

Neil

Posted by Neil - 04 Feb 2019 22:03

hello. My name is Neil. I want to be porn free. I am starting over.

Day 0

=====

=====

Re: Neil

Posted by Trouble - 29 Mar 2019 13:52

[Neil wrote on 29 Mar 2019 08:22:](#)

To clarify. I haven't masturbated in a few years. I'm here specifically to stop watching porn. For me, watching porn now feels the same as masturbation used to a few years ago. So, putting aside GYE rules (just for myself), I am counting time free from porn.

That clarification makes a lot of sense. I completely agree with your thinking then. I retract my comment below/above/wherever.

=====

=====

Re: Neil

Posted by Trouble - 29 Mar 2019 14:48

[Trouble wrote on 29 Mar 2019 02:10:](#)

[doingtshuva wrote on 29 Mar 2019 01:07:](#)

[ColinColin wrote on 29 Mar 2019 00:19:](#)

Neil

Am sorry to hear you watched porn.

But that is not necessarily a fall.

I regard a fall as masturbation to orgasm.

Occasionally I watch porn for a minute or so, realise where it might be heading, and then thanks G-D stop myself.

To me that is a minor fall which does not break my count.

It does not mean that it is OK to watch porn, but for people on this Forum, we may well have minor slips and stumbles along the way.

We might be addicts.

And small relapses, or large relapses, are often the nature of addiction.

But I know that different people regard different things as a fall.

Breathe deep.

Try to work out why you watched the porn.

Increase positive activities.

Shabbat Shalom

I'm not telling you what to do, just wanted to clarify that according GYE and the 90 day chart watching porn is considered a fall.

These are the rules: guardyoureyes.com/tools/90-day-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" **do not** require restarting the count. "Falls" **do** require restarting.

A "Fall" is one of the following things:

1. **Intentional masturbation (with finish)**
2. **Intentionally viewing improper sites**
3. **Intentionally calling inappropriate telephone numbers**
4. **Intentionally seeking out and reading erotica**

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing, that would be considered a fall.

Who really cares?

So it seems someone told the principal, I got called in and received a thorough spanking. Oh well. But seriously, my name is trouble. It's not like I am #lordsaveus, or #mohamedtrulylives, or #gyehelperspecial613; it's trouble for God's sake!

Ok, that's done. Regarding this issue, gye is not the torah, not the New testament or the old one. Whoever wants to abide by their 90 day rules, go right ahead. There are some who have written extensively on this site how that entire challenge can be crippling to some. I'm not entering that arena, for now. But if one decides that he's gonna do it, but modify it a bit, go right ahead. Who really cares what it says in rule 16 article IV Sextion 329b? If an admin cares, let them worry about it.

And one final point, I was accused by some ninja-clad, library stalker that i am a troll. A troll is defined as someone who purposely says something controversial in order to get a rise out of other users. Hmmm.... Maybe, but let me ask you #mr.tanktopbeerbbellyunshoweredadidastargetwifithief, where are you hiding out? Have you made yourself known to people on this forum? Do they text you on your personal number? Have you emailed them from your business account? Have you shared your LinkedIn information? Have you met anyone for ice cream or coffee? Like markz, gevurah or otr? Now, it happens to be that those three fellows I haven't met personally, but we do a lot of talking and chatting, and the next time I will be in Beer bottle crossing (idaho), Whiskey dick mountain (Washington) or Dildo (newfoundland) respectively, we made up to meet.

Take care ya'all

=====
=====

Re: Neil

Posted by mggsbms - 29 Mar 2019 16:05

[Trouble wrote on 29 Mar 2019 02:10:](#)

[doingtshuva wrote on 29 Mar 2019 01:07:](#)

[ColinColin wrote on 29 Mar 2019 00:19:](#)

Neil

Am sorry to hear you watched porn.

But that is not necessarily a fall.

I regard a fall as masturbation to orgasm.

Occasionally I watch porn for a minute or so, realise where it might be heading, and then thanks G-D stop myself.

To me that is a minor fall which does not break my count.

It does not mean that it is OK to watch porn, but for people on this Forum, we may well have minor slips and stumbles along the way.

We might be addicts.

And small relapses, or large relapses, are often the nature of addiction.

