

## Overcoming challenges

Posted by Zedj - 18 Oct 2020 06:22

---

I've been struggling with porn for more then a few years. Whenever I thought I could stop, somehow or another I found myself right back at square one.

I really hope with the help of hashem that I can overcome my challenge

I forget the source for what I'm about to say but I remember hearing that if someone sees that he has a challenge in fulfilling a certain mitzvah then he knows it's one of the missions he was brought into the world for and the fact he has this challenge shows he can overcome it.

It seems like this generation has been given a challenge like no other but the fact we have the challenge means we have the power to overcome it.

For that reason I am sharing my journey and hope I can overcome my own personal challenge and maybe help another.

I don't know how many times I will update my journey but I plan to make it more of a personal diary.

Feel free to comment

=====

Re: Overcoming challenges

Posted by Zedj - 18 Dec 2020 20:39

---

25 days clean.

Counting early....

Wishing you all a good shabbos!

=====

Re: Overcoming challenges

Posted by excellence - 19 Dec 2020 18:43

---

[Zedj wrote on 18 Dec 2020 17:58:](#)

Thank you!

Having this in mind is so helpful.

I was just sitting down on a couch, with my coffee and just thinking (perfect recipe for free flow thought)....how easy it would be for me to just...

I had to cut it short came on GYE and started reading.

Thank you for posting

Your determination keeps me inspired.

=====

Re: Overcoming challenges

Posted by Zedj - 20 Dec 2020 01:30

---

26 days clean

Gut voch!

Friday night was amazing.

Shabbos day in the morning/shachris some intruders came knocking, some knocked louder some softer.

The rest of the day was fine.

Now Im trying to relax, alittle uneasy with the way I feel right now...

It will come to pass iyh.

Hope all you guys are being matzliach

=====

Re: Overcoming challenges

Posted by Realestatemogul - 20 Dec 2020 17:05

---

Hey Zedj,

You are doing great!

26 is gematria of shem Hashem and you certainly have brought more into you life with all this great work!

=====

Re: Overcoming challenges

Posted by Zedj - 20 Dec 2020 18:49

---

Thank you!

=====  
=====  
  
Re: Overcoming challenges  
Posted by Grant400 - 20 Dec 2020 20:45

---

Zedj, I love your posts! Keep 'em coming!

=====  
=====

Re: Overcoming challenges  
Posted by Zedj - 21 Dec 2020 04:43

---

Forsure!

=====  
=====

Re: Overcoming challenges  
Posted by Zedj - 21 Dec 2020 04:52

---

27 days clean.

Bh got through the day.

Not a hard day.

I'm heading back to yeshivah tomorrow so I will be alot more productive in the coming days and weeks.

Wishing you all well.

=====  
=====

Re: Overcoming challenges

Posted by OivedElokim - 21 Dec 2020 05:06

---

Wishing you much Hatzlacha in yeshiva and in your quest for purity...

=====

Re: Overcoming challenges

Posted by YeshivaGuy - 21 Dec 2020 05:33

---

[Zedj wrote on 21 Dec 2020 04:52:](#)

27 days clean.

Bh got through the day.

Not a hard day.

I'm heading back to yeshivah tomorrow so I will be alot more productive in the coming days and weeks.

Wishing you all well.

Hatzlocha in Yeshiva!!

Keep strong and keep in touch!!

=====

Re: Overcoming challenges

Posted by YeshivaGuy - 21 Dec 2020 05:41

---

Do u have access to the site in Yeshiva?

=====

Re: Overcoming challenges  
Posted by Zedj - 21 Dec 2020 05:43

---

Yes

=====

Re: Overcoming challenges  
Posted by YeshivaGuy - 21 Dec 2020 05:44

---

=====

Re: Overcoming challenges  
Posted by Zedj - 21 Dec 2020 05:46

---

!

=====

Re: Overcoming challenges  
Posted by Zedj - 21 Dec 2020 22:06

---

28 days clean

We will start today from the beginning....  
Baruch HaShem. Not sure wat we'd do without u!

(Deep breath)- I wasn't going to post about this because it's really not something I'm worried about or necessarily feel bad about because it was not in my control but I feel I should.

I had a wet dream this morning, I don't feel bad about it (maybe I should) it happened. Many factors could've caused it to happen..it was a hot room so that could've been it.

I usually try to sleep on my side so that this doesn't happen.

What should I do? It's not in my control.

But what does bother me is that I don't usually remember dreams ECT ECT. The dream was very vivid. I know I couldn't control it and not my fault. So as far as I'm concerned I will keep on counting.

Now to more positive things- back In yeshiva!

Also it's my birthday tonight! I will IYH post a brocha and make a L'chaim with everyone on gye soon.

=====  
=====