

My Book of Business

Posted by Shivisi_Hashem - 19 Apr 2017 16:41

Hi all ?????? ????? ?????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ?????? ?????? ?????, you can read here my 30 year story, <https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years> and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

=====

Re: My Book of Business

Posted by Shivisi_Hashem - 04 May 2017 14:44

Day #15

B"H I passed day #14

I passed day #14 what a journey, **Today** is #15, 2 WEEKS past!!! WOW! First time ever in 30 year I'm clean completely, from looking, thinking and doing Lmaseh, what an achievement, I don't know how to celebrate, I'm soooo excited!!!!  wAAEMMB5jbBjQAAABx0RVh0U29mdHdhcmUAQWRvYmUgRmlyZXZvcmtzIENTNui8sowAA AnHSURBVFiFtZd5WfV1Gse/7zl33+/lwr2X7QIXcIEwEXFJTQEFAhfEDVyS0spp1KemZiqb8sm apnyaZLSaGJcyH620QAYIFFRwSXLBVERTMHAXEQGFy733nN/8Adh1a5x5mvc87znnd87vvO /n9/29ZwNjDN7+ebi2bWWSVssYw+oROtx9/rd2CbqtlPI+2nwZEK9J26VmEsglMAUJlIXGSSk/ JaBysa+vWN/Ywx/JbG9ew0dorJejm3KIBHVouKywKAnPIW+CgoMljLLXIKbP7DBo21SOWF4w 1xa5K0PAakh0qoaLw+9b4As6LkAIDMopatm0675tS3iM1mBT29fJROCgAig/tks1ib8E3Lcw8z+r JMw3PbM3Rn+5q49YwgAsDcKHVInEWy9dwcn/X7photdwCMC5M7js00fbV/mtExf2fbqie33RpS 1SicjDBYyWggsLq54oVvm1MYy219iKR/HtM7XkkmkfBA9XXhcKcAq05Gzqe2tzEA6GXkM60qg oJHVpNTzLjjgorJ+qU35vmw+qdN7pIJmvSe4nh/mDJ4xfQhsze+IFG5ck7SnxhjWPn0qLeObXiL Va5eVLs0l27Ygwrr4wTNzlrJhp097ctzTfVnZhuv/nWYOvuelqxuEs4eaRQWigw32phc2/7GjNUel/ vAy7vbP8mdPCA1KrpXvACKXzljSGTNUsvHkzLUCBrwaJhcqSj9+5TByQu+3l9+twrzytq+yAjjDw 0HADBOP5QnnH5zf8czh6+46u6RzJtmxYzh79YX57KG3avYliU56xbE2177ecuH4o26YnZm8/vs zdTof616Pm1P0/61rOIUAatav+TW0nGxj909qtkOWVjP/osDVBYYasp72P5K09rJMw+2+5F1Yzw 8JHjdr5sTNUcmj0X75Kj5bmnnVHhKkSZmV7evW69DxcwPWLF+1r39sjN+IscnhbqUcl36svni9 +59nRJ54axlmz/6cOqgkUNHjyrtDLqO5723lnXdOdclAKiaboz1V3NvOgUWfBk6ObwnL7948eLb AGIzXvzpo9fbpJE23+E8EbTMZdy1YzenU8gRYLfzZDah3yN9gspLdjaQyy0G2AO1ykCbzFevdS ghPpGf90GNv9WS8GjSyMd8Qu1Wfx9jfNhj6WteH6jUqKTcYp2ckhmD2qjkPx015zXnHQBf/mH

