

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

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Re: sci1977 journey

Posted by sci1977 - 21 Jun 2010 12:54

I am back and working today and will be able to update more. No slips or falls non needed or wanted. Very excited to work again. I am living life and really enjoying my family.

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Re: sci1977 journey

Posted by Eye.nonymous - 21 Jun 2010 12:56

Hi Sci!

--Eye.

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Re: sci1977 journey

Posted by sci1977 - 21 Jun 2010 15:54

It's great to be back both on GYE and working. Thanks Eye for the HI!!

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Re: sci1977 journey

Posted by silentbattle - 21 Jun 2010 17:38

Fantastic news! Glad to have you back!

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Re: sci1977 journey

Posted by sci1977 - 21 Jun 2010 23:14

It's been a great day today. Work started off great and now I am ready to enjoy some time with my kids before bed time. Adding work to living again sure feels great!!

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Re: sci1977 journey

Posted by jamies - 23 Jun 2010 09:23

HIYA MATE, i know i havent wiritten here before but was about to fall on the loo before when i decided to quickly check gye, your story caught my eye and MAMASH!!!! saved me,

your an inspiration mate

thankoyu!

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Re: sci1977 journey

Posted by sci1977 - 23 Jun 2010 13:03

Another day of being clean and sober. Clarity is an odd thing sometimes. In dark times in the pastr few months I really never had an urge to act out. It's nice to know that everything is one day at a time. I started a new business yesterday and am my own boss now. I know that I

need to work hard and it will take time to grow the business. However, at the same time I know I can only do it one day at a time. G-d is with me.

Jamie, I am glad you found GYE!!! Everyone here by just showing up is an inspiration.

No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by Eye.nonymous - 23 Jun 2010 20:23

Sci,

It's so refreshing to read your posts. I love your attitude! Glad to have you back!

--Eye.

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Re: sci1977 journey

Posted by sci1977 - 23 Jun 2010 20:32

Eye, it feels good to be back!!

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Re: sci1977 journey

Posted by sci1977 - 24 Jun 2010 13:29

Another day clean and sober. It feels good today to just be sitting at a desk and be productive in the business world again. As for everything else, things are pretty good. I still am very hard on myself for my past. However, I can't go back and change it. So I have been telling myself for the last month or so that everyday I stay clean I am another day in a good life now. I am really positive now about how to deal with stressful "things". I don't go running to a crutch that lead me to a path of gross behavior.

I will continue to work on me no matter what and I will not go down a path I don't need to go. No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by jamies - 24 Jun 2010 13:34

wow!

even reading makes me crave to be at your level, thanks for the determination shot mate...

an inspiration!

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Re: sci1977 journey

Posted by sci1977 - 24 Jun 2010 19:17

One more little update for today. Never give up on yourself. I was at times really depressed about not having a job but now I feel great that I kept on bouncing back day after day until I found what will be right for me. POSITIVE is a great word!

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Re: sci1977 journey

Posted by silentbattle - 24 Jun 2010 20:12

Maybe we can apply that to our situation, as well - when we're caught in the chains of Lust, we can be depressed, we don't always see a way out. But we need to stay positive, and just keep moving forward, knowing that living clean is right for us.

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Re: sci1977 journey

Posted by sci1977 - 28 Jun 2010 13:46

Another day of being clean and sober. It's another great day that G-d has given me. I continue on this journey and everyday on it is a great one. Every once in while I look in the mirror and remind myself, don't forget where you came from. I feel good today and love being my own boss. Time to get to work now. No slips or falls, non needed or wanted.

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