

Just getting started

Posted by Needafriend - 11 May 2017 16:39

---

Starting 90 days today. I need advice about cell phone filter. I have android LG phone and I need a good filter that won't allow incognito. But I still want access to YouTube and Facebook. Any suggestions? I had tried k9 in the past and it didn't work well on my phone. I have been filter free for a long time and it is a problem. I wanted to quit without one..to prove my teshuva...and it worked for a while..but lately I just give in so easy.

=====

=====

Re: Just getting started

Posted by tiger - 14 May 2017 05:57

---

[Needafriend wrote on 12 May 2017 19:15:](#)

For teshuvah to be real, a person has to have the exact same options available to him and yet choose the right one instead...no? How can it be real teshuvah if the option to look is not there?

can you lock yourself in to a room with a woman so you can do teshuva?? Mit de zelbe lady in de zelbe place??

Naaa, don't think so!!!

=====

=====

Re: Just getting started

Posted by tiger - 14 May 2017 05:58

---

I don't know how to quote

=====

=====

====

Re: Just getting started

Posted by tiger - 14 May 2017 06:00

---

I asked need a friend if a person can lock themselves in a room with a woman?

=====

====

Re: Just getting started

Posted by lionking - 14 May 2017 08:39

---

[tiger wrote on 14 May 2017 05:58:](#)

I don't know how to quote

It seems like you know how to quote, but not exit a quote.

you have to click your cursor out of the quote area. You can always check by going to source and making sure that your text is after this [/quote].

=====

====

Re: Just getting started

Posted by lionking - 14 May 2017 09:00

---

Hi Need a Friend,

I read back this thread and realized that ny response was a little harsh. I would like to apologize for my previous post. Anonymous Forums are known to be hostile. We try to transcend that. I think you touched on a raw nerve. I for one, have struggled with this "sin" close to 18 years, Teshuva and Musar haven't helped me. I wouldn't have been able to withstand some of the challenges I've overcome with Teshuva. I needed to learn how to live and relinquish control to Hashem. As long as "I" was doing Teshuva it is me in control and I couldn't do it.

You do bring up a valid point of being in the same place, woman, etc... I think it means that the Teshuva should be done as the sin.

When I sinned, I never said a L'Shem Yichud beforehand, I never focused on the effects it is having in the cosmic world, my only focus was on the here and now. The short-lived pleasure of the moment. So too when I'm recovering, I do not concern myself with trying to improve the cosmic world, I focus on the here and now. Living each moment as it comes.

Wishing you much Hatzlacha in all areas of your life.

p.s. If your username truly reflects what you need, I offer to be one.

=====  
=====

Re: Just getting started

Posted by Markz - 14 May 2017 13:37

---

[lionking wrote on 14 May 2017 09:00:](#)

Hi Need a Friend,

... I think you touched on a raw nerve. I for one, have struggled with this "sin" close to 18 years, Teshuva and Musar haven't helped me. I wouldn't have been able to withstand some of the challenges I've overcome with Teshuva. I needed to learn how to live and relinquish control to Hashem. As long as "I" was doing Teshuva it is me in control and I couldn't do it.

You do bring up a valid point of being in the same place, woman, etc... I think it means that the Teshuva should be done as the sin.

When I sinned, I never said a L'Shem Yichud beforehand, I never focused on the effects it is having in the cosmic world, my only focus was on the here and now. The short-lived pleasure of the moment. So too when I'm recovering, I do not concern myself with trying to improve the cosmic world, I focus on the here and now. Living each moment as it comes.

Wishing you much Hatzlacha in all areas of your life.

p.s. If your username truly reflects what you need, I offer to be one.

Nice (edited post)

**Warning: Spoiler!**

=====

Re: Just getting started

Posted by lionking - 14 May 2017 16:32

---

Markz, I was able to Thank You on your post.

**Warning: Spoiler!**

=====

=====

Re: Just getting started

Posted by Markz - 14 May 2017 16:50

---

[lionking wrote on 14 May 2017 16:32:](#)

Markz, I was able to Thank You on your post.

**Warning: Spoiler!**

We had certain members in the past that got turned off and offended by such type of responses.  
You gotta treat newcomers with silk gloves.

I disagree with the last sentence

People generally enjoy a hearty discussion provided the tone is pleasant

There are a few people too sensitive even for silk gloves and they have to deal with their issues, not have us redesign the website

=====  
=====

Re: Just getting started

Posted by lionking - 14 May 2017 17:03

---

[Markz wrote on 14 May 2017 16:50:](#)

[lionking wrote on 14 May 2017 16:32:](#)

Markz, I was able to Thank You on your post.

**Warning: Spoiler!**

We had certain members in the past that got turned off and offended by such type of responses. You gotta treat newcomers with silk gloves.

I disagree with the last sentence

People generally enjoy a hearty discussion provided the tone is pleasant

There are a few people too sensitive even for silk gloves and they have to deal with their issues, not have us redesign the website

I enjoy a hearty discussion. Actually I really enjoy when people disagree with me.

=====

Re: Just getting started  
Posted by Markz - 14 May 2017 17:09

---

[lionking wrote on 14 May 2017 17:03:](#)

[Markz wrote on 14 May 2017 16:50:](#)

[lionking wrote on 14 May 2017 16:32:](#)

Markz, I was able to Thank You on your post.

**Warning: Spoiler!**

We had certain members in the past that got turned off and offended by such type of responses. You gotta treat newcomers with silk gloves.

I disagree with the last sentence

People generally enjoy a hearty discussion provided the tone is pleasant

There are a few people too sensitive even for silk gloves and they have to deal with their issues, not have us redesign the website

I enjoy a hearty discussion. Actually I really enjoy when people disagree with me.



keep on posting - I'll keep the surveillance on (incognito of course)

My main issue is that you are a good writer, and you gotta chill and just post

Maybe you worry 2 much?

=====

Re: Just getting started

Posted by lionking - 15 May 2017 10:19

---

[Markz wrote on 14 May 2017 17:09:](#)

keep on posting - I'll keep the surveillance on (incognito of course)

[Markz wrote on 14 May 2017 17:09:](#)

My main issue is that you are a good writer, and you gotta chill and just post

Finally something I can disagree with you on. I personally feel like a very mediocre writer. I had no formal secular studies past 8th grade. There were subjects which I've studied on my own, but they were mostly in the STEM categories. English language and writing are my weak points.

[Markz wrote on 14 May 2017 17:09:](#)

Maybe you worry 2 much?

=====

Re: Just getting started

Posted by Needafriend - 19 May 2017 00:16

---

I had a fall. Not porn but masturbation. Forced myself to think of my wife instead of what triggered me...but the source of the fall was my own fault. Starting over. Someday I hope to make it to 90 days.

=====

=====

Re: Just getting started

Posted by lionking - 19 May 2017 01:01

---

I'm sorry to hear about the fall. I remember that feeling. B"H that memory is fading away, and hopefully it will to by you. You mentioned in your first post, the need for friendships. How is that going along? Have you tried reaching out to people? Perhaps even constant posting on the forum and participating in some of the discussions?

Don't get down on yourself. Get back up and focus only on appreciating each day at a time. Hop on the truck!

=====

=====

Re: Just getting started

Posted by Markz - 19 May 2017 01:18

---

[Needafriend wrote on 12 May 2017 19:15:](#)

For teshuvah to be real, a person has to have the exact same options available to him and yet choose the right one instead...no? How can it be real teshuvah if the option to look is not there?

A bunch of guys responded to you. Did you manage to reach out to any of them

=====

=====