CJ67Lk5c7BaoqLthyWiu0x/ZLS0ell1RanF8Eg1zGrEGBxIw6iuobad2zbdd5ziPA6m9VSywWKE
QRzXVnHr/c1Op5JK6/Q9RpSK/T2rcue6t14bfHK/pkv7rZnPHKqp/bWFGUib84ePZrHsDrQaSUy
VliBvQLGZc17o2QiHDdDyfObhc9HoQ+PhzT5z/Li2/fSacq9jK5080kvj4Y/1RW7xPVp87/dODIBY
nbDXWvSMQMHeJ349KFhMYztUzmEaGw+mLgmMS/rX8hY2F3vV0rrHX+sHBXW0dP3tsK5C1
5FQEGdYqtb1+E2MxR+3dUeJwLrQSAlepQ4LhcIRSWUER00h48vMPANOpKSw8zPfQ3gM1c
uKIOj8fjdYeDJNaw+/dVkbhYWGQ6HWQmfSwWi0pFWtyLX0SM7d6T/kdAMk5CypzX12ocFjMw
/wje8FXyZsLvyns0EilQqDdLpf5W+GlCkCiqBgqnoPZaiOoFVxwaHDAxdqGRr3ZqPVIOM4W7oB
Bp0NDdQ0z22xMkEpiYtJAi5cPjBBbqgZNnnPqHgCeiOxX9y9wSxQXjx49cd7EeeJZpxPR/fupth
Xv8GhIPLMFBkl4s4nCwh2o3FYGtURCRqsVolxKvsE2o8hzBIBcHg8MQQEwBwbAzRgjzQZTR
AEqhRLO5hueyJEZ+d4AXPdKZbP65c55Zsaa6NhHje8t/eSz2rp69E8ajZwXfqfevaOCO7I7jyDp6
GQKm4WSZkyjM8erca22DjwRBCIQxxF1B3R1dkJQKojTqHgwBogMvEoJH5t1BBHx9wC4GbtV
efDoxy2NV5CUmjB9QvYUS97G0o37NhcgqFcksn7/nPT78r1Uf/AQ+E43pGYT4jPGgaRSgIngG
APXHey2iyJl7rXCyDIEQx+5uA3EiL737cGRmbPKw0QWweFhwY7omNjlmQQGlevKzgzdbIQ6l
gYNQIB4GO0tLiEfnQ4aHx9AKYfSqlcoCKDuJD2O+2wZAVIQXC0tl6OSp+7qAbj9QclYcxHRJIV
cVjJp+pQh46dMGolxuW/k5m04+JJMFtc3aQySpk3FodlyxOkNUAbaIAqe2wm8jQCwu7cig0ytth7
sE+/dV+LdYly1EdF4uVxampE9JWbS9CkDObCazz//6spcmczIGDYCcWNGo/36daiZFXd/HXi37
wfG8Rw4iUT7QIBuiEYiSlcoFOXp0yaFZs7K7mNSSt0FX36DyQol/PsPgMpsHuDX3DVGgGzmgN
G9IARAqZT7zB0U5PvPynONAO58GXlBfEH0spcnlidOmmjiAJSSXYvan2qR9UwOtCFhEAQRE
Nkv4yYCOK7bqcvpFxAQAS43PNeacenSIQv79lUmz88rqX4gAAAkBiqTX5k3bevg9DTo3daK/E/
z0H6rHRNnz4TC1wLRI4B5CU9EXYmIA3gekPDdQAAjAtwecCCQy4VTh4+c3rSpKI17YHYAZe
c7Sr7YWDz/SGkpZBod0mZkQxAFFK7bgl4rF0EcdQkgdqnBRBFMEMAED+ByAZ0uwO0BBIBE
BpLwEGU8IJPB7GOLiLDblv0qAACsPXL549XrC18+XLoNGrMfJj2Vg/b2DuSvXY/W+jpAFLvyCy
JEQQQTGSCKYBB/AXG5AIEBDCAGkCCio8PJLlxtPvqrU+Bt02N8n5+Zmbx8cFli3brehE1r1qKj
vQMp6WNgjegNjPjX1TETXwnFdCIH3MYkEkMtADBbW1BeumvnIL9seOKhAAQAgwV82NicjM
W944girQiZFSX4hamvrMSguBr1ioiE3mMDLFSCO9h9doBKpDCSVdNUHz0MCoLrqQPOdFevii
09cPvZfAQAAEYUsSun7bnxsdlbFoJafOVGDwycboNeq8EhEMDR6HdRaDVQ6PfS2QCgNjNa
8DxBBwhEaauvw2VdbZi7bengd8Cu34X8yFVH/9BjLiACTzt7UeuumxyPEJUcHpDKPBwqVEIED
BkAXaldEoQRxPDgm4EJ9A/K37fnj25u+X9oT554H0cNaO2NVAKq8lJEaNYrl0Tb9s9evNsN14
DB632yDztcPjAHnL1zCd98fe+mD745+4B3nf1bgQZbayzcr2KDIPnf95o+DI6xRdl/DqBanp6b06
NklhTXXtt5zwf/jl7snLgBdmlabCyDoQX3/DdrS1pXHiFOaAAAAAEIFTkSuQmCC Only because
of you.

I had a super clean day, in all aspects, Eye's, thought's and hands.

today is #15 and **today** only, ????? ?? ?????? ?????, I will be on top of my soul, I'm not interested
what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just
a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...

=====
=====

Re: My Book of Business

Posted by Shivisi_Hashem - 04 May 2017 14:45

Day #15

B"H I passed day #14

WOW! I can't believe that,
First time ever in 30 year I'm clean completely, from looking, thinking and doing Lmaseh, what
an achievement, I don't know how to celebrate, I'm soooo excited!!!! Only because of you.

I had a super clean day, in all aspects, Eye's, thought's and hands.

today is #15 and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested
what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just
a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...
I passed day #14 what a journey, **Today** is #15, 2 WEEKS past!!!

