

Steve's Journal

Posted by Steve - 15 Dec 2009 18:46

So here I am, finally beginning my journey into my New Way of Living, thanx to Reb Guard, Duvid Chaim, the fearless crew on the Good Ship Lust-Will-Pop, and the GYE family.

I got here around 7/28/08 while searching for chizuk for shmiras eiynayim, signed up for the emails, then wasted over a year letting them collect in an inbox folder hoping to get to read them one day. The forum looked too intricate for me to navigate, so I didn't even try.

B"H for "falls" at the right time, cuz picking myself up from one led me to finally read one email. And THAT ONE, ladies and germs, is where I saw the advert for DC's new 12-Step Program Group Call, and thank G-D I followed the links to find out more. Again, Hashem was stretching out His hand to me, but THIS time, I TOOK IT!! I joined his group when it started in October.

I NEVER would have suspected I was a sexaholic, I just thought I was a guy with a very big yetzer hora for "girlwatching" that just got out of hand with the ease of internet access. But when I read the descriptions that an addict is ONE WHO KNOWS HE SHOULD STOP, BUT CAN NOT, or described as someone who loses time from work and family because of this uncontrollable drive, someone whose life is heading to ruination, it hit me. Those words described me to a tee. I was seeing myself and my uncontrollable life mirrored in the words of so many others, I couldn't believe it! I WAS NOT ALONE.

All the years of acting out; the guilt and the shame; the hours glued to bad sites while family time and parnose slipped away; the lying to my children who'd call me at work and ask "when are you coming home, Ta?" And I'd close my eyes to the screen to say "I have to work late", then open them up again after the call to keep watching for hours more... And the self hate, the loathing, the name calling and cursing of myself I did when I'd drive home at 3 am, the promises to Hashem, and then breaking them the very next morning. Days, months, YEARS lost, and I thought I could climb out of it on my own one day.

Duvid Chaim and the brave members of our crew have shown me the real way out of this decrepit existence, toward a life of freedom from this "lust addiction", and hopefully from my other shortcomings as well.

On the calls I found people whom I could talk to thru the blessed veil of anonymity, to discover who I really am and find how I could heal, and on the forum I found the rest of you, inspirational and needy both, and I've been blessed that I could help a little here and there. What I love best is that the time I would have spent on my computer pushing Hashem out of the world, I am now using to pull Him back in, into my life and the life of others.

Thanx to Duvid Chaim, I am on the road to recovery. It was hard to accept that "I'm a pickle, and will never be a cucumber again." He showed me logically the truth behind it. But I never really understood the depth of my emotional loss at that recognition until I read Letakein's amazing poem, Falling Leaves. She wrote that to help herself heal, but by sharing it, she MADE me heal. I wasn't afraid to take the next step, to Let Go and Let G-d, to trust His re-creating me into something new, even tho I do not know where it's heading.

So, my friends (and it means so much to me to be able to call y'all that), I will be using this journal to share with you my ups and downs (which I'm sure I'll have – we're only human), Please forgive me if it's not as dramatic, or filled with "near brink disasters" as so many of you brave people have to fight every day. I stand in awe of your strengths, your courage and your honesty. THIS is the place on earth for real Milchomas Hashem.

I will try my best to post everyday, and the next few days I'll add short installments of the BIG inspiration I had just before this Shabbos, on Erev Chanukah, that I'm still flying high from. The A & W's just kept rolling in, so stay tuned!!

Even tho I've been clean now since starting the calls 7 weeks ago, I'm gonna start my 90-day count as of Monday, the third day of Chanukah. Marked for my memory by my physical birthday, but in honor of my spiritual re-birth thru the 12-Steps and ALL of GYE.

Starting this Chanukah, may we all be blessed together to move far away from the Great Darkness that has owned us until now, and come into the GREAT LIGHT of Hashem's Love.

Kein Yehi Ratzon.

Steve.

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Re: Steve's Journal

Posted by humanbeing - 15 Mar 2010 19:50

YOOOO HOOOOO!!!!!! STeve made it to 90 That's TZaddik...How apropos...Steve thank you for being a beautiful role model.

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Re: Steve's Journal

Posted by Steve - 15 Mar 2010 20:25

Yeah, like I said before, I look enough like a role that i could model all the latest fashions: Onion, Sesame, Poppy, Garlic, and EVERYTHING.

Sorry, tho, i'm too light to be a Pumpernickle, too life-blended to be a Whole Wheat, and too bumpy to be a Plain.

And i'm no Tzaddik. I'm just trying.

And SB, OK I agree with you, I'll keep going up, and I'll keep growing,

And thank you to all my good friends and sources of inspiration on this here GYE planet, and please don't be offended that i don't list y'all here, lest I offend someone even MORE by forgetting to mention them. I love you all.

