

what to do when i need a boost of chizuk

Posted by elul - 03 Apr 2017 17:46

Hi chevra.

This is my first post although iv been here about 7 amazing months.

Here's the question,bh iv been basically clean since I got here.iv learned much & don't really have much to add (& not funny like cords or markz:)).however I feel like I reached a sorta dry spell.like not as inspired as I was,have had a few small "slips",and overall don't feel the freshness of change I felt in the beginning.i still understand how awfull life is when im not working on this.but I think I need a boost of chizuk,some tips for times like this,or any ideas for taking it to the next step so I don't loose what I have!

I know its not the most catchy first post but please reply I canreally use it!

Thank you!!

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Re: what to do when i need a boost of chizuk

Posted by Singularity - 04 Apr 2017 08:26

[elul wrote on 03 Apr 2017 17:46:](#)

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Thank you!!

Only thing you didn't seem to catch is paragraph spacing! But everything else is spot on!

Well done. You have passed the Chessed station and are on your way to Gevurah.

What?

Avraham was Chessed. He was *Chidush*. All new ideas, God etc.

Yitzchak is as we know Gevurah. Why? What did he do? Everything his dad did! left his home due to famine, his wife got snatched, he argued over wells. Ah, good pastimes. Boring, no? *Toldos* is a drag. But the true strength is Gevurah.

What you gonna do when all you do is just do what you usually do?

But Yitzchak is essential in the formula for the Jewish People. So maybe have an air of calm satisfaction that you're doing the best thing to do: what you do anyway.

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Re: what to do when i need a boost of chizuk
Posted by Markz - 04 Apr 2017 10:28

[elul wrote on 03 Apr 2017 17:46:](#)

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Thank you!!

210 Daysssss!!!!

Awesome!

Maybe you wanna join a weekly call as I do, you can mute it, and only speak up if you wish

Hatzlacha!!!

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Re: what to do when i need a boost of chizuk
Posted by cordnoy - 04 Apr 2017 11:58

Perhaps read some other threads.

Lifel in recovery could be borin', but....dat's life. And if you think Mark is funny, click on his profile (raise his karma, of course), and then click "posts." Read until your side hurts.

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Re: what to do when i need a boost of chizuk

Posted by Markz - 04 Apr 2017 12:18

[cordnoy wrote on 04 Apr 2017 11:58:](#)

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I don't find them all very funny

some are more serious

to make your ~~back~~side hurt

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