## **GYE - Guard Your Eyes**

Generated: 22 August, 2025, 14:35

Just starting and been working at it a long time Posted by Rcl2017 - 25 May 2018 13:10

\_\_\_\_\_

Hi gang. The good news is that I am sober from pornography and masturbation for 485 days today. The more good news is that I stumbled onto the GYE program last week. I have been working on custody of my eyes for decades. To be given a fellowship men, in addition to my Sgroup, dedicated to this practice is a blessing I never dreamed I would receive. To celebrate I am enrolling in the 90-day program. Life is good. But I must remain vigilant. My first character defect is complacency. Thank you all for this program.

\_\_\_\_\_

====