

Reflections

Posted by Chaimel - 21 Apr 2017 17:22

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(Disclaimer: feel free to read on but I'm just rambling so no need for response even though it would be appreciated)

taking the plunge and starting a thread because today was my first fall since joining GYE (217 days clean!) Before GYE the longest I went was about a week or so but usually fell daily. Thanks to the wonderful people behind GYE and all who take time to read/post/moderate the forum.

its amazing how far I've come as my first response to my fall was: now is a time to restart and reflect on how far I've come!

The greatest thing GYE gave me this far was that it's all about this moment and getting through the day. Celebrate the ups and don't let the downs be downfalls only stepping stones to improve.

i don't have time now but iyh bn I'll continue over shabbos to analyze why this took place and how to prevent falls in the future.

Thanks again to all and have a wonderful Shabbos!

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Re: Reflections

Posted by Hashem Help Me - 30 Apr 2017 11:29

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Keep up the great attitude. You are something special.

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Re: Reflections

Posted by Chaimel - 03 May 2017 03:44

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Thanks! Past couple days have been a real struggle especially on the dating front, bh still focused and moving ahead. lyh today will be another success!!!

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Re: Reflections

Posted by Singularity - 03 May 2017 08:06

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[Chaimel wrote on 28 Apr 2017 02:48:](#)

Another great day bh!

as I'm walking by work doing an inspection I noticed a dirty magazine on the floor, thank you GYE for making me be able to be conscious enough not to pick it up!

maybe you should consider retiring from your job as manager of that adult shop..

Bhatzlocha! And b'sha'ah tovah!

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Re: Reflections

Posted by Chaimel - 04 May 2017 03:52

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[Singularity wrote on 03 May 2017 08:06:](#)

maybe you should consider retiring from your job as manager of that adult shop..

Bhatzlocha! And b'sha'ah tovah!

thanks!

bh on day 13!

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Re: Reflections

Posted by Hashem Help Me - 04 May 2017 04:05

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keep it up chaimel!

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Re: Reflections

Posted by Singularity - 04 May 2017 08:51

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[Chaimel wrote on 04 May 2017 03:52:](#)

[Singularity wrote on 03 May 2017 08:06:](#)

maybe you should consider retiring from your job as manager of that adult shop..

Bhatzlocha! And b'sha'ah tovah!

thanks!

bh on day 13!

Good thing you didn't look up at the shelves!!!

Magazines on the floor tend to be dirty, what with people trodding over em all day.

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Re: Reflections

Posted by Chaimel - 05 May 2017 02:18

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Rough going at work, bh another successful day!

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Re: Reflections

Posted by TzedekChaim - 05 May 2017 13:23

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Great, positive, upbeat, and steady groove you got going there, keep it up. Very inspiring.

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Re: Reflections

Posted by Chaimel - 05 May 2017 15:28

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Feedback is much appreciated!!! It makes me feel bubbly inside to know that people care, thanks for the Chizuk!!

What a beautiful community this is! It's a huge kiddush hashem!

Id also like to apologize for not introducing myself properly, when I was in EY b4 pesach (partially to celebrate 180 days, but I couldn't tell people that) I spent close to 2 hrs typing up an intro post and when I hit submit it got deleted. (Sign from hashem or just the YH??)

r miller explains that the same way we have a natural tendency to love money we should try to have the same drive to perfect ourselves.

id like to add that a person naturally wants to be good. So we do have a drive to perfect ourselves, only we get discouraged when things aren't going well but the same way a person never stops trying to make money even if they aren't at all successful at first, we should never stop trying to get better even though it's tiny baby steps that can be frustrating.

Bottom line:

NEVER EVER GIVE UP!!!

have a wonderful sober shabbos all iyh!!

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Re: Reflections

Posted by Shivisi\_Hashem - 05 May 2017 15:55

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[Chaimel wrote on 05 May 2017 15:28:](#)

what a good post !!!! I love it.

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Re: Reflections

Posted by Shivisi\_Hashem - 05 May 2017 15:56

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[Chaimel wrote on 05 May 2017 15:28:](#)

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Re: Reflections

Posted by Chaimel - 07 May 2017 08:05

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Gut voch!

shabbos was brutal. Bh still moving ahead.

Thank you hashem for another day! i feel undeserving of all these gifts! Thank you hashem!

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Re: Reflections

Posted by Chaimel - 07 May 2017 08:13

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Thank you hashem for giving me a place to ramble and to all of you reading and responding!

a few months after my bar mitzvah I missed minyan, and my older sister said that this is an opportunity to show why we do things. Once the excitement wore off and you still keep it up you know your intentions are for hashem. I think this is in a way explaining why I'm having a harder time reaching 90 for the 2nd time then reaching 218 the first time around also why there's an element of excitement now. Now I'm moving forward. Now's the chance for me to show myself that I can be self motivated to do gods will. May we all continue growing iyh!

Thanks for your support in my ramblings!

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Re: Reflections

Posted by Hashem Help Me - 07 May 2017 11:18

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Your attitude is super! The fact that you were honest that you fell after 218 and didnt just throw in the towel and stop posting is the best sign that you have what it takes b'ezras Hashem to succeed. Before GYE when i fell i would just keep on m\*\*\*\* out of yi'ush. You are a real inspiration. By the way 218 is gimatria rei'ach and 17 - tomorrow's number for you is tov. Symbolic. Continued hatzlocha.

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