

I AM HIGHER THAN ALL THIS!!!

Posted by higher - 01 May 2019 14:39

High!

I have been on and off/lurking/etc... this site for a while. ive been struggling with erotic audio, erotic reading material, and looking for inappropriate websites, occasional mb but no p. (one exception when there was a really bad break in the filter but i only saw muted previews bh) either way i wanna quit all this garbage! this is really not ME. this stuff is fueled by being starved for intimacy and my wife is disgusted by it. in addition, there are heavy duty shalom bayis issues. so since i feel starved, its hard for me not to act out...i am working on the last two issues and iyh things will improve. for now, i feel like i can use the chizzuk as well as accountability that a thread like this can give me. thus begins my 90 day program. awaiting the gye's welcoming committee's response...

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Re: I AM HIGHER THAN ALL THIS!!!

Posted by higher - 08 May 2019 19:25

thank you. being nice to yourself is very important (for me).

this is a great piece of advice for me (the general idea that is, i dont do films).

thanks for your concern as well. much appreciated!

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Re: I AM HIGHER THAN ALL THIS!!!

Posted by higher - 09 May 2019 04:03

#8

, there were certain circumstances that caused me to engage in very slippery

.

kinda complicated but i asked a question to the higher ups and they said its ok-on with the count. so here i am at 8 days old. (WAHHH!!!! WAHHH!!!) anyways, im sick of slippery behavior! enough!

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by higher - 10 May 2019 04:25

#9

thats all for now.

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by Realestatemogul - 12 May 2019 04:43

Hey Higher!

I hope everything is going well and you can count #10 and continue to count day by day.

It should give you chizzuk that we are in a zman of counting and while the numbers are slightly off, the whole klal Yisroel is counting along with you! all the way to our marriage with Hashem!

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by higher - 12 May 2019 17:40

#11

didnt "fall" but no good...

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so...i was involved in very slippery behavior...

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Re: I AM HIGHER THAN ALL THIS!!!

Posted by higher - 13 May 2019 03:26

kinda hard when ya feel starved...not excusing myself just looking for support/help.

i see that no one responded to my post above.

so i could say that no one really cares (cud be half true)

i could also say that people have lives outside of my posts on gye. (probably fully true-i hope anyways)

anyway, no slips for today but boy am i angry and frustrated and even sad for good reason.

wtvr.

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Re: I AM HIGHER THAN ALL THIS!!!

Posted by lhavestrength - 13 May 2019 11:21

[higher wrote on 12 May 2019 17:40:](#)

#11

didnt "fall" but no good...

No life for this dude here, so I'll weigh in. Of course a healthy sex drive is a normal thing which. However, nothing will happen if you don't act on these natural urges. I find that when I convince myself that I need some amount of sex in my life , it's much harder for me because I feel

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by Dave M - 13 May 2019 13:25

"starved". Best of luck, and peace the heck out
[higher wrote on 13 May 2019 03:26:](#)

#12

i see that no one responded to my post above.

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anyway, no slips for today but boy am i angry and frustrated and even sad for good reason.

wtvr.

I'm sorry things are tough right now. Know that I'm keeping you in mind when I davan.

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by higher - 13 May 2019 19:17

[lhavestrength wrote on 13 May 2019 11:21:](#)

[higher wrote on 12 May 2019 17:40:](#)

#11

didnt "fall" but no good...

so...i was involved in very slippery behavior again...

kinda hard when ya feel starved...not excusing myself just looking for support/help.

No life for this dude here, so I'll weigh in. Of course a healthy sex drive is a normal thing which. However, nothing will happen if you don't act on these natural urges. amou **I find that when I convince myself that I need some nt of sex in my life** , it's much harder for me

i believe this yid (thats an assumption, i know) means well and thats why im responding to the points i put in bold.

1. not sure what you mean by me not having a life but i guess i should just keep quiet on things i have no clue about. i guess you meant to say that im in alot of pain, correct?

2. i never **convinced** myself that i **need** sex. i have, to qoute an observant jew, (darn assumption but what can i do), "á healthy sex drive" which is a "normal" thing. so it hurts when im in a locked up situation where i am deprived of a normal urge when it technically is permissible for me etc. etc. coupled with the regular shmiras einayim nisyonos and hard to hope for an outlet. (shomer atzmi min hacheit type of thing).

as a side note, thanks for reaching out and all well meant feedback is appreciated.

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by higher - 13 May 2019 19:22

but they are not letting me delete it so enjoy the purple guy and this very meaningful post.

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by higher - 13 May 2019 19:24

higher wrote:

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anyway, no slips for today but boy am i angry and frustrated and even sad for good reason.

wtvr.

dave m wrote :

I'm sorry things are tough right now. Know that I'm keeping you in mind when I davan.

higher responds:

thats very kind of you, i really appreciate that! (hint, wink, smiley face, etc. to everyone else
) thank you!

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Re: I AM HIGHER THAN ALL THIS!!!

Posted by higher - 13 May 2019 19:38

a nice vort!

the skulener rebbe (rav eliezer zussia portugal zy"a) when he was in prison in russia, tried as he could to daven. once he contemplated the words in baruch she'amar-"boruch gozer umikayem".

gozer is a loshon of din- pain etc. even if its something that need be, why are we praising "umikayem", that Hashem actually carries out the din?

he was inspired to say-umkayem means that even if Hashem sends a yid a tzarah and it necessary- "umikayem", He gives the yid koach to withstand the nisayon.

?isnt this beautiful???

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by David26fr - 13 May 2019 21:21

No slip for today ? So this is a good day in final

Especially if there are good reasons to fall (as sadness) and it didn't happen

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Re: I AM HIGHER THAN ALL THIS!!!
Posted by Markz - 14 May 2019 01:28

[higher wrote on 12 May 2019 17:40:](#)

#11

didnt "fall" but no good...

We all want support

Its found at the point of 'contact' when we reach out to someone directly

This is clear from the WhiteBook AyinSham

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