In the middle of Day 92. No where to go from here but **UP!!**

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Re: Steve's Journal

Posted by sci1977 - 15 Mar 2010 21:20

KUTGW and much mazel on the 90!!

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Re: Steve's Journal

Posted by struggla21 - 16 Mar 2010 05:08

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Re: Steve's Journal

Posted by Steve - 16 Mar 2010 14:46

Thank you to all of you who have sent me your well-wishes here and in other venues.

I was once a very lonely boy who did not have friends.

I grew into a young man with superficial friends.

I went on to become a man who thought real men don't have real friends.
Mazelll TOV!!! congrats on the 90 days

I HAVE BEEN PROVEN WRONG!!

Here at GYE I have found a male bonding that is stronger than CRAZY GLUE!!

VIRTUAL SHMERTUAL, here are my soul mates, for what is a real friend but someone you can open up your kishkas to, who will not laugh or run away, but hold your hand and help you move forward.

So, my DEAREST FRIENDS, let us together REJUVENATE our souls and our commitment to growing into Deveykus Hashem, in this beautiful month of AVIV. Hashem made us a Nation, and we made ourselves His people, at this time of year when the world reawakens and STARTS ANEW!!

THE MISHKAN WAS FINALLY SET UP TODAY!! THE SHECHINA HAS FOUND A RESTING PLACE IN THE WORLD, FINALLY, AFTER 2449 YEARS! AND IT HAS CHOSEN TO STAY WITH **US!!!**

May the warmth of Hashem's sun, the freshness of his breeze, the vibrancy of His blooming colors, and the delight of the sounds of all His creatures as they come out of the long winter, be a CHIZUK to us in ALL ASPECTS of our Avodas Hashem!!

KAVEI EL HASHEM! CHAZAK V'AMEITZ LEBECHA, V'KAVEI EL HASHEM!!

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Re: Steve's Journal

Posted by Dov - 17 Mar 2010 04:52

[Steve wrote on 16 Mar 2010 14:46:](#)

I was once a very lonely boy who did not have friends.

I grew into a young man with superficial friends.

I went on to become a man who thought real men don't have real friends.

I HAVE BEEN PROVEN WRONG!!

Here at GYE I have found a male bonding that is stronger than CRAZY GLUE!!

;D

Ya'alah Chabibi!!

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Re: Steve's Journal

Posted by Steve - 17 Mar 2010 07:55

WHY AM I UP THIS LATE?

I was finishing a project for a client who needed it ASAP, the file was finished at 10 pm and ready to turn into a pdf. Then WAMMO, the file and all it's backups were corrupted and couldn't be opened. I wanted to YELL AND SCREAM AND CRY at the same time. My very smart wife said quietly 'It's another test from H', to see if you'll get angry..."

OK, now. The "Crazy" part of the glue...that explains a lot. Thanks Reb Steve!! ;D :

In the back of my head, that stupid menuval was bangin away, trying to get me to look at the wrong things on line, to get back at "the world" for making life tough. I yelled back at him "NO!! You can't fool me! This is a TEST from your boss, and I'm gonna PASS IT with flying colors!!"

So, B"H, with a minimal amount of RID I got up, changed computers, and started all over again.

Just findished, and sent it off to him, tho he's in nahnah land

And that's where I"M heading!! Finally!!

A Gutten Chodesh. ***Z'man Kaparrah I'Chol Toldosayhen!!***

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Re: Steve's Journal

Posted by Momo - 17 Mar 2010 08:33

Great job Steve. Kol HaKavod!

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Re: Steve's Journal

Posted by NOYA - 17 Mar 2010 20:49

Great job Steve! You are a true inspiration!

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Re: Steve's Journal

Posted by Dov - 17 Mar 2010 22:07

Great job Steve! You are a true perspiration!

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Re: Steve's Journal

Posted by silentbattle - 18 Mar 2010 04:29

Incredible. Thank you for inspiring me, once again, and showing me how to grow - you do that a lot. You know that, right?

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Re: Steve's Journal

Posted by Steve - 18 Mar 2010 14:18

[dov wrote on 17 Mar 2010 22:07:](#)

Great job Steve! You are a true perspiration!

[NOYA wrote on 17 Mar 2010 20:49:](#)

Great job Steve! You are a true inspiration!

OK Gang, this proves it. Use multiple Anonymous Names and eventually you get caught out! It seems that Noya and Dov are really one and the same!!!

Unless we're all suffering from Deja Vu....

Anywho, thanx for the "kind words." They're better than the "kinda words" I USED to get....

I love playing with language, don' ju?

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Re: Steve's Journal

Posted by Momo - 18 Mar 2010 14:20

Saw you're online and I had to say...

STEVE!!!

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Re: Steve's Journal

Posted by Steve - 18 Mar 2010 14:23

Sorry... Hard of Herring lately...

WHAT?!!!

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