

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

---

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

=====

Re: sci1977 journey

Posted by Eye.nonymous - 14 Dec 2009 16:57

---

You're really doing great. Keep up the good work.

I like how you manage to tell yourself messages at the beginning of the day how you're going to get through the day. You get up already on the right side of bed.

Good Luck,

--Eye.

=====

Re: sci1977 journey

Posted by sci1977 - 14 Dec 2009 17:07

---

Thanks. It seems to be working so far. I keep just trying to stay positive.

=====

Re: sci1977 journey

Posted by strug gla21 - 15 Dec 2009 06:38

---

You are quiet an inspiration! Keep on truckin' with a load of positive thoughts dude!

=====

=====

Re: sci1977 journey

Posted by sci1977 - 15 Dec 2009 19:29

---

So today has been a struggle. Started out great. But then work was on the verge of putting me over. I am convinced some people are just stupid and G-d has put them here for us remind us to be thankful for our knowledge of something. I came very close today to saying screw this and for this one moment forget all I have done. Then I took a deep breathe and realized, DON'T. I have to much to live for. Positive thinking will lead to positive things. No slips or falls non needed or wanted. I thank G-d today for giving me the courage to care for myself. Doing good, feeling strong that I was able to knock back the feeling, even if it was a thought in my mind for 5 seconds it was a lot. I CAN AND WILL WIN THE WAR!!!!

=====

=====

Re: sci1977 journey

Posted by Eye.nonymous - 15 Dec 2009 20:02

---

You're doing really amazing.

=====

=====

Re: sci1977 journey

Posted by sci1977 - 16 Dec 2009 17:37

---

Other day of being strong. Sometimes no matter how hard you try you really need to leave it G-d. I am closer to G-d then I have been in some years. It could be silly, but I talk to G-d now when I am by myself. I have been trying to live my life like I should have been and sometimes get really angry at myself for the pain I have caused myself and my wife. No slips or falls and

non needed. Got to keep strong and hopefully G-d will answer prayers for a strong will and much healthier head. But most important, a way for G-d to help my wife and my marriage.

=====

Re: sci1977 journey

Posted by Kedusha - 16 Dec 2009 18:29

---

[sci1977 wrote on 16 Dec 2009 17:37:](#)

It could be silly, but I talk to G-d now when I am by myself.

It's not silly at all. Only those who don't believe in G-d would have reason to consider it such.

=====

Re: sci1977 journey

Posted by Eye.nonymous - 16 Dec 2009 19:35

---

[sci1977 wrote on 16 Dec 2009 17:37:](#)

Other day of being strong. Sometimes no matter how hard you try you really need to leave it G-d.

Leaving it to G-d is actually THE main thing we are trying to do!

=====

Re: sci1977 journey

Posted by sci1977 - 16 Dec 2009 21:36

---

Your right. I guess you can say talking to G-d was something I didn't do for a long time. Now I can ask G-d, how's the weather? It's good to have what ultimatly is your best friend. My wife has always been my best friend since the day I met her. Now we have huge walls inbetween us. SO, I talk to G-d like I would normally talk to my best friend. I know I am in good hands and pray that all works out well. Work on me and the rest will follow. Stay positive and know that there is more to life then what I was doing. I keep saying to myself, you can do it. One moment at a time.

=====

=====

Re: sci1977 journey

Posted by the.guard - 17 Dec 2009 09:56

---

My wife has always been my best friend since the day I met her. Now we have huge walls inbetween us.

Was it the addiction that caused this?

Mainly, if you can share what you are doing in recovery, i.e. what is working for you? That is what will inspire others!

Keep up the good work!

=====

=====

Re: sci1977 journey

Posted by sci1977 - 18 Dec 2009 04:57

---

Well day 28 has come and gone. Can't beleive I have made it this long. Staying positive and strong. No slips or falls non needed or wanted. Today I stressed to myself its not about a moment you messed up, its the moments you live life that count. Just strive for those moments.

Thanks to all on GUE for your support, I don't think I would have made it without you all.

=====

Re: sci1977 journey

Posted by Eye.nonymous - 18 Dec 2009 08:01

---

You're doing great!

Keep up the good work.

=====

Re: sci1977 journey

Posted by the.guard - 19 Dec 2009 21:19

---

Wishing you freedom from now till forever! :D

=====

Re: sci1977 journey

Posted by imtrying25 - 19 Dec 2009 21:44

---

Your attitude is just awesome SCIFI. And im sorry to hear about the walls between you and your wife. But i have to say im impressed that you used this as a way to get closer to G-d. Kol hakavod to you, brother. Kutgw.

=====

=====