

this time i will make it

Posted by Moshiach5777 - 05 Sep 2017 03:14

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Re: this time i will make it

Posted by Moshiach5777 - 08 Sep 2017 01:44

i had a fall my first day. now im almost 2 days clean!

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Re: this time i will make it

Posted by Hashem Help Me - 08 Sep 2017 03:10

Welcome.

may Hashem give you much hatzlocho.

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Re: this time i will make it

Posted by Markz - 08 Sep 2017 03:53

[Moshiach5777 wrote on 08 Sep 2017 01:44:](#)

i had a fall my first day. now im almost 2 days clean!

Brother I've been here for too long and something tells me you have a plan of your own which may or may not be working for you - maybe share it if you like

And btw counting days and hours can be painstaking...

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Re: this time i will make it
Posted by Moshiach5777 - 08 Sep 2017 04:00

this is my plan: i text every day 2 people what day im holding. i have a double edge taphsic shvua. my distractions are 1) 15 minute fast walk 2) call of of the above 2 people

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Re: this time i will make it
Posted by Markz - 08 Sep 2017 04:03

Ok so I guessed right - you have a plan of your own

It may work great long term

Keep us posted either way

What name will you have in 2 weeks from now?

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Re: this time i will make it
Posted by Moshiach5777 - 08 Sep 2017 04:05

you have any ideas for me?

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Re: this time i will make it
Posted by Moshiach5777 - 08 Sep 2017 04:07

i hope ill keep moshiach5777 cuz moshiach will have already came this year!

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Re: this time i will make it
Posted by Markz - 08 Sep 2017 19:55

[Moshiach5777 wrote on 08 Sep 2017 04:05:](#)

you have any ideas for me?

If what you're doing works, cool

If you need something else, we are here for you and checkout the last things in my signature
(clicka spoila)

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Re: this time i will make it
Posted by Moshiach5777 - 08 Sep 2017 20:00

whats "my signature"?

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Re: this time i will make it
Posted by Markz - 08 Sep 2017 20:12

What works for me:

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My [Story](#) [Dov Quotes](#) Thanks Gibbor120

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? The [Mark of Torah](#) - Lust Chizuk

? GYE Plenty [Solutions](#)

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Re: this time i will make it
Posted by Moshiach5777 - 10 Sep 2017 00:31

thank you markz. today is my 4th day clean!

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Re: this time i will make it
Posted by Moshiach5777 - 12 Sep 2017 22:04

Today is my 7th day clean!

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Re: this time i will make it
Posted by Markz - 12 Sep 2017 22:11

Thanks for your PM.

Posting regularly helps me. If it does for you, keep it up ;-)

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Re: this time i will make it
Posted by Hashem Help Me - 13 Sep 2017 01:21

Mazel tov! A great accomplishment one day at a time. lyh you will inspire many others.

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