

This is going to be the time I get to 90!

Posted by Realestatemogul - 22 Aug 2018 21:39

Hi everyone,

I have met a bunch of you already (Cordnoy, YBS, Chaim2009, Schnitzel and Kugel, etc.)

This past week has been the first time I really engaged on GYE.

I have seen how others have benefited from GYE and how it helped them FINALLY break free.

I am posting this thread of my 90 day journey because I don't want to leave this up to just my own abilities. My own abilities have always failed me and put me back into the never ending cycle.

My past history is full of sexual challenges that make acting out natural. I won't go into details but getting a laptop with unrestricted internet for my bar-mitzvah wasn't exactly the most beneficial present. I understand that on my own I will never be able to conquer this challenge. I may be able to go a week, a month, or even a few months without acting out or watching inappropriate things. But ultimately I haven't been able to stay clean.

I want to take this post to say that I will try to from now on surrender my challenges and realize that only Hashem can let me overcome these ever hard feelings. I can not and will not try to beat this on my own. The talmud talks about the yetzer hara showing even the greatest Tzadikim that they are no match for him. I certainly am no better. However, I do have Hashem. I truly believe any test Hashem gives us we can pass and that means he will let us pass. It may just be that he wants me to use the tool of GYE that he gave me.

I am now on my 9th day clean. I have been here before many times. This time WILL be different. This time I WILL make it to 90 days. This time I WILL stay strong. This time I WILL surrender to Hashem. This time I WILL break free!

BUT, I can only do it with all of you AMAZING poeple's help!

Please cheer me on, console me, and encourage me on my journey.

Looking forward to celebrating 90 soon!

Thank you!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 30 Aug 2019 05:20

#31 Days!

Gematria "Lo" because I have said "NO" 31 days now.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 06 Sep 2019 04:07

I am now at 2 Days. I have a lot to say and hopefully one of these days I will have the time to write a longer post. But for now I will say that beis Elul last year I started a streak that lasted 272 DAYS! Elul is definitely a month that is easy to build momentum and Tishrei I also expect will be pretty easy. ly"h that will give me about a 60 day foundation to build off. Please Hashem help

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Re: This is going to be the time I get to 90!

Posted by gyehelp2017 - 06 Sep 2019 05:10

[Realestatemogul wrote on 06 Sep 2019 04:07:](#)

I am now at 2 Days. I have a lot to say and hopefully one of these days I will have the time to write a longer post. But for now I will say that beis Elul last year I started a streak that lasted 272 DAYS! Elul is definitely a month that is easy to build momentum and Tishrei I also expect will be pretty easy. ly"h that will give me about a 60 day foundation to build off. Please Hashem help

succeed.

Don't forget that your 272 day streak is not gone, it will definitely be easier this time around, so all your hard work is not gone and forgotten. And try to focus on the future rather than the past, because by most of us around here the past is aint that great, but the future by many of us is nice and bright.

So keep up your great work, and don't let your past pull down your future!!

Hatzlucha!!!

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Re: This is going to be the time I get to 90!

Posted by ColinColin - 07 Sep 2019 20:59

272 days clean is a great achievement.

It proves you have many techniques to stay clean...because you would have been tested and won the tests in that streak.

Take it day by day.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 12 Oct 2019 23:54

#Day0

BH another roughly 30 days in the books. Just had some falls today and back down to beginning, but I started a new program of "kansos/fines." I actually took a scissors to \$100....Hopefully, it will give me a better idea of what hashchasa is...

Please Hashem help me continue improving in these areas of Kedusha!

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Re: This is going to be the time I get to 90!
Posted by Markz - 13 Oct 2019 00:26

[Realestatemogul wrote on 12 Oct 2019 23:54:](#)

#Day0

BH another roughly 30 days in the books. Just had some falls today and back down to beginning, but I started a new program of "kansos/fines." I actually took a scissors to \$100....Hopefully, it will give me a better idea of what hashchasa is...

Please Hashem help me continue improving in these areas of Kedusha!

I think you should go back to "Real Estate" college... You can't rip up "in Gd we trust"

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Re: This is going to be the time I get to 90!

Posted by Gevura Shebyesod - 13 Oct 2019 00:49

I hope the Secret Service isn't reading this...

Continued Hatzlacha!

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Re: This is going to be the time I get to 90!

Posted by Markz - 13 Oct 2019 01:04

[Gevura Shebyesod wrote on 13 Oct 2019 00:49:](#)

I hope the Secret Service isn't reading this...

Continued Hatzlacha!

Most guys that subscribe to gye are Secret Service, the elite undercover sub-division!

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Re: This is going to be the time I get to 90!

Posted by Tzvi5 - 13 Oct 2019 03:41

That seems like a deranged decision. Try more rational approaches.

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Re: This is going to be the time I get to 90!
Posted by i-man - 13 Oct 2019 04:53

[Tzvi5 wrote on 13 Oct 2019 03:41:](#)

That seems like a deranged decision. Try more rational approaches.

If you are trying to help him maybe pick a better choice of words , most people typically don't listen when they are told that they are being "deranged ".

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Re: This is going to be the time I get to 90!
Posted by Tzvi5 - 13 Oct 2019 12:47

One should know what to work on,
an oppinon is a personal point of view, not an insult chas veshalom.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 13 Oct 2019 14:09

LOL! First of all it was **about** \$100 but was actually in a different currency....They can try and track my IP Address if they want to figure it out...

Thank you for the feedback, the insults, and the defenses!

I spoke to someone else on GYE who advised a "knas" for breaking a geder (like using an

unfiltered device) is better that for actually falling...

But I also don't understand why everyone is saying it is so extreme...If I were to fall everyone would say, "its okay, dont worry, just get up and keep working on it!" Surely, falling and being motzee zera lvatala is worse than losing \$100, no?

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Re: This is going to be the time I get to 90!
Posted by Shnitzel and kugel - 16 Oct 2019 05:37

If you'd like to give yourself a heavy knas then perhaps you can give \$100 to your enemy, homeless guy on the street or charity organization you **hate...**

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 25 Nov 2019 04:58

Hey Gye,

I haven't watched anything inappropriate in over 30 days, and I am also working on a healthy strategy to stop being mzl.

Thank you GYE for being a group of people creating a way to get to greater heights!

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