

This is going to be the time I get to 90!

Posted by Realestatemogul - 22 Aug 2018 21:39

Hi everyone,

I have met a bunch of you already (Cordnoy, YBS, Chaim2009, Schnitzel and Kugel, etc.)

This past week has been the first time I really engaged on GYE.

I have seen how others have benefited from GYE and how it helped them FINALLY break free.

I am posting this thread of my 90 day journey because I don't want to leave this up to just my own abilities. My own abilities have always failed me and put me back into the never ending cycle.

My past history is full of sexual challenges that make acting out natural. I won't go into details but getting a laptop with unrestricted internet for my bar-mitzvah wasn't exactly the most beneficial present. I understand that on my own I will never be able to conquer this challenge. I may be able to go a week, a month, or even a few months without acting out or watching inappropriate things. But ultimately I haven't been able to stay clean.

I want to take this post to say that I will try to from now on surrender my challenges and realize that only Hashem can let me overcome these ever hard feelings. I can not and will not try to beat this on my own. The talmud talks about the yetzer hara showing even the greatest Tzadikim that they are no match for him. I certainly am no better. However, I do have Hashem. I truly believe any test Hashem gives us we can pass and that means he will let us pass. It may just be that he wants me to use the tool of GYE that he gave me.

I am now on my 9th day clean. I have been here before many times. This time WILL be different. This time I WILL make it to 90 days. This time I WILL stay strong. This time I WILL surrender to Hashem. This time I WILL break free!

BUT, I can only do it with all of you AMAZING poeple's help!

Please cheer me on, console me, and encourage me on my journey.

Looking forward to celebrating 90 soon!

Thank you!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 19 Jun 2019 03:24

#Day37

Remember when I was at #Day272?

#Humilty

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Re: This is going to be the time I get to 90!
Posted by Hashem Help Me - 21 Jun 2019 11:31

Yes, and BH you are so much further along today. Maybe there was a break in the streak, but in the rewiring of your brain, you are way ahead today... Continued hatzlocha and growth! You are a great inspiration! You will iyh have one very fortunate wife!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 25 Jun 2019 03:32

#Day43

#ThankYou

#Support

#TrueFriends

#PostiveAttitude

#ForwardLooking

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 30 Jun 2019 04:41

#Day48

So....

I am so not in the mood right now. I just want to stop it all. I want to give in to everything. I can't focus, I can't work, I can't think. I would love to throw on some PJ's and lie in bed for a week and eat ice cream. 😞😞

FORTUNATELY, I have responsibilities that force me to fight through, to keep trying to stay on track, to make sure I am somewhat productive. These past couple of days have been a battle. BH I am still clean, but I have to keep reminding myself to ignore that voice that says, "just give up, enjoy life, it is so much easier." That voice is cruel, misleading, and want's to see me fail. Instead, I am just going to keep trying to stay focused, keep thinking, and keep working.

Thanks GYE for listening and being my support.

#Support

#Struggles

#Work

#Clean

#IceCream

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Re: This is going to be the time I get to 90!
Posted by Gevura Shebyesod - 30 Jun 2019 04:57

Hey, nothin' wrong with a little ice cream once in a while...

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 01 Jul 2019 04:37

#Day49

Thank you everyone for reaching out on or off the forums to support me through my (ups and) down! Gevurah - that is one nice ice cream truck!

#IceCream

#Gevurah

#OnMyWayBackUp

#IceCream

#IceCream

#IceCream

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 09 Jul 2019 09:58

#Day0

#NufSaid

#WillKeepGoing

#Humility

#ForwardLooking

#Sad

#Positive

#Happy

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Re: This is going to be the time I get to 90!
Posted by Dave M - 09 Jul 2019 13:19

I'm sorry to hear about your fall. Just know that I'm davaning for your success.

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Re: This is going to be the time I get to 90!
Posted by Onceandforall - 09 Jul 2019 23:21

Hey- fellow day#1. I just read this whole thread. Super inspiring and really good to read this now and to know going in that just because we make it so far we still gotta keep fighting on and it will

never be "over". I hope you are still going- you inspire me.

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Re: This is going to be the time I get to 90!
Posted by stillgoing - 12 Jul 2019 22:01

[Onceandforall wrote on 09 Jul 2019 23:21:](#)

I hope you are still going- you inspire me.

Thanks, I am actually stillgoing, but I appreciate it anyway.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 14 Jul 2019 05:09

[stillgoing wrote on 12 Jul 2019 22:01:](#)

[Onceandforall wrote on 09 Jul 2019 23:21:](#)

I hope you are still going- you inspire me.

Thanks, I am actually stillgoing, but I appreciate it anyway.



#Day5

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 15 Jul 2019 04:05

#Day6

Thank you guidanceseeeker for reminding me where I am coming from!

I was motivated and managed to get a 272 day streak. I know I am capable of reaching there again and will commit to coming on here and posting more in order to put my best foot forward.

I also would like to say that BH while I have fallen and been motzei zera l'vatata, Since I started that original 272 streak I have not watched any porn. TYH!

All chizuk is welcome! (Even from you cordnoy...)



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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 30 Jul 2019 04:32

Day0

Really getting harder for me to come on here and post my falls...It says Sheva Yipol Tzadik V'kom and I'm getting close to the seventh time already and still not near being a tzadik....



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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 30 Jul 2019 04:34

Also, I got a filter B"h to help with the fight, but then another avenue just came up that I will struggle with. I promised if I look then I will lose \$50.

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Re: This is going to be the time I get to 90!
Posted by Dave M - 30 Jul 2019 14:59

[Realestatemogul wrote on 30 Jul 2019 04:32:](#)

Day0

Really getting harder for me to come on here and post my falls...It says Sheva Yipol Tzadik V'kom and I'm getting close to the seventh time already and still not near being a tzadik....



Yes it can feel demeaning and uncomfortable to keep posting about your falls. But it is important to stay connected to the GYE chevra now. Right now you are just going through a rough patch. This will pass. Things will get better.

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