

Neil

Posted by Neil - 04 Feb 2019 22:03

hello. My name is Neil. I want to be porn free. I am starting over.

Day 0

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Re: Neil

Posted by Neil - 27 Feb 2019 23:10

Thanks guys. Something quite upsetting happened today but I'm still clean.

Day 23

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Re: Neil

Posted by Tzvi5 - 27 Feb 2019 23:15

Keep it up Neil!

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Re: Neil

Posted by Neil - 01 Mar 2019 00:51

Rough day.

Day 24

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Re: Neil

Posted by trg261 - 01 Mar 2019 07:07

i feel for you but be proud of yourself WOW 25 days.

?Sunday you'll be at 27 clean!

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Re: Neil

Posted by Neil - 02 Mar 2019 22:30

Short Friday. Had cravings on Shabbos but they were gone by the end of Shabbos.

Days 25 and 26

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Re: Neil

Posted by Dave M - 03 Mar 2019 14:05

Neil,

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Re: Neil

Posted by Neil - 04 Mar 2019 13:26

Sunday was good.

Day 27

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Re: Neil

Posted by Neil - 04 Mar 2019 23:09

Difficult day.

Day 28

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Re: Neil

Posted by doingtshuva - 05 Mar 2019 00:52

Came to learn that I can't change the day, situation or what ever it may be. But myself by accepting, I need to accept and not to reject.

With you

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Re: Neil

Posted by Neil - 05 Mar 2019 22:33

Boring day.

Day 29

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Re: Neil

Posted by Neil - 06 Mar 2019 22:19

Tired today.

Day 30

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Re: Neil

Posted by Neil - 08 Mar 2019 00:21

Very tired.

Day 31

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Re: Neil

Posted by Dave M - 08 Mar 2019 12:52

Why are you so tired? Are you getting an enough sleep?

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Re: Neil

Posted by Neil - 08 Mar 2019 16:54

Short Friday.

Day 32

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