

Making it happen

Posted by iwillnevergiveup - 15 Oct 2019 17:38

I am starting my own thread today to keep myself in check to keep up my daily learning, update my chart, and ultimately conquer desire for good. I recently made it over 50 days and know I can do it.

I hope all chime in, and would like to keep this thread for inspiration, for people to post their milestones, and most importantly each other to look out that no one "falls off the band wagon".

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Re: Making it happen

Posted by iwillnevergiveup - 03 Dec 2019 21:25

Day 49 No one said life is easy. Realize all you you have, and how grateful you should be. This challenge is part of your mission, show the boss you can get it done.

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Re: Making it happen

Posted by iwillnevergiveup - 04 Dec 2019 18:22

Day 50 Yes I can! X 50

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Re: Making it happen

Posted by iwillnevergiveup - 06 Dec 2019 06:35

Day 52 I was thinking recently about how much good is in my life. If you think about your family, your health, your livelihood there is much to be grateful for. God truly loves each one of us.

I think this can help, when at times we ask why am I struggling with this. Why do I have this challenge?

By realizing how much god gives us, we can understand how a challenge is for our own good.

Even if we don't always pass the test- it makes us grow better and stronger.

And don't underestimate the Yetzer Hara, he's got many tactics and been around a while.

Good luck,

iwillnevergiveup

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Re: Making it happen
Posted by DavidT - 06 Dec 2019 14:17

your posts are a great inspiration to many! keep it up and may you have success in reaching 90 days, then 1000 day and then eternity!

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Re: Making it happen
Posted by iwillnevergiveup - 08 Dec 2019 03:09

Day 54 on Friday,the Yetzer Hara tested me in way I couldn't control. I know now that sometimes the test is moving beyond the challenge and not reacting to it. Shabbos went well, and Thank god i'm still clean.

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Re: Making it happen
Posted by iwillnevergiveup - 12 Dec 2019 00:21

Day 58 Some things don't work as planned, and that can cause you to be less productive, more stressed and easier to fall. The things you do everyday are important and have an effect on your struggles. Be conscious of yourself. Today was great.

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Re: Making it happen
Posted by iwillnevergiveup - 15 Dec 2019 00:50

Day 61 Firstly I crossed the 2 month mark, thank you to all who post, and read mine. All of you help inspire me to keep going and when I see you read my posts it makes want to continue writing.

This fight is truly the hardest and longest challenge of my life, but as see how far I've come it proves to me how a person can do anything in the world if he tries hard enough. And if hashem gave me the challenge- he knows I CAN pass it.

The Yetzer Hara keeps trying to throw different curve balls as he sees me winning for this long, but I fight to win. So there is no turning back and if I do trip and fall I get back up and keep pushing.

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Re: Making it happen
Posted by Mark18 - 15 Dec 2019 00:54

[iwillnevergiveup wrote on 15 Dec 2019 00:50:](#)

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Remember a real tzadik is someone who falls and gets up again again and again thats what makes him a tzadik. The same is true for a shomer habris you are still a shomer habris even if you fall as long as you keep getting up and fighting

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Re: Making it happen

Posted by Mark18 - 15 Dec 2019 00:56

[Mark18 wrote on 15 Dec 2019 00:54:](#)

[iwillnevergiveup wrote on 15 Dec 2019 00:50:](#)

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Im holding at 45+ days and its a fight every day

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Re: Making it happen
Posted by DavidT - 15 Dec 2019 19:48

[Mark18 wrote on 15 Dec 2019 00:54:](#)

Im holding at 45+ days and its a fight every day

The numerical value of Adam (???) is 45

?A man is more than an animal because he has the ability (with hashems help) to overcome his temptations.

Keep it up and keep us posted on your great progress.

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Re: Making it happen
Posted by iwillnevergiveup - 17 Dec 2019 05:29

Day 63 Everyday, is either going up or going down. Always focus on how you can grow. Today went well. Let's keep the momentum.

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Re: Making it happen

Posted by iwillnevergiveup - 18 Dec 2019 05:49

Day 64 Always try your best, and than a drop more and more. So you did it! Meaning you could do it and you don't regret the effort. Point is you're capable of doing a lot more than you may think.

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Re: Making it happen

Posted by iwillnevergiveup - 19 Dec 2019 19:53

Day 65 It's not all or nothing.

Daily boost R Schaifer so true.

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Re: Making it happen

Posted by Dave M - 20 Dec 2019 13:03

[iwillnevergiveup wrote on 19 Dec 2019 19:53:](#)

Day 65 It's not all or nothing.

Daily boost R Schaifer so true.

R' Shafier series "The Fight" is what helped saved me. Believe it or not, I've listen to that series probably close to 15 times over a period of three years. Listening to that series gave me so much chizuk and hope in this struggle.

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Re: Making it happen

Posted by iwillnevergiveup - 23 Dec 2019 21:17

GYE - Guard Your Eyes

Generated: 20 January, 2020, 17:41

Day 69 So the yetzer hara tries to slowly get you to lower your guard, miss a day of the daily boost, miss davening with a minyan, that isn't so bad... than when I'm least expecting it, he tries to whack me in the face.

Though he got close, HE lost I won. But it did really remind to never let my guard down and don't think you are way beyond....

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