

MZL on the 90-day highway
Posted by mzl - 17 Jun 2018 19:53

Day 9.

I think I need to make myself at home in the 90-day topic.

Today I'm really upset because my wife is shopping all day again and I'm watching the kids.

I ate way too much, it's the only thing I could think about to do something nice for myself.
Pathetic, I guess.

Does G-d really deserve me living next to her and not even masturbate? The worst part is that I have annihilated most of my desires so the thought of masturbating is like watching paint dry.

I guess tomorrow will be better. It's already 3:53 pm.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 02:07

Day 55

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 02:22

[mzl wrote on 01 Aug 2018 22:49:](#)

Does anybody know whether there is a mitzvah d'oraisa to make a fence for yourself if you are pathologically weak in some area?

I know the Mesillas Yescharim lists various sources regarding sexual desire, but I don't know whether those are listed among the 613.

For example, does a nazirite have a mitzvah d'oraisa to become a nazir?

This is from the Mesillas Yescharim. Sounds relevant.

He who wants to become completely clean of this sin will also require a laboring which is not small. For included in the prohibition is not only the act itself but even all that draws one close to it. This is explicitly stated in scripture: "do not draw near to uncover nakedness" (Vayikra 18:6).

And our Sages said: "Says the Holy One, blessed be He, 'do not say since it is forbidden for me to have intercourse with a woman, I will embrace her and be free of sin, I will caress her and be free of sin, I will kiss her and be free of sin'. Says the Holy One, blessed be He, - 'just like when a Nazir makes a vow not to drink wine, he is also forbidden to eat grapes or raisins, diluted grape juice, or anything derived from the grape vine, so too, for a woman who is not your wife, you are forbidden to touch her in any way. Anyone who touches a woman other than his wife brings death to himself...' " (Shemot Raba 16:2).

Consider how wondrous are the words of this Midrash. For it likens this prohibition with that of the Nazir which even though the primary prohibition of Nazir is only on wine, nevertheless, the Torah forbids him all that is connected to wine. This was a lesson the Torah taught to the Sages how they should "make a fence around the Torah" so that they may use the authority granted to them to enact protections to the Torah.

For they could learn from the Nazir to prohibit all that is connected to the primary prohibition. Thus, the Torah did for this prohibition of Nazir an example of what it authorized the Sages to do for all the other Mitzvot in order to teach that this is G-d's will. So that when G-d prohibits for us some matter, we can deduce the unexplained from the explained (Nazir) to also prohibit all that draws close to the specified prohibition.

In this manner, the Sages prohibited on the matter of forbidden relations all that resembles and draws a person close to forbidden relations, however way that may be, namely, whether it be in deed, in sight, in speech, in hearing or even in thought. I will now bring you some proofs on all this from the words of the Sages of blessed memory.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 02:33

I suspect that masturbation could not be made a Torah violation because Hashem doesn't torture people.

It may be more of a derech erez issue. A self-respecting man who wants sex doesn't masturbate, he hires a woman. Like Yehuda with Tamar. He could have avoided it by masturbating but maybe he had too much dignity.

That shows me where I'm at ...

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Re: MZL on the 90-day highway
Posted by kavod - 02 Aug 2018 02:55

It is forbidden to waste seed. [Sulchan Aruch](#)

Yehuda did not waste seed, but of course broke "intimating with only your wife", in this case a supposedly harlot.

In Yehuda passed an spirit that pushed his desires out of normality in that moment, because the Moshiach had to come from Tamar and Yehuda.

We all fight in our level, to the next level.

Other way around. Because Hashem loves jews, He made it a Torah violation.

Keep winning mzl, you are doing great.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 09:11

[kavod wrote on 02 Aug 2018 02:55:](#)

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Keep winning mzl, you are doing great.

I still don't get where it's from.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 09:36

I think it's not by chance that Er and Onan destroyed their seed after using their wife to get aroused and have pleasure. I think that was their averah. I don't think it's same circumstance as a lot of people here are in, including yours truly.

It's an important question. Similar to the question of women covering their hair. I used to have a super shtark Rav who held it was das yehudis. A lot of people think it's a d'oraisa, and some people think it's nothing. My wife covers her hair but I don't think she knows why.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 09:40

I am a true yid because I managed to piss off the barons of sexual addiction recovery. Don't speak truth to power. Like Avraham avinu, he was on one side and everyone else was on the other side.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 09:47

I don't think there's a mitzva for a nazir candidate to become a nazir. Never heard of that at all.

