

Going to do this

Posted by Meyer M. - 05 May 2020 13:12

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was clean for 24 days, I never in my mind would've thought I would've been able to do it, I though I was going to be clean for a week at most and here we are at 3 weeks (24 days), unfortunately I fell but I'm looking forward to seeing what I can do next

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Re: Going to do this

Posted by Meyer M. - 22 May 2020 03:56

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Day 17: Clean. Definitely didn't get to do my schedule as planned but had a much easier time throughout the day. I'll definitely give the suggestions a go

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Re: Going to do this

Posted by Meyer M. - 22 May 2020 23:16

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Day 18: Clean, Getting there, Gut Shabbos

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Re: Going to do this

Posted by Meyer M. - 24 May 2020 04:30

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Day 19: Clean. Beautiful Shabbos spent some time trying to crack a Gemara and finally managed to do it for the first time in a long time, pretty proud of myself over here. Definitely helps keep the thoughts out.

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Re: Going to do this

Posted by battle-of-the-gen - 24 May 2020 04:52

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LETS GO, I'm getting chizuk here just watching

keep growing!

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Re: Going to do this  
Posted by Meyer M. - 25 May 2020 03:32

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Day 20: Clean!! Keeping busy is top priority for me right now, keep busy and the thoughts don't even have a chance to enter

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Re: Going to do this  
Posted by Meyer M. - 26 May 2020 02:53

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Day 21: Done. 3 weeks down, let's keep moving

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Re: Going to do this  
Posted by yosef10 - 26 May 2020 03:03

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Looking back at your forum, I love that you post each day, I give myself pressure to make a long paragraph... But sometimes I got to chill a bit.

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Re: Going to do this  
Posted by Meyer M. - 26 May 2020 03:11

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Side note: Been having my thoughts going back to thinking about women much more often

(Versus the SSA thoughts when I began), the lust isn't as strong now as when I began, however I do realize this is a blessing as well as a curse, should I say "ok, I'm back to normal so why not indulge" my thoughts will go straight back as I'm in a sensitive middle road right now, if I continue fighting on the other hand, I'll be able to return to the normalcy I wished for in the first place.

Theres a lot to be worked on and I'm far from letting myself off the hook yet.

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Re: Going to do this

Posted by Meyer M. - 26 May 2020 03:14

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[yosef10 wrote on 26 May 2020 03:03:](#)

Looking back at your forum, I love that you post each day, I give myself pressure to make a long paragraph... But sometimes I got to chill a bit.

Thank You! Let's do this together!

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Re: Going to do this  
Posted by Meyer M. - 27 May 2020 02:40

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Day 22: Clean

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Re: Going to do this  
Posted by yosef10 - 27 May 2020 23:03

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Simple and to the point... Beautiful.

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Re: Going to do this  
Posted by Meyer M. - 31 May 2020 02:02

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Day 23: Clean

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Re: Going to do this  
Posted by Meyer M. - 31 May 2020 02:02

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Day 24: Clean and new record!

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Re: Going to do this

Posted by Meyer M. - 31 May 2020 02:03

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Day 25: Shavuos, Clean!

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