

Slogging Through the Muck

Posted by habaletaher - 16 Dec 2009 09:28

Hello to everyone,

This is my first foray into the world of GYE, and I'm really hoping that it will become a real force in my life, as I've been battling the other forces for too long.

I'm happily married to a beautiful and loving woman, and together we are raising a bunch of wonderful children, yet there is a side of me that no one knows about, a side of me that has been eating away at me for almost as long as I can remember. That side of me is the Mr. Hyde to my Dr. Jekyll, the crazed sicko who gets set loose at night and does horrific shameful things. Being a true ohaiv Ha-shem, who really loves the aibishter and his torah and mitzvos this creates an enormous amount of conflict in my life, leading me to feelings of isolation despite being surrounded by people who love me, and despair despite leading a relatively successful life.

To compound those feelings, I am involved in avodas hakodesh, so while people are looking to me for inspiration, I'm sometimes involved in things that if they had the slightest clue of, they would pillory me in the town square. This makes me feel even more like a fake and a fraud despite the fact that all I really want to do in my life is bring people closer to Avinu Shebashamayim. Many times, I have thought about quitting, recognizing that I'll never really be able to inspire others if there's no gas in my fuel tank, but I'm reminded of the fish's response to Rabbi Akiva, "If in the water, the place of our life, we need to fear, how much more so on dry land, the place of our death!" So I guess I will try to stay close to the water, (besides all the teaching I do, I personally learn for hours every day, sometimes immediately followed by a most inglorious session of shmutz!), and just keep trying to slog through the muck.

I hope you can give me the chizzuk I need to make it out of my living hell.

Habaletaher

PS I can't even say Day 1! Maybe tomorrow!

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Re: Slogging Through the Muck

Posted by Sturggle - 13 Mar 2010 19:11

Amen!

And may Shabbos continue with you all six days of the week!

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Re: Slogging Through the Muck

Posted by the.guard - 13 Mar 2010 19:52

Let's go, everybody give a hand... Habaletaher Misayin lo... Everyone together now. 1, 2, 3, HEAVE HO!

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Re: Slogging Through the Muck

Posted by bardichev - 14 Mar 2010 01:08

Haba its not so bad!

We are all here for u

We are all here with u

Cman

Geb zich a shukkle!!

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Re: Slogging Through the Muck

Posted by silentbattle - 14 Mar 2010 01:37

My friend, if you want to lay in the mud, no one here can stop you. But realize that it's your decision - and the second you want to get up, you can. I think it's a shame that you want to lie there, although I can understand it.

As soon as you decide that you want to lift yourself out, you'll be back on the road. There might be bumps, you might trip, but you'll be on the road - not under it.

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Re: Slogging Through the Muck

Posted by UTS - 14 Mar 2010 18:46

[habaletaheer wrote on 12 Mar 2010 21:54:](#)

Man-o-man, I wish I had something good to report...

I wish I could say that I'm restarting my climb, but unfortunately, I'm not. I'm gonna lay in the

But at least I have Shabbos coming, I can't Wait!!!

Dear Habah,

I don't think you really meant that (second thing), did you? It was just a sigh.

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Re: Slogging Through the Muck

Posted by DovInIsrael - 14 Mar 2010 19:57

I'm gonna lay in the muck for a while

WOW!

that is incredible!!!

good for you!

I am soooooo glad to hear that you fell into the muck!!!

the acorn does not grow until it begins to decay..

and then it needs lots of vitamin enriched MUCK to nourish and sustain it!

but as it lays in the muck - as neither an acorn, nor a tree at this point

(because the world was built on the idea of something from nothing)

the only decision while in the MUCK is whether to be a OAK tree or not!

OUTSTANDING!

Choices!!!

HURRAY!!!

I am soooo glad to hear that you did not fall into the dry, parshed, burning desert sands!!!!

You are INCREDIBLY LUCKY TO HAVE FALLEN INTO THE MUCK!!!

Surely it must have been your lucky day !

DovInIsrael

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Re: Slogging Through the Muck
Posted by Steve - 14 Mar 2010 22:13

Haba, My Most Beloved Chaver,

I wrote this with YOU in mind:

Once I had a Yetzer Hara

For Tznus that I let pass,

I hit him hard and knocked him down,

And kicked him in the...

Knee.

HABA, don't look at others right now. look at yourself!

YOU HAVE THE STRENGTH, YOU ARE A YID, YOU CAN DO IT!!

BE BRAVE HABA. GET UP RIGHT NOW AND KICK THE YH RIGHT IN THE ... KNEE.

IT HURTS!! THE KNEE IS WHAT HOLDS HIM UP!! HE DOESN'T HAVE A LEG TO STAND ON IF YOU DESTROY HIS KNEE!