I wonder if in Hashem's eyes destroying seed is on a similar level to drinking too much, which makes a person act like a fool.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 10:30

If a man will foolishly claim to you: "that which the sages said regarding obscene language is only in order to frighten and distance a person from sin, and it is meant only for those whose blood is boiling, namely, when he speaks of these things, he becomes aroused to lust. But one who just says it in a joking manner, it is not significant and of no concern."

Answer him that his words are those of the evil inclination. For the Sages brought their proofs from explicit verses in scripture: *"As a punishment for obscenity, troubles multiply, cruel decrees are proclaimed afresh, the youths of Israel die... for every one is a flatterer and slanderer, and every mouth speaks obscenities"* (Isaiah 9:16). This verse mentions neither idol worship nor illicit relations nor murder but flattery, slander, and obscene speech. All of which are sins of the mouth in speech. And on these the decree went forth: *"the youths of Israel die and the*

fatherless and widows cry out and are not answered...neither shall He have compassion.."

Rather, the truth is as the words of our sages, of blessed memory, that uttering obscene words is in fact lewdness of speech. It is an aspect of lewdness and falls under the same prohibition as all other matters of lewdness except for the actual act of illicit relations. Even though it does not incur the heavenly punishment of Karet (cutting off of the soul) or death by Beit Din (like the act of illicit relations), but they are nevertheless prohibited in and of themselves. This is besides being things which lead to and draw one to the primary prohibition itself, similar to the case of the Nazir in the Midrash we brought earlier.

Regarding "thought" our Sages already mentioned in the beginning of our Beraitha: " 'you shall keep yourself from every evil thing' (Devarim 23:10) - From here R. Pinchas b. Yair said that a person should not have [impure] thoughts in his heart, and thus bring himself to have impurity at night" (Ketubot 46a). They further said: "thoughts of sin are worse than the sin itself" (Yoma 29a) and scripture says explicitly: *"evil thoughts are an abomination to G-d"* (Mishlei 15:26).

We have spoken on two severe sins which people are near to stumble in their branches due to the multitude of these branches and due to the great inclination of a man's heart towards them owing to lusting for them.

I think that's it.

I don't think Hashem assurs destroying the seed after you are basically ready to explode.

Regarding speech and thought the Mesillas Yescharim explains it well. It's clear why speech is different than thought, which is why they are addressed differently.

It's very telling that the chachamim were very upset about obscene speech, and all they could come up with as a source was navi. No chumash. That's important.

Also definitive regarding thoughts is that Shlomo hamelech called it an abomination of G-d. That gives me something to go after. Why doesn't Hashem like abominations?

I am starting to see that the problem with getting aroused is that it's not assur but Hashem

punishes people for doing it in certain cases. Like what they say about obscene speech.

It's really bad because it's not assur. In some cases we use to Hashem's advantage. How many people here got married because they are sex addicts? And then before you know it's not to Hashem's advantage any more.

I can believe that Hashem watches my thoughts because when I think other sorts of thoughts I get whacked. Like when I think I'd like to donate money and then change my mind, punctually I get socked with some monetary loss.

But I have some difficulty accepting that Hashem expects me to not think about sex because it bothers him personally with no loss to me. I grew up like a goy and became frum in

my thirties. Deep down I'm a sadist, I like hurting women in my imagination. Why am I zoche that the master of the universe should intently listen to my thoughts?

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 12:00

I suppose just keeping Shabbos, keeping kosher, getting married, having kids, spending every dime on a frum life, all the while enduring depression because I couldn't leave my job, et al are enough for Hashem to take an interest. He made a whole world and made people with intelligence and they threw Him out. So I guess observant Jews are pretty relevant for Him.

To me all these achievements look insignificant because of my bipolar problem. So I didn't get it at first.

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Re: MZL on the 90-day highway
Posted by lionking - 02 Aug 2018 12:04

Hi mzl,

You must be going on a high speed train. I missed your train of thought, a long while back and can't jump back on. But hey, I'm addicted (at least to reading!). I still read every single word you write. Keep them coming, if it helps you.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 12:35

[lionking wrote on 02 Aug 2018 12:04:](#)

Hi mzl,

You must be going on a high speed train. I missed your train of thought, a long while back and can't jump back on. But hey, I'm addicted (at least to reading!). I still read every single word you write. Keep them coming, if it helps you.

You should be zoche to rule over your addiction like a lion.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 12:36

I just remembered a great truth, namely that the smartest people are the hardest to manage.

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Re: MZL on the 90-day highway
Posted by mzl - 02 Aug 2018 12:37

Today I noticed that in this week's parsha it talks about abominations. Hope to go back and look at it.

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