

I was strong in the beginning but now I'm very weak
Posted by Aaronhopeful@gye.com - 28 Dec 2017 00:33

I've never made it to 90 days. I started a year and a half ago. The first year I would say clean the most was 60 days. But I was strong. My weakest time in that time was 30 days. Now I almost fall every day. My strongest time now is about a week. And I feel like I would never get out of this addiction. I want to recover from this addiction. And be a true tzadik. I want to be Hashem's slave. I want to be a good soul in Hashem's eyes. I want to recover from my addiction and not do anything I really don't want to do. (My real self, I don't want to view p*** and m*****, I want to be a g-d fearing person, a yid). What should I do? I tried everything. I can't now make it to 2 weeks. I was stronger back then when I first started, I would make it to 60 days. I'm going worse. I need your tefilos. I really want to recover from my addiction. May Hashem bless you all.

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Re: I was strong in the beginning but now I'm very weak
Posted by Hashem Help Me - 28 Dec 2017 21:15

Welcome back. Do you speak to any of the chevra here?

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Re: I was strong in the beginning but now I'm very weak
Posted by Aaronhopeful@gye.com - 28 Dec 2017 22:27

[Hashem Help Me wrote on 28 Dec 2017 21:15:](#)

Welcome back. Do you speak to any of the chevra here?

Thanks. I actually respond in forums. But as meeting face to face no.

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Re: I was strong in the beginning but now I'm very weak
Posted by Hakolhevel - 29 Dec 2017 03:16

[Aaronhopeful@gye.com wrote on 28 Dec 2017 17:41:](#)

[Hakolhevel wrote on 28 Dec 2017 03:47:](#)

[Aaronhopeful@gye.com wrote on 28 Dec 2017 03:12:](#)

[Markz wrote on 28 Dec 2017 02:03:](#)

She'las chacham chatzi teshuvah

If you want teshuvah you gotta be more specific and explain to your question - what tools you tried and how and the success rate

Being vague doesn't help most of us

I've tried knas, the daily chizuk, the 12 steps, the taphsic. they didn't help me to stop. They helped me to get back up. But they never stopped me from falling.

When your say the twelve steps do you mean you actually went to meetings or you listened/read about them and tried to incorporate them by yourself?

I haven't gone to face to face meetings.

Well then I am a little confused, you said you tried all the tools and that is one of them? Not advocating that you should or shouldn't go to a meeting, just pointing out how the forum is not a fully honest place, and it's best to talk to someone real (and someone clean for more than 45 days - a.k.a don't call me), see markz post for a list of some good name.

If your not ready to call I suggest you listen to Dov's recorded talks in the audio library. (yes, it's also one of the tools on the top of the page:)

I took me a long time to really talk to real people, I know it's a big step for many.

Hatzlacha aaronhopeful@gye

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Posted by Hashem Help Me - 29 Dec 2017 13:49

[Aaronhopeful@gye.com wrote on 28 Dec 2017 22:27:](#)

[Hashem Help Me wrote on 28 Dec 2017 21:15:](#)

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You can speak on the phone and block caller id.

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