another shot
Posted by Avrohom - 02 Nov 2021 04:00

[othershot wrote on 02 Nov 2021 02:04:](#)

Bez"H I will pick myself up and start again tonight.

Amazing! Use your streak as a motivation to get right back up and don't focus on the slip!
Hatzlocha with your next streak.

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Re: Giving it another shot
Posted by othershot - 03 Nov 2021 02:59

1!

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Re: Giving it another shot
Posted by othershot - 04 Nov 2021 05:10

Had another fall

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Re: Giving it another shot
Posted by anothershot - 05 Nov 2021 00:41

1!

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Re: Giving it another shot
Posted by anothershot - 05 Nov 2021 14:28

I had a fall.

I will bl'n for the next week come on here and post if I feel like I will fall.

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Re: Giving it another shot
Posted by DavidT - 05 Nov 2021 14:49

[another shot wrote on 05 Nov 2021 14:28:](#)

I had a fall.

I will bl'n for the next week come on here and post if I feel like I will fall.

Sorry to hear that it's going tough.

Do you try at least to push off the acting out for some time? If not, please make a commitment to try this. Even if it's for 15 minutes (or less) , at least you can prove to yourself that you CAN be strong and it's also very special to Hashem, every second of kedusha is special and will be

rewarded, beyond our imagination.

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Re: Giving it another shot
Posted by anothershot - 07 Nov 2021 02:52

2!

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Re: Giving it another shot
Posted by anothershot - 08 Nov 2021 01:44

3!

Today was a rough day for shmiras einayim but I didn't act out with porn.

Tomorrow will be better!

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Re: Giving it another shot
Posted by Markz - 08 Nov 2021 02:20

[anothershot wrote:](#)

I am going to beat this monster one step at a time... One day at a time!

What you gonna do if he dances in "step" with you?

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