

all out attack by the yetzer hara
Posted by fred - 19 Feb 2017 12:11

Hi

Today is Sunday my most vulnerable day (?post Shabbas) and its Shovavim (a very vulnerable time for me). I woke with a pain in my back. A terrible diagnosis enters my mind. I am always at risk when I am worried about my health.

Next, walking to Shule I see the pretty woman who I haven't seen for months who walks regularly in my neighborhood.

Later I went to the computer, I play this card game sometimes. On the screen comes an advert. with people barely dressed.

I thought I need a chizuk email. The account I use is still locked!!..they want to ring me to confirm its me trying to get into my account. (OK I know it would be good if I told my wife)

I thought, create a new account. So I did.

Then I logged into GYE . Somehow I don't manage to change the address properly to get emails sent to my new email address, I try again and finally find the way to redirect emails and then when I put in the new info the system tells me that address is already used!!!! (by me of course)

I think,I'll get them to send a emergency turn off email (to the new unlocked account)

I can't find the link

So I search for 'emergency turn off email' No luck!!!

Then I think, 'why is it that the thing my Y.HR. wants to look at I could find in two seconds?'

I don't want to fall. I think the humor might keep me going.

Thanks for listening

Fred

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Re: all out attack by the yetzer hara
Posted by the.guard - 19 Feb 2017 12:23

Keep up the good work, you're a fighter!

I don't understand what you mean that you're account is locked. Do you mean on GYE?

I opened your account for chatting now.

You can change your email address here: guardyoureyes.com/profile

You can see all previous chizuk emails here: guardyoureyes.com/articles/archive

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Re: all out attack by the yetzer hara
Posted by fred - 19 Feb 2017 12:58

HaRav HaGuard

I appreciate your quick reply

My google email address has been locked and I somehow goofed changing to the new email address on the GYE website. I'll keep working on it

The emergency email search really didn't work

I also appreciate the links

Have you got a solution for the back pain? and for the worrying about It?

kol tuv Fred

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Re: all out attack by the yetzer hara
Posted by tzitzis dude - 15 Jul 2017 21:06

If I may, I think I have a solution to your back pain.

I myself used to have pack pains, and after trying all different stretches for months, my roommate told me about this book, "Healing Back Pain, by Dr. John Sarno", and it mamesh worked.

Hatzlacha Rabbah with everything, and Kol Tuv.

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