But I know that different people regard different things as a fall.

Breathe deep.

Try to work out why you watched the porn.

Increase positive activities.

Shabbat Shalom

I'm not telling you what to do, just wanted to clarify that according GYE and the 90 day chart watching porn is considered a fall.

These are the rules: guardyoureyes.com/tools/90-day-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" **do not** require restarting the count. "Falls" **do** require restarting.

A "Fall" is one of the following things:

- 1. Intentional masturbation (with finish)**
- 2. Intentionally viewing improper sites**
- 3. Intentionally calling inappropriate telephone numbers**
- 4. Intentionally seeking out and reading erotica**

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing, that would be considered a fall.

Who really cares?

Actually I do, "half measure etc".

=====

Re: Neil

Posted by mggsbms - 29 Mar 2019 16:09

[Neil wrote on 29 Mar 2019 08:22:](#)

To clarify. I haven't masturbated in a few years. I'm here specifically to stop watching porn. For me, watching porn now feels the same as masturbation used to a few years ago. So, putting aside GYE rules (just for myself), I am counting time free from porn.

Way to go!

=====

Re: Neil

Posted by mggsbms - 29 Mar 2019 16:21

[Trouble wrote on 29 Mar 2019 14:48:](#)

[Trouble wrote on 29 Mar 2019 02:10:](#)

[doingtshuva wrote on 29 Mar 2019 01:07:](#)

[ColinColin wrote on 29 Mar 2019 00:19:](#)

Neil

Am sorry to hear you watched porn.

But that is not necessarily a fall.

I regard a fall as masturbation to orgasm.

Occasionally I watch porn for a minute or so, realise where it might be heading, and then thanks G-D stop myself.

To me that is a minor fall which does not break my count.

It does not mean that it is OK to watch porn, but for people on this Forum, we may well have minor slips and stumbles along the way.

We might be addicts.

And small relapses, or large relapses, are often the nature of addiction.

But I know that different people regard different things as a fall.

Breathe deep.

Try to work out why you watched the porn.

Increase positive activities.

Shabbat Shalom

I'm not telling you what to do, just wanted to clarify that according GYE and the 90 day chart watching porn is considered a fall.

These are the rules: guardyoureyes.com/tools/90-day-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" **do not** require restarting the count. "Falls" **do** require restarting.

A "Fall" is one of the following things:

- 1. Intentional masturbation (with finish)**
- 2. Intentionally viewing improper sites**

3. Intentionally calling inappropriate telephone numbers

4. Intentionally seeking out and reading erotica

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing, that would be considered a fall.

Who really cares?

So it seems someone told the principal, I got called in and received a thorough spanking. Oh well. But seriously, my name is trouble. It's not like I am #lordsaveus, or #mohamedtrulylives, or #gyehelperspecial613; it's trouble for God's sake!

Ok, that's done. Regarding this issue, gye is not the torah, not the New testament or the old one. Whoever wants to abide by their 90 day rules, go right ahead. There are some who have written extensively on this site how that entire challenge can be crippling to some. I'm not entering that arena, for now. But if one decides that he's gonna do it, but modify it a bit, go right ahead. Who really cares what it says in rule 16 article IV Sextion 329b? If an admin cares, let them worry about it.

And one final point, I was accused by some ninja-clad, library stalker that i am a troll. A troll is defined as someone who purposely says something controversial in order to get a rise out of other users. Hmmm.... Maybe, but let me ask you #mr.tanktopbeerbbellyunshoweredadidastargetwifithief, where are you hiding out? Have you made yourself known to people on this forum? Do they text you on your personal number? Have you emailed them from your business account? Have you shared your LinkedIn information? Have you met anyone for ice cream or coffee? Like markz, gevurah or otr? Now, it happens to be that those three fellows I haven't met personally, but we do a lot of talking and chatting, and the next time I will be in Beer bottle crossing (idaho), Whiskey dick mountain (Washington) or **Dildo (newfoundland)** respectively, we made up to meet.

Take care ya'all

"The town's unusual name has brought it a certain amount of notoriety" from wiki

=====

Re: Neil

Posted by Neil - 30 Mar 2019 23:23

Friday and Shabbos were much better bH.

