

Daily post about my struggles
Posted by Doitforhashem - 18 Oct 2019 19:37

So I fell today which was Eruv Shabbos. I don't know how anyone feels, it it feels terrible. Being that I want this victory (90 days) so badly, I came on to guard your eyes, and I've seen that people suggested to post daily. I'm gonna start, Bli neder, to post daily.....HERE WE GO!

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Re: Daily post about my struggles
Posted by Doitforhashem - 18 Nov 2019 05:27

Today went very well thank god. i had a very busy and productive day and ready for tomorrow.

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Re: Daily post about my struggles
Posted by Doitforhashem - 20 Nov 2019 07:19

Hey guys I know that i didnt post yesterday, its because i wasnt home last night and didnt have access to a computer. I was busy both yesterday and today and i see thats something that reall yhelps which is keeping yourself busy!!! Boredom is really bad. When i stay busy, it really helps my mind mind not wander. thanks guys and looking forward to another great day tomorrow!!!!!!!!!!!!

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Re: Daily post about my struggles
Posted by Doitforhashem - 21 Nov 2019 04:05

I was just in bed and about to goto sleep and I suddenly realized that I didnt check in with you guys today. A word is a word and i said that Bli neder im not gonna miss a day. B"H another productive day in yeshiva and studying keeping busy not allowing my mind to wonder places it shouldnt. Looking forward to another day full of kedusha.

One day at a time.... Its the only way.

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Re: Daily post about my struggles
Posted by Doitforhashem - 22 Nov 2019 08:14

went through another day in yeshiva and studied a little for college and thank god, stayed busy!!!! another victory.

everyday is a big win in the world we live in.

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Re: Daily post about my struggles
Posted by Doitforhashem - 24 Nov 2019 06:30

didnt have time to post on friday and was kinda used to logging in at night (which obviously cant happen on a friday night)But thank god stayed busy on friday with some school work and motzei shabbos, i went out and socialized which is just great for your overall mental health and hapiness which in the end should push us away from these external cheap pleasures...

Going to to bed now and looking forward to another day tomorrow.

THANK YOU HASHEM.

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Re: Daily post about my struggles
Posted by Doitforhashem - 25 Nov 2019 05:44

STAY BUSY. STAY BUSY I see its so important to stay busy because it doesnt give your mind a chance to wonder. I had some free time today so i took some leftover food that i had

from shabbos, and brought it to a place where there are people that cant necessarily afford food. When i did this, i felt good about myself and thought who needs this fake garbage (inappropriate material) in my life to make me feel good.

this is real simcha, looking forward to another great day tomorrow.

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Re: Daily post about my struggles
Posted by Dave M - 25 Nov 2019 14:19

[Doitforhashem wrote on 25 Nov 2019 05:44:](#)

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Amazing! Thanks for keeping us in the loop on your journey

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Re: Daily post about my struggles
Posted by DavidT - 25 Nov 2019 17:19

"Pitachta saki vate'azreini simchah: You have opened my sack and girded me with joy" (Tehillim 30:12). I have heard it explained that "opened my sack" refers to giving and providing. With an attitude of outward focus, one finds true joy.

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Re: Daily post about my struggles
Posted by Doitforhashem - 28 Nov 2019 07:18

Hey Guys, I know that i didnt post the last two days, so happened was that basically two nights ago i felt weaker than usual so i logged onto gye, onto my hope page, where you can get a little boost of chizuk/inspiration. And i didnt want to log with you guys until i made it through the night. B"H, I did and i just fell asleep and forgot to log. And yesterday it just completely slipped my mind, which may be a good thing, i think. idk. hope everyone is doing well, staying busy and may this new month be a month of pureness and holiness

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Re: Daily post about my struggles
Posted by Doitforhashem - 04 Dec 2019 04:29

hey a guys i know its been a couple of days. i wasnt really around my computer much but i felt my guard going down and becoming weaker because i havent checked in with youy guys..... so im here now. again, been pretty busy lately, yeshiva, work, firends... B"H doing well overall. have great week guys

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Re: Daily post about my struggles
Posted by Realestatemogul - 04 Dec 2019 04:45

Hey!

You seem to have a lot of strength and I look forward to following your journey for inspiration! My one tip would be to log on and post on your forum and more importantly others, when you are "weaker" instead of waiting to see if you make it through the night. That will HELP you get

Keep it up!

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