

Here we go....

Posted by annon12345 - 02 Mar 2017 14:30

Day 3 actually... though day one in the forum...

Married b"h 5 kids..

I have 2 really hard components in my struggle

1) I work in and with computers... as much as i try to install CE on everything i come across the corporate devices don't work with CE... and at work there are computers and similar devices everywhere

2) Not a therapist disclaimer :-) but I am sure I can use some self esteem boosters, to give gayva a plug i like to think im good looking,built well and have a gr8 sense of humor.... I fall into the trap of seeking validation in chatrooms (they still exist you'd be surprised) B"H i don't have enough self confidence to strike up conversations with women at work etc... LOL

Anyways been a constant on and off again struggle for more than 15 years and since there is no shortage of hishtadlos here I am

=====

Re: Here we go....

Posted by RabosMachsovos - 08 Mar 2017 19:41

[Markz wrote on 08 Mar 2017 19:33:](#)

Great going

have you considered a more unique name, than random numbers. Simply go to your profile page and upgrade for free ;-)

How about now??

=====
=====

Re: Here we go....

Posted by Markz - 08 Mar 2017 20:16

[RabosMachsovos wrote on 08 Mar 2017 19:41:](#)

[Markz wrote on 08 Mar 2017 19:33:](#)

Great going

have you considered a more unique name, than random numbers. Simply go to your profile page and upgrade for free ;-)

How about now??

Me like it

Now you're free to share all your machshavos/emotions with us

=====
=====

Re: Here we go....

Posted by cordnoy - 08 Mar 2017 21:03

But now, I don't remember what he said before.

=====
=====

Re: Here we go....

Posted by Singularity - 09 Mar 2017 13:33

Haha.

I thought he was a new guy. How the tides turn.

=====

=====

Re: Here we go....

Posted by RaabosMachshovos - 09 Mar 2017 14:20

Well we are here for new beginnings :D

A meaningful fast for everyone :-)

Purim is almost here :D

=====

=====

Re: Here we go....

Posted by RaabosMachshovos - 10 Mar 2017 12:15

No good deed goes unpunished lol

Somewhere on the forum (cant find it) someone posted a chessed fund link to nebach a girl really struggling. So i give some to the campaign.

Later that night my wife and I were going through the maaser cheshbon and I mentioned I gave x dollars to a chessed fund...and i started getting drilled!! who told you about it... how do you

know its not a scam... whos the girl...

LOL ... she doesnt know about GYE so I very much hide it ... I start making up answers ... i was so unprepared!!! hashem yerachaim really?? lol but baruch hashem she got sidetracked and forgot about it but I was like lord almighty really???

LOL but anyways A GUTTEN EREV SHABBOS!!!!

=====

Re: Here we go....

Posted by RaabosMachshovos - 15 Mar 2017 13:40

I hope everyone had a geshmak purim... and ensuing snow storm (for those on the north east)

So i noticed that I am not as inspired as when i started... obviously inspiration wanes and we are in need of constant chizuk..... but does such a sharp influx of extreme chizuk numb the senses??

Case in point... I get a lot of chizuk reading the forum and seeing the battle field and guys have such success and enduring getting back up and fighting relentlessly ...

but that starts to get old... a little.... and so while obviously the most important thing (IMHO) is putting the proper gedarim down ... especially when inspired ... so as to prevent falls.... i like the inspiration feeling and dont like it being dulled.... hmmmmmmmm just thinking out loud

=====

Re: Here we go....

Posted by cordnoy - 15 Mar 2017 13:48

[RaabosMachshovos wrote on 15 Mar 2017 13:40:](#)

I hope everyone had a geshmak purim... and ensuing snow storm (for those on the north east)

So i noticed that I am not as inspired as when i started... obviously inspiration wanes and we are in need of constant chizuk..... but does such a sharp influx of extreme chizuk numb the

senses??

Case in point... I get a lot of chizuk reading the forum and seeing the battle field and guys have such success and enduring getting back up and fighting relentlessly ...

but that starts to get old... a little.... and so while obviously the most important thing (IMHO) is putting the proper gedarim down ... especially when inspired ... so as to prevent falls.... i like the inspiration feeling and dont like it being dulled.... hmmmmmmmm just thinking out loud

Which is why I like livin' for today.

=====

Re: Here we go....

Posted by LifneiHashem - 15 Mar 2017 16:10

[RaabosMachshovos wrote on 15 Mar 2017 13:40:](#)

I hope everyone had a geshmak purim... and ensuing snow storm (for those on the north east)

So i noticed that I am not as inspired as when i started... obviously inspiration wanes and we are in need of constant chizuk..... but does such a sharp influx of extreme chizuk numb the senses??

Case in point... I get a lot of chizuk reading the forum and seeing the battle field and guys have such success and enduring getting back up and fighting relentlessly ...

but that starts to get old... a little.... and so while obviously the most important thing (IMHO) is putting the proper gedarim down ... especially when inspired ... so as to prevent falls.... i like the inspiration feeling and dont like it being dulled.... hmmmmmmmm just thinking out loud

Hi RM. I found the chizuk emails to be very inspiring. There are also a number of shiurim and recorded conference calls on GYE that helped my inspiration. However I have to say that while the inspiration was amazing and necessary, for me it wasn't sustainable after a few months. At some point it was back to business as usual, (minus the tv& p&m.) Of course staying vigilant is important, plus recognizing and avoiding potential triggers, and using the tools I've learned to deal with it if a trigger does occur. But at some point life goes on without constant inspiration. Can't live in Elul mode all the time (unfortunately)

=====

=====

Re: Here we go....

Posted by LifneiHashem - 07 May 2017 03:51

What's up Raabos?

=====

Re: Here we go....

Posted by Trouble - 22 Feb 2019 18:16

[annon12345 wrote on 03 Mar 2017 11:32:](#)

[cordnoy wrote on 02 Mar 2017 18:34:](#)

I believe we used to have an "add a pilegesh" poll/survey/thread.

Perhaps it's a business waitin' to be started?

Shark tank?

Costello: hey abbot do you know what polygamy is?

Abbot: ya dats when a guy has three wives

Costello: and you know what bigamy is then

Abbot: ya dats when a guy has two wives

Costello: do you know what its called when he has one wife

Abbot: ya dats monotony

I second this notion!

=====

=====