Days 1 and 2

=====

Re: Neil

Posted by Neil - 31 Mar 2019 22:22

Not a bad day.

Day 3

=====

Re: Neil

Posted by Workingguy - 01 Apr 2019 04:52

[mggsbms wrote on 29 Mar 2019 16:05:](#)

[Trouble wrote on 29 Mar 2019 02:10:](#)

[doingtshuva wrote on 29 Mar 2019 01:07:](#)

[ColinColin wrote on 29 Mar 2019 00:19:](#)

Neil

Am sorry to hear you watched porn.

But that is not necessarily a fall.

I regard a fall as masturbation to orgasm.

Occasionally I watch porn for a minute or so, realise where it might be heading, and then thanks G-D stop myself.

To me that is a minor fall which does not break my count.

It does not mean that it is OK to watch porn, but for people on this Forum, we may well have minor slips and stumbles along the way.

We might be addicts.

And small relapses, or large relapses, are often the nature of addiction.

But I know that different people regard different things as a fall.

Breathe deep.

Try to work out why you watched the porn.

Increase positive activities.

Shabbat Shalom

I'm not telling you what to do, just wanted to clarify that according GYE and the 90 day chart watching porn is considered a fall.

These are the rules: guardyoureyes.com/tools/90-day-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" **do not** require restarting the count. "Falls" **do** require restarting.

A "Fall" is one of the following things:

1. **Intentional masturbation (with finish)**
2. **Intentionally viewing improper sites**
3. **Intentionally calling inappropriate telephone numbers**
4. **Intentionally seeking out and reading erotica**

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing, that would be considered a fall.

Who really cares?

Actually I do, "half measure etc".

Harav Trouble Shlita was not, cv, advocating half measures. He was saying that who cares how GYE says the rules? Do what works for you.

=====
=====

Re: Neil

Posted by Trouble - 01 Apr 2019 17:06

[Workingguy wrote on 01 Apr 2019 04:52:](#)

[mggsbms wrote on 29 Mar 2019 16:05:](#)

[Trouble wrote on 29 Mar 2019 02:10:](#)

[doingtshuva wrote on 29 Mar 2019 01:07:](#)

[ColinColin wrote on 29 Mar 2019 00:19:](#)

Neil

Am sorry to hear you watched porn.

But that is not necessarily a fall.

I regard a fall as masturbation to orgasm.

Occasionally I watch porn for a minute or so, realise where it might be heading, and then thanks G-D stop myself.

To me that is a minor fall which does not break my count.

It does not mean that it is OK to watch porn, but for people on this Forum, we may well have minor slips and stumbles along the way.

We might be addicts.

And small relapses, or large relapses, are often the nature of addiction.

But I know that different people regard different things as a fall.

Breathe deep.

Try to work out why you watched the porn.

Increase positive activities.

Shabbat Shalom

I'm not telling you what to do, just wanted to clarify that according GYE and the 90 day chart watching porn in considered a fall.

These are the rules: guardyoureyes.com/tools/90-day-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" **do not** require restarting the count. "Falls" **do** require restarting.

A "Fall" is one of the following things:

- 1. Intentional masturbation (with finish)**
- 2. Intentionally viewing improper sites**
- 3. Intentionally calling inappropriate telephone numbers**
- 4. Intentionally seeking out and reading erotica**

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing, that would be considered a fall.

Who really cares?

Actually I do, "half measure etc".

Harav Trouble Shlita was not, cv, advocating half measures. He was saying that who cares how GYE says the rules? Do what works for you.

I was actually thinking of replying in the same manner, for you are indeed correct as to my intention, but then I said, "who cares?"

=====

Re: Neil

Posted by Neil - 01 Apr 2019 21:55

A good day.

Day 4

=====

Re: Neil

Posted by Neil - 02 Apr 2019 22:47

A good day.

Day 5

=====

Re: Neil

Posted by Neil - 04 Apr 2019 08:03

A good day.

Day 6

=====

Re: Neil

Posted by ColinColin - 04 Apr 2019 23:06

You're back on track Neil, wishing you and all here Shabbat Shalom.

=====

Re: Neil

Posted by Neil - 04 Apr 2019 23:38

Tired and stressed but still clean.

Day 7

=====

=====