

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

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I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

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Re: sci1977 journey

Posted by imtrying25 - 10 Feb 2010 21:35

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Some of us are better at getting around, SB and IT25 I notice always are posting in lots of threads. Our own threads are the most important or should be most important to us as far as our growth.

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Re: sci1977 journey

Posted by sci1977 - 10 Feb 2010 21:39

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[imtrying25 wrote on 10 Feb 2010 21:35:](#)

Some of us are better at getting around, SB and IT25 I notice always are posting in lots of threads. Our own threads are the most important or should be most important to us as far as our growth.

oh, i wish i posted in more threads. i need to try and do that more.

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Re: sci1977 journey

Posted by silentbattle - 10 Feb 2010 21:41

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ACE!!

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Re: sci1977 journey

Posted by Eye.nonymous - 11 Feb 2010 13:25

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Nice post, Sci!

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Re: sci1977 journey

Posted by OneLife - 11 Feb 2010 14:40

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[sci1977 wrote on 10 Feb 2010 16:13:](#)

Some of us are better at getting around, SB and IT25 I notice always are posting in lots of threads.

SCI, you hit the nail on the head!!

there are two phenomenal guys here in this forum IT25 and SB that all what they do is to show to others that they really care for them.

i've never seen such those guys in my life. :-\* :-\* :-\* :-\*

they give a tremendous help for everyone here with the sense of humor of IT25 and the warm and encouraging words of SB

they have a big share of everyone here that succeeds to remain clean for days/weeks/months.

i wish i had a particle of AHAVAS ISRAEL of them!!!

you guys are rock!!

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Re: sci1977 journey

Posted by sci1977 - 11 Feb 2010 16:43

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Day 84 of being clean and sober. Today is a great day. (Another day for MM.) It also is a great day because my two feet are touching the ground and G-d grants me more time. A little story regarding progress with my wife I must share. Last night we stayed up late and just talked. I never would use the word lovely to describe my wife before, but I think it's a great way to describe her. We talked and were laughing. It reminded me of a time when we were dating. It seems that if you deeply care about someone and can take out the rest of the world for a while, it is possible to connect deeply with your wife on so many levels. Thank you G-d for a wonderful wife.

Today is today. I think I need to remember that I need to focus on today. For today is where I can only make a difference in myself. Yesterday is yesterday and tomorrow is tomorrow. I can't do anything for tomorrow, today. I stay positive and do my best to not get down. Last night, I watched my beloved NY Rangers lose again. But this time I changed after the game. I used to get depressed and really upset for about 20 minutes after a loss. Now I was like, ok another loss, it doesn't effect me any. I am not a part of the organization. I am not counting on them to provide me with anything other then entertainment. Win or lose, I got to sit down, with ice on my foot, watching the game. I was entertained for awhile and lived exactly what I wanted to do. No matter the outcome, for me personally it was enjoyable.

No slips or falls, non needed or wanted. I WILLWIN THE BATTLES AND THE WAR- WITH G-D'S HELP!!

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Re: sci1977 journey

Posted by imtrying25 - 11 Feb 2010 17:26

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Today is today. I think I need to remember that I need to focus on today. For today is where I can only make a difference in myself. Yesterday is yesterday and tomorrow is tomorrow. I can't do anything for tomorrow, today.

I think ive finally found someone who really knows the meaning of "one day at a time"!!!!!!

And does anyone know who this IT25 guy OL is refering to?? I haven theard from him in awhile. And things he writes about him, oh how i wish to meet him!!! :-\

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Re: sci1977 journey

Posted by silentbattle - 11 Feb 2010 17:37

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:-[Thanks OL :)

IT - no idea. And I'm not even going to bother making a joke about how I'm trying to figure it out...whoops. :D

Sci! That is fantastic! You are truly awesome, my friend!

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Re: sci1977 journey

Posted by imtrying25 - 11 Feb 2010 17:41

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Cheers to sb. he cheated and now know my identity!!! Three points!!! YAY!!!!

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Re: sci1977 journey

Posted by sci1977 - 11 Feb 2010 17:44

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[imtrying25 wrote on 11 Feb 2010 17:41:](#)

Cheers to sb. he cheated and now know my identity!!! Three points!!! YAY!!!!

sticking with hockey, it25 it could have been a powerplay goal!!

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Re: sci1977 journey

Posted by imtrying25 - 11 Feb 2010 17:46

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It was more like an emptynetter!! i had no way of knowing my identity was up in the open!!

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Re: sci1977 journey

Posted by sci1977 - 11 Feb 2010 17:50

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[imtrying25 wrote on 11 Feb 2010 17:46:](#)

It was more like an empty netter!! i had no way of knowing my identity was up in the open!!

lol!!! thats way to funny!! so israeli basketball is not as good as nba? i wonder why??

just keep on using the zambonie to clear your slate everyday. one day at a time, for the ranger season it's more like one loss at a time.

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Re: sci1977 journey

Posted by OneLife - 11 Feb 2010 17:51

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[imtrying25 wrote on 11 Feb 2010 17:26:](#)

And does anyone know who this IT25 guy OL is refering to?? I haven theard from him in awhile. And things he writes about him, oh how i wish to meet him!!! :-\

:D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D

as always

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Re: sci1977 journey

Posted by imtrying25 - 11 Feb 2010 17:53

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I think just reading this thread is starting to make me dizzy. I think i might need a break.....hmmmmmmmmmmmmmmmm

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