GYE - Guard Your Eyes

PS I can't even say Day 1! Maybe tomorrow!

Generated: 21 August, 2025, 20:03 Slogging Through the Muck Posted by habaletaher - 16 Dec 2009 09:28 Hello to everyone, This is my first foray into the world of GYE, and I'm really hoping that it will become a real force in my life, as I've been battling the other forces for too long. I'm happily married to a beautiful and loving woman, and together we are raising a bunch of wonderful children, yet there is a side of me that no one knows about, a side of me that has been eating away at me for almost as long as I can remember. That side of me is the Mr. Hyde to my Dr. Jekkyl, the crazed sicko who gets set loose at night and does horrific shameful things. Being a true ohaiv Ha-shem, who really loves the aibishter and his torah and mitzvos this creates an enormous amount of conflict in my life, leading me to feelings of isolation despite being surrounded by people who love me, and despair despite leading a relatively successful life. To compound those feelings, I am involved in avodas hakodesh, so while people are looking to me for inspiration, I'm sometimes involved in things that if they had the slightest clue of, they would pillory me in the town square. This makes me feel even more like a fake and a fraud despite the fact that all I really want to do in my life is bring people closer to Avinu Shebashamayim. Many times, I have thought about quitting, recognizing that I'll never really be able to inspire others if there's no gas in my fuel tank, but I'm reminded of the fish's response to Rabbi Akiva, "If in the water, the place of our life, we need to fear, how much more so on dry land, the place of our death!" So I guess I will try to stay close to the water, (besides all the teaching I do, I personally learn for hours every day, sometimes immediately followed by a most inglorious session of shmutz!), and just keep trying to slog through the muck. I hope you can give me the chizzuk I need to make it out of my living hell. Habaletaher

1/8

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Re: Slogging Through the Muck Posted by OneLife - 10 Jan 2010 16:59	
habaletaher wrote on 10 Jan 2010 07:55:	
Thanks to all my friends here at GYE who have	helped me get this far!!!
You welcome HABA. ;D ;D ;D ;D ;D :D :D	
i see you KUTGW , our deal that was steve's id	ea still work.
its always on my mind.	
OUR DEAL WON'T BREAK!!	
This is a fact, right??	
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Re: Slogging Through the Muck Posted by Steve - 10 Jan 2010 21:16	
OneLife wrote on 10 Jan 2010 16:59:	

OUR DEAL WON'T BREAK!!
This is a fact, right??
Of COURSE, RIGHT!!
Here in Chutzland it's still Sunday, so I'm technically finishing up Day 28, but my 5th week begins tomorrow, which means
ONE MONTH CLEAN & COUNTING!!
Hey, Yetzer Hara, read ma lips:
PPPPBBBBBBBTTTTTTHHHHHHHHHHHHBBBBBBBBBB
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Re: Slogging Through the Muck Posted by humanbeing - 10 Jan 2010 21:36
HA!

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Always with the HB!!! I'm flattered.	
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Re: Slogging Through the Muck Posted by Steve - 10 Jan 2010 22:57	
hee hee	
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Re: Slogging Through the Muck Posted by habaletaher - 11 Jan 2010 05:30	
Yessum Fellers Our deal is gonna stick till the er	nd unless one of y'all warnts me tracken you
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Re: Slogging Through the Muck Posted by Steve - 11 Jan 2010 18:08	
AH HAH!!	
I thought you was a hick!!	
Should we change your name to HABA LA TATE	ERS?
Forget the Woodford, man, n' pass the SOUTHE	ER COMFORT!!
with my bloodhound, and takin you out with my \	Munchester

(I took out my bottle of Wild Turkey, but somebody gobbled it up)	
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Re: Slogging Through the Muck Posted by habaletaher - 13 Jan 2010 07:41	
28 DAYS!!!	
Gosh I can't believe it!! this is the coolest thing in the world!! Luckily I'm crazy busy at work, and the busier I am the less time my YH has to attack me, but I KNOW that this streak is really due to ya'll!	
Thanks for the support!!	
All I really want is to run the 3 minute mile!!!	
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Re: Slogging Through the Muck Posted by OneLife - 13 Jan 2010 21:34	
habaletaher wrote on 13 Jan 2010 07:41:	
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Thanks for the support!!
All I really want is to run the 3 minute mile!!!
HABA just more 60 days ;D ;D
This forum is unbelievable phnomenon.
everyone here has a big part of that, i feel that i just want to kiss everybody here. :-* :-*
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Re: Slogging Through the Muck Posted by Steve - 13 Jan 2010 22:04
Take a cold shower and stick to hugs, please
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Re: Slogging Through the Muck Posted by habaletaher - 15 Jan 2010 07:59
30 DAYS!!!
This is awesome!!! 1/3 of the way to the big 9-0, and lovin it!!!

Thank you everybody for helping me get here!!!
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Re: Slogging Through the Muck Posted by the guard - 16 Jan 2010 19:20
I'm pretty sure that 30 days is bigematriya SUPER AWESOMENESS!!
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Re: Slogging Through the Muck Posted by OneLife - 16 Jan 2010 21:10
HABA, whats up, gever??
1/3 way is absolutely impressive !!
i'm with you gever, think about you all the time, and say to myself if he clean, so me too.
its like two soldiers on the tank go straight to the target.
no matter what happen's on the way , the tank gonna hit the "enemy" and hit the target - 90!
we gonna do this. 8) 8)
KUTGW!!!!!!
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Re: Slogging Through the Muck Posted by habaletaher - 17 Jan 2010 08:54
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Thanks again to everyone, my life has improved immeasurably since I joined this program. From the outside people wouldn't see any difference in me, but I feel the difference.

The constant battles are raging in my head much less, the feelings of guilt and fakery are mostly gone, I feel so much cleaner fresher etc
What do the stars by people's names represent? How long they have been clean?
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Re: Slogging Through the Muck Posted by OneLife - 17 Jan 2010 11:01
hi HABA,
i think the stars number depend on the posts number on the forums.
the more posts on the forum the more stars.
i read your description of your feelings, and wonder if it isn't known for me from somewhere 8)
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