

Tateh all my struggles are you
Posted by tiger - 13 Feb 2017 02:56

WWho gives me my breath?

who gives me my sight?

Who gives me strength?

Who gives me everything I have?

I think we all can agree that hashem gives it to us!!

So why don't I believe that my lusting comes from him too?

Why when I lust do I think that I am disconnected from hashem?

Without him I would never be able to lust! Why did he send me lust? To stay there and fall?
Heaven forbid!!

He sent lust so that I can understand what love means!

But what do I do now when I am all tied up in lusting for the wrong things?

I ask hashem to remove it for he is the one that blows life into it!

But I do this lots of times and I find it does not help me??????

We don't know hashems ways at all. We ask him to remove it and we are honest with ourselves
and we leave the rest up to him!

If it's so simple why do I keep falling?

It's not so simple to believe that everything is hashem,try it and see for yourself.

Just sharing some of my thoughts

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Re: Tateh all my struggles are you
Posted by tiger - 20 Feb 2017 14:40

This morning I was able to talk and daven to hashem to please show me the way to him.

even though I don't mean it with a emes but one day I will!!!

Hashem please put me on the right path!! There are so many ways and path with potholes on the way to you help me be on the path to you!

I am not doing this for myself, I don't know if I will have this world or the next but I am doing it for my family and because you say that lusting is not good for me. I am willing to ruin my life and anybody in my path,please hashem I know that you are sending me here because this is your will but please don't let me get stuck here let me do your will not mine,let me give my life over to your management.

Please let me realize that the way I am living my life is poisen,show me which way to turn and send me to the right people!

Thank you for everything you give me,you give me so many good things in life and I know without you I would be lost, I know you love me to no matter what I did or will do I will always be your dear son, you are waiting for my return, I don't know what's in store for me in life!Maybe you want me to struggle with this all my life,please help me accept this with happiness and be happy with this struggle and not be negative about it,and realize that this nesoyen can and will bring me closer to you!

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Re: Tateh all my struggles are you
Posted by tiger - 22 Feb 2017 03:01

Day 27!!

Today was pretty tough,I was dealing with some old fantasies and some STUFF (let's keep it

like that) maybe some sweet vulnerability!!! Ahhh don't we love that!

I just kept on saying this is not the normal way, this is not good for you and I blessed any woman and tried not to feel resentment towards her! For heavens sake what did she do to you, she has her own life and does not need you at all!

Asked hashem to remove this quite a few times and just prayed for today, I also have to say that talking to myself I did not feel pressure at all I felt very at peace!

I also had some time to meditate at a nice stream that was great too!

Hashem I want to want you!!!

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Re: Tateh all my struggles are you
Posted by tiger - 03 Mar 2017 02:49

Day 36, was a hard few min but at the same time a great day!!

I was hit totally off guard with something that was a trigger to me when I left work, and let's just say I took that first sip and refilled a few times till I was able to move on!! Now I had to deal with all those yucky selfish feelings the type that says screw you all I'm having a good time now etc.....

But the good news is that being that I am somewhat removed from past reaction I was able to feel and recognize what I am feeling and was able to ask hashem to help me for now to remove this selfish thoughts and then I was able to laugh and say "hey nutjob I hope you realize that these people kissing in the street are normal people going on with life (they might be wrong doing it in the Street but they don't deserve you staring at them) I am the one that is the nut, hear that nutcase!!!! And then I blessed them to be happy etc... This only comes from traveling out of the tunnel though I still am in there but I am almost emerging!!

Hashem may I continue to do you will and not mine and continue to see the truth!!

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Re: Tateh all my struggles are you
Posted by Markz - 03 Mar 2017 03:13

Great job seeing humankind as people deserving of your blessings

Mr nutjob, you deserve some too!

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Re: Tateh all my struggles are you
Posted by tiger - 03 Mar 2017 03:13

Oh and sorry I left out a very important fact I went ahead and called a freind and told him what I did!!!ouchhh

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Re: Tateh all my struggles are you
Posted by tiger - 03 Mar 2017 03:15

[Markz wrote on 03 Mar 2017 03:13:](#)

Great job seeing humankind as people deserving of your blessings

Mr nutjob, you deserve some too!

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Re: Tateh all my struggles are you
Posted by tiger - 03 Mar 2017 03:16

Warning: Spoiler!

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Re: Tateh all my struggles are you
Posted by Singularity - 03 Mar 2017 08:54

Yoh. A quote and then another reply with your comment in a spoiler. That's impressive.

Keep it up, tiger! I hate when people kiss in the street. But I remember when I used to. And I know why I did :-)

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Re: Tateh all my struggles are you
Posted by tiger - 15 Mar 2017 02:52

What's up with tiger!!

Its day 48! Learning is minimal davening is svach and I know that it's because my cheshek has

been burnt to the ground with some terrible stuff!! But who cares about the old days I feel reborn like a baby in pampers learning to walk for the first time! I am thirsty to anybody who God sends to help me (and he sends his messengers all the time)be it yiddish, chassidish, litvhus, sefardush, goyish,I am always listening out for God!

Last week I had an acquaintance open up to me(don't know why) that he is struggling with addiction, who knows God's ways!

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Re: Tateh all my struggles are you
Posted by Singularity - 15 Mar 2017 07:47

[tiger wrote on 15 Mar 2017 02:52:](#)

What's up with tiger!!

Its day 48! Learning is minimal davening is svach and I know that it's because my cheshek has been burnt to the ground with some terrible stuff!! But who cares about the old days I feel reborn like a baby in pampers learning to walk for the first time! I am thirsty to anybody who God sends to help me (and he sends his messengers all the time)be it yiddish, chassidish, litvhus, sefardush, goyish,I am always listening out for God!

Last week I had an acquaintance open up to me(don't know why) that he is struggling with addiction, who knows God's ways!

Help one another! What an opportunity!

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Re: Tateh all my struggles are you
Posted by tiger - 22 Mar 2017 01:54

Hello freinds, was wondering if anybody has any ideas on how to keep this struggle real??

Personally I find that as you move along it is very easy to forget your matziv!!

Forgetting=falling.

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Re: Tateh all my struggles are you
Posted by Markz - 22 Mar 2017 02:17

[tiger wrote on 22 Mar 2017 01:54:](#)

Hello freinds, was wondering if anybody has any ideas on how to keep this struggle real??

Personally I find that as you move along it is very easy to forget your matziv!!

Forgetting=falling.

As a non addict addict, I don't have this problem

I guess youre a nonanon

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Re: Tateh all my struggles are you
Posted by Singularity - 22 Mar 2017 08:04

[tiger wrote on 22 Mar 2017 01:54:](#)

Hello freinds, was wondering if anybody has any ideas on how to keep this struggle real??

Personally I find that as you move along it is very easy to forget your matziv!!

Forgetting=falling.

Dov suggests writing out your Step 1. All the dark stuff. This is for addicts and non-addicts alike. And maybe when you feel you're invincible, then go over it and see what you've done ..

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Re: Tateh all my struggles are you
Posted by GrowStrong - 22 Mar 2017 08:49

[tiger wrote on 22 Mar 2017 01:54:](#)

Hello freinds, was wondering if anybody has any ideas on how to keep this struggle real??

Personally I find that as you move along it is very easy to forget your matziv!!

Forgetting=falling.

I used to forget within 24 hours (on good days)

I find that focusing on recovery is helping me.

Its not a hobby I come back to that I keep for when times are boring.

Its something I am immersing myself in daily.

For some that means groups, and sponsors and steps are needed.

Whatever works best for you, you should do, but my advice is for now, don't treat it as a hobby, treat it as part of your daily seder.

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