

filter.. or maybe not

Posted by jack123 - 08 Sep 2019 10:40

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OK, so im on one of my longest streaks in a long long time, and im bh still going strong. there was one thing I changed this time which helped me tremendously, and that is ..no internet filter.

every time I tried stopping I would put some sort of block or filter and than I would always find a situation where there was no block from accessing stuff, either a different place or device or removing it myself when possible.

I realized that what was happening ,was, that as soon as it was blocked I would let my inclinations run loose, bc I anyway couldn't do anything, and I be skyhigh with tayvah and ultimately would fall in one way or another

wheras now I left everything open and have to be on my toes the whole time. im forced to control myself 24 7, and once you've mastered self control, there is no loopholes.

so maybe filters aren't for everyone

so far so good ill keep updatingon my progress

want to hear everyones opinion

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Re: filter.. or maybe not

Posted by stillgoing - 12 Sep 2019 17:51

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[sleepy wrote on 12 Sep 2019 14:14:](#)

[sleepy wrote on 12 Sep 2019 14:11:](#)

or maybe not everyone is paranoid like i am...

I only see one way that it can be read, but I have no idea who he is. That was my point. We

I'm major paranoid, but I've come to feel that if I'm 'caught' in recovery by people who are struggling themselves... well it might not be so bad afterall...

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have no idea and therefore we might be talking yo ouw own brother here  
Re: filter.. or maybe not

Posted by jack123 - 12 Sep 2019 18:20

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how is anyone meant to figure out who you are?

whats with the paranoia?

dunno I feel relatively safe and anonymous.

keep shteiging

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Re: filter.. or maybe not

Posted by Dave M - 12 Sep 2019 18:45

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It's been discuss elsewhere on the forum (Hashem Help Me mentioned it on his thread) that meeting fellows GYE members is a very liberating experience. The forum provides anonymity, which allows its member to "unload" their burden and discuss/share freely about their struggles. At the same time, sharing the burden with real people takes the recovery to a whole new level. I'll admit that the thought of people finding out about my problems is terrifying, but if I have a chance encounter with another GYE member, it would probably be a powerful experience. Kind of catch 22

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Re: filter.. or maybe not

Posted by sleepy - 12 Sep 2019 18:49

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[jack123 wrote on 12 Sep 2019 18:20:](#)

how is anyone meant to figure out who you are?

whats with the paranoia?

dunno I feel relatively safe and anonymous.

keep shteiging

its good to know that youre Jack and Chill

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Re: filter.. or maybe not

Posted by jack123 - 12 Sep 2019 18:52

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[sleepy wrote on 12 Sep 2019 18:49:](#)

[jack123 wrote on 12 Sep 2019 18:20:](#)

how is anyone meant to figure out who you are?

whats with the paranoia?

dunno I feel relatively safe and anonymous.

keep shteiging

its good to know that youre Jack and Chill

see now you know a bit more about me!!

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Re: filter.. or maybe not

Posted by sleepy - 12 Sep 2019 20:22

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[sleepy wrote on 12 Sep 2019 14:14:](#)

[sleepy wrote on 12 Sep 2019 14:11:](#)

sg, jack 123, might have been scared by that post,it really depends in what nigan it was read.

or maybe not everyone is paranoid like i am...

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Re: filter.. or maybe not

Posted by jack123 - 14 Sep 2019 19:17

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quick thought

we leined this week bout ??? ??? where the torah was matir bc hkb"h knew that people wont be able to withstand the yetzer hora.

got me thinking; the only ONE situation the torah deems not withstandable is war. which needs understanding.

the answer is simple, in all other situations you have to make sure to avoid getting into the situation in the first place. of course once youre in it youre stuck, but why are you in it at all. wheras with war where the torah sent you to war [even if its milchemes reshut its still al pi Sanhedrin] so you have a rught to be there. therefore the torah is matir ??? ???

have a good week!

I don't mean to discourage anyone by this

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Re: filter.. or maybe not

Posted by jack123 - 16 Sep 2019 06:15

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AWESOME I beat my record of 24 days im 25 days!!!

closing in on a month

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Re: filter.. or maybe not

Posted by Hashem Help Me - 16 Sep 2019 11:24

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Mazel tov! If you can do 25 you can iyh do 250. It is obviously not a need. Did you ever hear of

someone fasting or not sleeping for 25 days? The "pressure" we feel as time goes on is totally in the mind. Physically there is no explosive build up going on inside.... May HKBH help you continue breaking free.

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Re: filter.. or maybe not

Posted by jack123 - 16 Sep 2019 14:46

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thanks

it helps when you have ppl pushing you along

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