

90 Days excel countdown sheet

Posted by Shivisi_Hashem - 22 Jan 2019 02:57

To all of our entire great GYE community.

I created for myself an excel countdown sheet, and i figured why not sharing it with everyone. Where you enter just your sobriety start date and time, and it will show you how many years, months, days, hours, minutes and seconds you are clean, it might give you the drive when you see them all moving up..

Download and move ahead one day at a time clean...

Remember: change only the start date..

Press the F9 key, and it will update the current details to the seconds..

drive.google.com/open?id=1hGOImSkdoiFj9bGgiMqOXKijGYRuVi5c

Comments and upgrades are gteatly appreciated

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