DON'T BOW TO HIM AND YOU DESTROY HIS KNEE!!

BOW ONLY TO HASHEM, BEND YOUR KNEES IN PRAYER TO HASHEM FOR STRENGTH, THEN GET UP!!.

IT ONLY TAKES A PURE PINHOLE TO REACH HASHEM,

THEN HE WILL OPEN A LARGE ARCHWAY FOR YOU!!

KAVEI EL HASHEM!! CHAZAK V'AMETZ LEBECHA, V'KAVEI EL HASHEM!!

NOW!!

HABA L'TAHER, SHOMAYIM WILL TURN UPSIDE DOWN TO ASSIST YOU, BUT IT MUST START WITH YOUR EFFORT!!

PLEASE, I BEG OF YOU, BEGIN ANEW!!

NOW!!!

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Re: Slogging Through the Muck
Posted by bardichev - 15 Mar 2010 16:05

*H*A*B*A!!*

GENNOOOOOOOOOG SHOIN!!!!

GET ON THE TRUCK

NOW !!!

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Re: Slogging Through the Muck
Posted by habaletaher - 17 Mar 2010 18:57

Dear Chaverim,

That's it!!!! Enough time in the muck! It's Chodesh Ha'Aviv, and I need to renew myself, get some new leaves and buds out on the branches, I need to get out of my maitzarim, my confined borders. So B"H I'm getting back up now and starting a new 90 day chart, but working on Today for right now!

Thanks to all of you for giving me chizzuk when I was down, I want you to all know that I did check my thread sometimes even when I didn't have the heart to post, and seeing your comments gave me enormous chizzuk!!!

Can I have a few partners to journey through the 90 with? Last time I was with Steve and OL, this time maybe Rav Bardy? (I know you're about 10 days ahead of me, but no biggie, I'll play catch up!)

Anyone else?

Let's have each others back, let's play defense for each other, let's march side by side bazookas ablaze clearing a path through all the junk to get to 90 together!!!

With Ha-shem in the AWAC above, guiding us into battle, we can do it!

Ah, it feels good just to be back on the road again!!!

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Re: Slogging Through the Muck
Posted by DovInIsrael - 17 Mar 2010 19:01

welcome back !!

glad you made it back !

If you ever want to check out the LIGHTer side of addictions - take a look at:

rehab-my-site.com/guardureyes/forum/index.php?topic=2010.0

dovinisrael

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Re: Slogging Through the Muck
Posted by the.guard - 17 Mar 2010 23:46

Should we change your name to hachozzerLetaher? ;D

Welcome back on board. We NEED YOU HERE!

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Re: Slogging Through the Muck
Posted by bardichev - 18 Mar 2010 05:28

I will not welcome you back HABA

CAUSE IN MY EYES U NEVER LEFT

That's right. U drank too much voodferd and you were sleeping in the back of the truck!!

HABA LITAHERR MISAYIN OSO!!!!

Gevaldigggggggg!!!

Ok we need to fight tzeezamin!!

We will do it

Nuuuu

Shtekkkk aran dee cee dee fin em bee deee

Ummmmarr

Rebbbbb

Akkkiva

Ashraychem

Yis-srroel

Ummammarr Rebb akiva. Ashraychem!!

Oyoyoy lifnauy meee attemm mitaharinn

Umi mitaher essschemm

Avichem shebasoomayi\$

Avichem shebashoomayimm

SHEH-ba-shu- mayim!!

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Re: Slogging Through the Muck

Posted by habaletaher - 21 Mar 2010 08:47

Day 4. Trying to keep it together... It is still close to the beginning so my YH says it is no big deal if I fall... I think I need to drop him off of the Sears Tower and tell him its no big deal if he falls!!

Thank G-d for every clean day, and thank you all for helping me get here!!!

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Re: Slogging Through the Muck

Posted by OneLife - 21 Mar 2010 13:41

[habaletaher wrote on 21 Mar 2010 08:47:](#)

Day 4. Trying to keep it together... It is still close to the beginning so my YH says it is no big deal if I fall... I think I need to drop him off of the Sears Tower and tell him its no big deal if he falls!!

:D :D :D :D :D :D :D :D :D :D :D :D

Haba, you are the bomb!!!!

you can see my thread to get a chizuk!

indeed, at the begining the y"h works overtime, this is our turn to do the histadlus.

to me the 90 days have finished at the 30, the begining is the most difficult streak of the journey.

i'm SURE you gonna do that!!

sure sure sure !!!

don't let the menuval drop you. we trust you. love you.

steve and me still wait to you to do a *lechayim* as you have a big share of our recovery.

please, don't let us wait for a long time...my throat is dry. :D :D

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