

My Book of Business

Posted by Shivisi_Hashem - 19 Apr 2017 16:41

Hi all ?????? ????? ?????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ?????? ?????? ?????, you can read here my 30 year story, <https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years> and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

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Re: My Book of Business

Posted by Hashem Help Me - 05 Jul 2017 22:08

Shivisi, you are an amazing fellow. Keep inspiring us.

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Re: My Book of Business

Posted by Shivisi_Hashem - 05 Jul 2017 23:08

[Hashem Help Me wrote on 05 Jul 2017 22:08:](#)

Shivisi, you are an amazing fellow. Keep inspiring us.

Thank you, only with your help! Together

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Re: My Book of Business

Posted by Shivisi_Hashem - 05 Jul 2017 23:32

I just noticed, today is day #90 clean of porn viewing! Should i celebrate? I had a few acting falls

in between, but i did t watch porn, and i didnt look on women, is it something? Does it count?
Should i celebrate? If yes, how? Please get me some ideas!

Thank you all, Thank you GYE, its only you!!!

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Re: My Book of Business
Posted by Markz - 05 Jul 2017 23:47

Mazel Tov!!!!

It's a great achievement

Don't look back - if you need to see behind you, use your Rearview mirror only

KEEP ON TRUCKING!!!!

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Re: My Book of Business
Posted by Gevura Shebyesod - 05 Jul 2017 23:58

[Shivisi Hashem wrote on 05 Jul 2017 23:32:](#)

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Thank you all, Thank you GYE, its only you!!!

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KUTGW, and remember don't drink and drive

Re: My Book of Business

Posted by Gevura Shebyesod - 05 Jul 2017 23:59

[Shivisi Hashem wrote on 05 Jul 2017 23:32:](#)

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Re: My Book of Business

Posted by Markz - 06 Jul 2017 00:05

Gev you're gonna get pulled over - hic

Don't drink and Post - or is it me???

Im seeing double of yours

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With Woodford, of course!
Re: My Book of Business

Posted by Shivisi_Hashem - 06 Jul 2017 00:13

WWWhy isn't there a dancing emoji? Mmm, im sorry, i meant a trucking emoji!

lets dance together!

lets be clean together!

lets be happy together!

and lets be strong together!

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Re: My Book of Business

Posted by Hashem Help Me - 06 Jul 2017 03:52

Mazel tov on an incredible accomplishment. Your eyes are being purified and iyh the rest of you will follow. Your eyes are also being cured and you will iyh see things from a better Yiddish perspective. Ashreichem.

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Re: My Book of Business

Posted by bb0212 - 06 Jul 2017 04:28

Shivisi_Hashem, you're really amazing. Great work and you should def celebrate this 90 day achievement, it's big stuff! I'm not sure if I've been porn free for 90 days yet, (It's around now or in the next two weeks, I think), I officially started my porn free diet after 90 days of no mz"l. What I can say I'd that I feel very different, definitely more connected, less negativity, etc. Life without porn is so much higher than with it. So celebrate away! Celebrate by thanking Hashem, make a shehakol on some Woodford, have extra concentration in the meaning of the bracha - everything is from God. He created lust & challenged us to overcome the temptation. Break down the temptations: porn is one, women in the street are another, etc. Going 90 days without falling to 1 temptation is an incredible achievement, so keep it up!

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Re: My Book of Business

Posted by getthere - 06 Jul 2017 15:06

[Shivisi_Hashem wrote on 03 Jul 2017 16:09:](#)

[getthere wrote on 03 Jul 2017 15:51:](#)

Shivisi - good to see you up and running again. Keep posting the news and also what makes you have to restart. It gets easier but don't forget an addict has his own mind and needs to be reminded that its an addict.

Keep strong we are counting on you

thank you for your support,

so far i dont see any light of the tunnel, its not getting easier, i still go trough very difficult nights, day is not that hard, i BH dont have any Taveh for porn, and no Taveh to look on ladys on the street, which is big win for me, i never thought that i will one day be at this stage, im fully clean from those stuff, i know by now that this things are just fake and empty, but the nights are very tough, and its only the lust, the lust triggers are so high, that sometimes its almost impossible to make it trough. i cant wait it should get at least easier, i know that lust is here to stay, but it should get easier to control.

Sorry for my ignorance but what do you lust for then?

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Re: My Book of Business

Posted by Shivisi_Hashem - 06 Jul 2017 17:43

[getthere wrote on 06 Jul 2017 15:06:](#)

[Shivisi_Hashem wrote on 03 Jul 2017 16:09:](#)

[getthere wrote on 03 Jul 2017 15:51:](#)

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yes, the lust is for na..d women, in all kinds and forms of imaginations, and i still know its just lust and not real, and even without watching and looking after them. and its tough, and thats my test here.

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Re: My Book of Business

Posted by Shivisi_Hashem - 06 Jul 2017 17:57

Day #10

B"H I passed **Day #9 and Today is Day #10 !!!**

I BH Past 90 days Porn clean!!!!

Today is number #10, I had BH a clean yesterday day and night,

BH I past 90 days clean from porn, I never ever thought that I will pass that, it looked to me as an impossible thing, I didn't even dream about it, I was sooo hooked up, but as they say, "when there is a will – there is a way", so, ill take that saying for my tougher one, acting out, I will get there, (oops, I don't look forward, Today only), I will make you all proud and be a model to all of you....

Hashem, thank you, for helping me to survive, thanks to my best partner, and thank you all of you on GYE, I'm clean only because of you, it has nothing to do with me... I'm powerless, I wouldn't be clean today without your help, I'm very happy that I'm part of this chevrah, without you, I wouldn't be where I'm today.

Today is Day #10, and **Today** only, it's the best & easiest way to recovery, its not that easy at all, but its not that hard too, like the Gamara says, for the Tsadikim the YH will look like a mountain, and they will cry how they were able to overcome the Nisyoines, and for the Rashuim the YH will look like a Spider web (familiar? Website?) and they will cry why they didn't overcome the Nisyoines, so let's look at it like a spider web, and lets overcome him, it's an easy one... but all together, B'achdus,

Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can! And Together!

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Re: My Book of Business

Posted by Shivisi_Hashem - 06 Jul 2017 17:59

[Markz wrote on 05 Jul 2017 23:47:](#)

Mazel Tov!!!!

It's a great achievement

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KEEP ON TRUCKING!!!!

Rear window is foggy!!

Thank you anyway!!

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