My Book of Business Posted by Shivisi\_Hashem - 19 Apr 2017 16:41

Hi all ????? ???? ????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ????? ???????????, you can read here my 30 year story,<u>https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years</u>and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

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Re: My Book of Business Posted by Shivisi\_Hashem - 20 Dec 2017 22:00

im BH doing great, i just dont have that much time to visit daily on th forum, and in the mean time ill share this one:

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Re: My Book of Business Posted by Shivisi\_Hashem - 04 Jan 2018 17:42

im BH doing great, i just dont have that much time to visit daily on th forum, and in the mean time ill share this one:

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Re: My Book of Business Posted by Shivisi\_Hashem - 16 Jan 2018 02:03

Day #64 of 2nd round - Day #154.

Hi chevra, the best chavreh of the entire world, the world stands on people like us, who struggle

brothers and sisters dont let yourself down for a few minutes of joy, its just an illusion, but after that joyful minute we all know how we feel, so why give in for that few seconds? Isnt it a much better feeling knowing that you just wanted to fall and you saved yourself from it? It a much better feeling then falling, so please, stay strong, dont give in, and always remember, the YH is much smarter and stronger then you, and even after many clean days and months, he is out to get you, so just be ahead of the game and remember ????? ?????????????????

may you all be clean for ever, and lets meet up in yeruselayim soon... with a smile

Thank You Hashem and GYE and Thank you all for getting me to this stage...

All the Best! and remember, One Day At A Time, thats the way, and yes, with a positive Smile.....

Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together....

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Re: My Book of Business Posted by bb0212 - 26 Jan 2018 13:51

Shivisi Hashem wrote on 16 Jan 2018 02:03:

Day #64 of 2nd round - Day #154.

brothers and sisters dont let yourself down for a few minutes of joy, its just an illusion, but after that joyful minute we all know how we feel, so why give in for that few seconds? Isnt it a much better feeling knowing that you just wanted to fall and you saved yourself from it? It a much better feeling then falling, so please, stay strong, dont give in, and always remember, the YH is much smarter and stronger then you, and even after many clean days and months, he is out to get you, so just be ahead of the game and remember ????? ?????????????????

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Thank You Hashem and GYE and Thank you all for getting me to this stage...

All the Best! and remember, One Day At A Time, thats the way, and yes, with a positive Smile.....

## Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together....

Shivisi, you're a special guy. A holy Yid doing something that only you can do. The dedication you have to this (not only staying clean, but also all of these posts, for so long) nothing short of amazing.

Just wanted to thank you for the inspiration.

Thank you achi!

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Re: My Book of Business Posted by Shivisi\_Hashem - 30 Jan 2018 20:24

## Day #78 of 2nd round - Day #168

Hi All,

im doing great, im still clean, i would love to come back and post daily, i just dont have the time, but i will, its in plan... i miss you all, you are the best... im where im am today, only because of you.. Thank You!!!

in the mea time enjoy this one

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Re: My Book of Business Posted by TzedekChaim - 08 Mar 2018 16:59

Hatzlacha shevisi!!! Your consistency is truly inspiring. I wish you a clear and smooth trucking

Best!!!!!!!!!

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Re: My Book of Business Posted by Shivisi\_Hashem - 09 Mar 2018 18:34

Its sad, but latley im almost not on the forun, even im still clean, it would be a great idea to be back part of this wonderful group.... route

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Re: My Book of Business Posted by Gevura Shebyesod - 09 Mar 2018 19:09

Hi nice to see you checking in. Are we ever going to restart the daily tehillim?

Re: My Book of Business Posted by Shivisi\_Hashem - 09 Mar 2018 19:24

Gevura Shebyesod wrote on 09 Mar 2018 19:09:

Hi nice to see you checking in. Are we ever going to restart the daily tehillim?

I would wish, but i need to know if there is followers, and someone to replace me if i cant post lets say till 12 pm EST.

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Re: My Book of Business Posted by Gevura Shebyesod - 09 Mar 2018 19:46

I'm on most days so I could do it bl"n.

Re: My Book of Business Posted by Markz - 09 Mar 2018 21:19

Gevura Shebyesod wrote on 09 Mar 2018 19:46:

I'm on most days so I could do it bl"n.

A little birdy told me GS is changing his name to TZ#2

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Re: My Book of Business

Posted by Shivisi\_Hashem - 11 Mar 2018 06:06

A good vuch chevrah,

im celebrating this week a year of being a memeber of this wonderful Chaburah! It was a year ago when i bumped in to this wonderful site, after receiving this innocent email from GYE, (did someone sent it to me, maybe, and who cares) thank you all for helping this wondeful site to continue via your support, you are all part of our clean days.

Thank you all

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Re: My Book of Business Posted by Workingguy - 12 Mar 2018 14:00

Shivisi\_Hashem wrote on 11 Mar 2018 06:06:

A good vuch chevrah,

im celebrating this week a year of being a memeber of this wonderful Chaburah! It was a year ago when i bumped in to this wonderful site, after receiving this innocent email from GYE, (did someone sent it to me, maybe, and who cares) thank you all for helping this wondeful site to continue via your support, you are all part of our clean days.

Thank you all

You're really an amazing inspiration; keep shteiging and working!

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Re: My Book of Business Posted by TzedekChaim - 08 Apr 2018 22:13

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ODAAT + ODAAT + ODAAT + .... + ODAAT = INFINITY!

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KOT

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Re: My Book of Business Posted by Shivisi\_Hashem - 09 Apr 2018 18:47

wow!! what a night, I wish it would be just a dream, but no, it was for real, I had last night a major fall, I acted out not once, and not twice, but three times, it was like taking revenge for the last 237 clean days, should I say that I'm back at stage 1? where I just didn't care about acting out? I loved it? I don't know, yes and no, but at the moment, I don't feel that I want to stay clean, and that's why I'm back here. I need the support..

all started last night, when I just couldn't fall asleep, so somehow my hands traveled down where it shouldn't, with no bad intention (mmmm can is say it for 100%? I don't know) I really didn't had in mind what ended up happening, and no, I didn't had access to porn the last year... I was in a good mood, so I don't know what was the trigger, probably loneliness, but I started playing with myself, and from there its history, I felt like taking revenge on all this clean days, no, don't get me wrong, I was very happy to stay clean, and I didn't even dream of ruining it, it was great days, every single one of them, and it wasn't that tough staying clean, but I guess that this is happening when you feel this wrong security on yourself, I was just giving out all my energy on acting out.

so now after this stormy night, I feel like, why going back to start this struggle? why starting again? and that's why I was hesitating this morning to write it out here on the forum, if I'm not really interested to continue why getting on the forum? but the truth is, at the end of the day, I, my real me, do really want to stay clean again, and that's why I'm here, I don't want to get back as a double person, but my real problem is, why do I currently feel that I'm fine with acting out, I have to admit, that I didn't feel bad at all in the morning by acting out, and I would do it again, I have no regret at all, isn't that strange? am I normal? Its battering me why im comfortable with that. I would continue doing it, but I know that its a terrible thing and that's why I'm here, against my will... I need the support, I will start again 90 days, and I will get myself a new partner, and I will start a TAPHSIC, but as of now, I don't have to KOACH to do it, I'm still easy going with it...

another problem, im extremely busy at work, i just dont have the time to post here, but ill force my self doing that every day, its a must for me in order to start again....

I need your support to get me going...... I feel like going on the street and scream HHHEEELLLPPPP!!!!!!

Warning: Spoiler!

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