=====
=====

Re: My Book of Business

Posted by Kleen4real - 05 May 2017 14:05

Really proud of you and your burning fire keeps us all going forward.

Keep up the good work ??? ??? ???????

=====
=====

Re: My Book of Business

Posted by Shivisi_Hashem - 05 May 2017 14:15

[Kleen4real wrote on 05 May 2017 14:05:](#)

Really proud of you and your burning fire keeps us all going forward.

Keep up the good work ??? ??? ???????

=====

just one word

Re: My Book of Business

Posted by Shivisi_Hashem - 05 May 2017 14:26

Day #16

B"H I passed day #15

I passed day #15 what a journey, **Today** is #16, I had yesterday a super clean day, in all aspects, Eye's, thought's and hands. today is Friday, the weekend is my toughest time in the

I have time to relax, and when I relax, I have time to Fantasize, oh my, I hope NOT to have a struggle at all, and if I do, I promise you, I WILL WIN big time, Ill share with you my

week.

win....

today is #16 and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...

=====
=====

Re: My Book of Business

Posted by Chaimel - 05 May 2017 15:39

[Shivisi_Hashem wrote on 05 May 2017 14:26:](#)

I have time to relax, and when I
relax, I have time to Fantasize

You are in good company with this, we're all here rooting for you!!!

???? ??? on 15 days! What a ??????! Keep up the hard work!! You're doing great!

Have an amazing shabbos iyh!!

=====
=====

Re: My Book of Business

Posted by Shivisi_Hashem - 07 May 2017 20:06

Day #18

today is Friday, the weekend is my toughest time in the week.
B H I passed day #16 and #17

I passed day #156 and #17, what a journey, **Today** is #18, ??, i have my life back, chai days is something, I had yesterday, shabbes night a rough night, i got up twice at night very lusty, but i fight it off, i stayed super clean, in all aspects, Eye's, thought's and hands, i. The winner!! And i

will win for the rest of my life.

Thank You hashem and all of you, and specifically for my great partner..

I would like to open a thread only for shabbes, so we can share ideas how to stay on track.

today is #18, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...

=====

=====

Re: My Book of Business

Posted by Hashem Help Me - 08 May 2017 00:11

The Shabbos thread is a great idea. Lots of us have our hardest challenges then. Happy you pulled through. Continued hatzlocha.

=====

=====

Re: My Book of Business

Posted by Shivisi_Hashem - 08 May 2017 15:31

Day #19

B"H I passed day #18

I passed day #18, what a journey, **Today** is #19, I had a great day, 18/Chai, that's exactly how it was, a day full of life, and the real life.

Thank You hashem and all of you, and specifically for my great partner..

today is #19, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just

a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...

=====

Re: My Book of Business

Posted by Ihavenostrength - 08 May 2017 15:33

You have a great attitude, keep it up!

=====

Re: My Book of Business

Posted by Shivisi_Hashem - 09 May 2017 14:18

[Ihavenostrength wrote on 08 May 2017 15:33:](#)

You have a great attitude, keep it up!

I will, just follow me, and you will see how I will win this battle..

with Hashem's help

=====

Re: My Book of Business

Posted by Shivisi_Hashem - 09 May 2017 14:21

Day #20

B"H I passed day #19

I passed day #19, what a journey, **Today** is #20, I had a great day, It came to my mind for a split second some Lust, but I blew it away the same way it came, I was stronger, and I won, I will stay strong.

Thank You hashem and all of you, and specifically for my great partner..

today is #20, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen...

=====
=====

Re: My Book of Business

Posted by Shivisi_Hashem - 10 May 2017 17:28

Day #21

B"H I passed day #20

that's great, i feel great
about it, I never had such a long clean stretch, I had a great day, I will stay strong all the way of my life, with Hahem's help..

Today is ??? ??, we were not clean, and we all get another chance, what a privilege,

Thank You hashem and all of you, and specifically for my great partner..

today is #21, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen..

=====
=====

Re: My Book of Business

Posted by Shivisi_Hashem - 11 May 2017 14:34

Day #22

I passed day #20, what a journey, **Today** is #21, 3 weeks super clean,

B"H I passed day #21

I passed day #21, what a journey, **Today** is #22, I had a great day, I will stay strong all the way of my life, with Hahem's help..

going on the streets, in this hot days, are just getting tougher. but we will win, Hashem is our father, and who don't want to give everything he has for his father??? he is just asking we should be good and not to fall for our Lust!! (im talking to myself)

Thank You hashem and all of you, and specifically for my great partner..

today is #22, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

My YH is trying to bring me down about my last fall, but I'm not going to let this happen..

=====
=====