

I cant do it alone....

Posted by ahavachinam - 31 Mar 2017 05:31

Hey everyone, I had realized I am a sex addict for 2 years already, by the will of G-d i started attending SA groups 3 month ago, since then i had been taking serious steps to recovery, However i had not make it to even a month of sobriety yet. I attend 2 meetings a week and make number of phone calls daily. Staying connected to others is what had been the most beneficial for me so far. Just joined GYE and hope to connect to more people here. I will be posting on this thread updates on my journey. Thank you brothers, and May G-d bless us with a will to trust him,much love.

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Re: I cant do it alone....

Posted by GrowStrong - 31 Mar 2017 05:47

Hey welcome on board!

I find that the more tools I have in my tool shed, the more I am able to handle the moment.

You will find many tools just by reading old threads and posts here.

Great to have you with us.

Maybe tell us a little bit of your story so we have some context.

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