

The Road To Being Honest With Myself (and others:)

Posted by Hakolhevel - 19 Feb 2017 04:23

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In Short I had issues for about 5 years. When I started dating I stopped, and I was clean for a few years. In the last half a year everything has been coming back, and I don't think I need to enumerate here on this forum, everybody knows what its like, you struggle you fall you fell terrible yada yada yada. Just goes to show once an addict always an addict.

Anyway that's not the point. The point is that coming here and reading the forums has opened up great insight about myself, particularly reading some of Dov's long posts. So I will give you some background, and hopefully you will all help

I feel like I'm in a place right now where if I wanted to stop myself I can ( and I do much of the time). The problem is I know what will stop me and I choose not to use those tools? I guess in general that's the problem, it boils down to how much do we really not want to do it. Do we not want to do it just because it makes you feel terrible afterwards/don't like the consequences. If that is the case I think we are doomed to fail, but unfortunately that is where I feel I am right now:cry: As dov put it best in the following quote

**Warning: Spoiler!**

Anyway I know it was a long rant (for me), I guess the question how do you open yourself up and truly change the way you think? Especially when it's not a lack of knowledge but a change of perspective?

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Re: The Road To Being Honest With Myself (and others:)  
Posted by Hakolhevel - 03 Apr 2017 14:16

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[Singularity wrote on 30 Mar 2017 08:17:](#)

Well done.

KOT! KOR!

But evidently, DO NOT KOB!!!

I give up. I searched the forums and came up with.

Keep on Barditchaving

keep on bitachoning

Keep on bragging

Any of these 3?

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Re: The Road To Being Honest With Myself (and others:)

Posted by GrowStrong - 03 Apr 2017 14:33

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[Hakolhevel wrote on 03 Apr 2017 14:16:](#)

[Singularity wrote on 30 Mar 2017 08:17:](#)

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KOT! KOR!

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Any of these 3?

My guess was bridging or boating.

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Re: The Road To Being Honest With Myself (and others:)

Posted by Singularity - 03 Apr 2017 14:43

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You would be right

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Re: The Road To Being Honest With Myself (and others:)

Posted by Hakolhevel - 03 Apr 2017 22:20

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Re: The Road To Being Honest With Myself (and others:)

Posted by cordnoy - 03 Apr 2017 22:43

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For my wife, it would be bi...in'.

And I guess for you it would be beaching

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Re: The Road To Being Honest With Myself (and others:)

Posted by Hakolhevel - 04 Apr 2017 03:25

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[cordnoy wrote on 03 Apr 2017 22:43:](#)

For my wife, it would be bi...in'.

I would guess bikin' but your threads are so long (and I don't drink coffee), that I have barely made a dent in them.

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Re: The Road To Being Honest With Myself (and others:)  
Posted by cordnoy - 04 Apr 2017 03:29

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[Hakolhevel wrote on 04 Apr 2017 03:25:](#)

[cordnoy wrote on 03 Apr 2017 22:43:](#)

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You still have two guesses left.

Andl you shouldn't be typin' if you didn't finish readin'.

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Re: The Road To Being Honest With Myself (and others:)  
Posted by Hakolhevel - 04 Apr 2017 03:35

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[cordnoy wrote on 04 Apr 2017 03:29:](#)

[Hakolhevel wrote on 04 Apr 2017 03:25:](#)

[cordnoy wrote on 03 Apr 2017 22:43:](#)

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Alright guys see ya'll in a couple days when I finish Cords threads.

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Re: The Road To Being Honest With Myself (and others:)  
Posted by Workingguy - 04 Apr 2017 03:46

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[Hakolhevel wrote on 04 Apr 2017 03:35:](#)

[cordnoy wrote on 04 Apr 2017 03:29:](#)

[Hakolhevel wrote on 04 Apr 2017 03:25:](#)

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No need, I'll give you the synopsis- Cordnoy faces all the bad guys, wittily beating them with his sharp lines and lomdus, and gets all the girls that he turns away because he's on GYE, and lives happily ever after with his Rebbetzin as he gives shiurim in Shmiras Haloshon to men and she does to women. Then, he starts a Yeshiva for weak boys who become future poskim.

I haven't read it in a while but I think that's an accurate synopsis.

Cords, am I right?

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Re: The Road To Being Honest With Myself (and others:)  
Posted by cordnoy - 04 Apr 2017 04:12

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[Workingguy wrote on 04 Apr 2017 03:46:](#)

[Hakolhevel wrote on 04 Apr 2017 03:35:](#)

[cordnoy wrote on 04 Apr 2017 03:29:](#)

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Re: The Road To Being Honest With Myself (and others:)

Posted by Singularity - 04 Apr 2017 08:11

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[cordnoy wrote on 04 Apr 2017 04:12:](#)

[Workingguy wrote on 04 Apr 2017 03:46:](#)

[Hakolhevel wrote on 04 Apr 2017 03:35:](#)

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You turned them away???

If I read cord's thread from the beginning I fear I'd be sucked into some netherworld..

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Re: The Road To Being Honest With Myself (and others:)

Posted by cordnoy - 04 Apr 2017 11:20

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[Singularity wrote on 04 Apr 2017 08:11:](#)

[cordnoy wrote on 04 Apr 2017 04:12:](#)

[Workingguy wrote on 04 Apr 2017 03:46:](#)

[Hakolhevel wrote on 04 Apr 2017 03:35:](#)

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And here I thought that was your excuse.

You got some readin' to do; it might help with some of your posts. It doesn't need to be my thread; it can be chullent's, pidaini's or liz's as well.

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Re: The Road To Being Honest With Myself (and others:)  
Posted by Shlomo24 - 04 Apr 2017 13:37

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I always cringe when I read my thread from the beginning.

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Re: The Road To Being Honest With Myself (and others:)  
Posted by Singularity - 04 Apr 2017 14:39

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[Shlomo24 wrote on 04 Apr 2017 13:37:](#)

I always cringe when I read my thread from the beginning.

ME TOO!!!

I think this torah vort will help me...

I **fell**! Oy!!

Next, I'm gonna try **really** working on my shmiras eynayim.

gotta filter my wife's phone..

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