

Giving it another shot

Posted by anothershot - 01 Jan 2021 06:18

Hi! I have been coming to gye for about a year and a half but this is my 1st post on the forums.

Last year I had a clean streak of 183 days but then I fell and since then I have been up and down with smaller clean streaks and less acting out in between.

Recently though I have been falling too often so I decided even though it's difficult for me I will start a thread to hold myself more accountable.

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Re: Giving it another shot

Posted by anothershot - 04 May 2021 01:02

14!

B"H I made it to 14 days it has been a long time since I was clean this long!

I had a big Nisayon this morning but B"H I wasn't nichshal.

hatzlacha to all!

anothershot

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Re: Giving it another shot

Posted by EvedHashem1836 - 04 May 2021 01:04

Mazal tov!!!

Think about how good it feels to make it this far. Then think about how it will feel even better (if you can imagine) once u make it to 3 weeks.

With you every step of the way

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Re: Giving it another shot

Posted by anothershot - 05 May 2021 13:11

I had a fall yesterday.

While I know all too well about falling I also know all about how important it is to get right up dust myself off & start again.

Hatzlacha to all!

Anothershot

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Re: Giving it another shot

Posted by Grant400 - 05 May 2021 13:32

Love the attitude! Please, please, please, please write down how you feel and the clarity you have after the orgasm/binge. Read it when confronted with the same temptations and break the magical grasp it has on your discipline.

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Re: Giving it another shot

Posted by EvedHashem1836 - 05 May 2021 18:58

If you get right back up you can continue pretty much where you left off - don't fall in a binge!!

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Re: Giving it another shot

Posted by anothershot - 11 May 2021 02:18

7!

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Re: Giving it another shot

Posted by EvedHashem1836 - 11 May 2021 04:25

Happy you've dusted yourself off!

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Re: Giving it another shot

Posted by anothershot - 24 Oct 2021 05:54

I've been away for way too long I'm coming back and trying again for 90 days clean.

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Re: Giving it another shot

Posted by ARF - 24 Oct 2021 11:41

Wow!!! Keep on posting.

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Re: Giving it another shot

Posted by Hashem Help Me - 24 Oct 2021 22:30

Welcome back!!

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Re: Giving it another shot
Posted by Zedj - 25 Oct 2021 04:10

We are rooting for you!its great to see you back!

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Re: Giving it another shot
Posted by anothershot - 26 Oct 2021 02:58

2!

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Re: Giving it another shot
Posted by anothershot - 27 Oct 2021 00:50

3!

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Re: Giving it another shot
Posted by Yankee - 28 Oct 2021 03:47

You make us proud, keep it up!

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Re: Giving it another shot
Posted by anothershot - 28 Oct 2021 05:08

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