

Bb0212's road...

Posted by bb0212 - 06 Feb 2017 14:45

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So I'm officially at 10 days. Might be more, pretty sure it's not less, I started my chart after being clean for a few days but I wasn't keeping track. I kinda gave up the long term fight, didn't see how I'd win that fight. However I finally finally finally figured out how to properly filter my phone. I was getting around every filter until a couple of weeks ago. A kosher phone made this seem possible, then I joined these forums so lots of hope here.

One of the reasons I decided to do this is to "be faithful" to whomever my next wife will be, kinda like I was clean for a year or two before my first marriage. Back then, I was only clean after giving up movies/tv. The amount "undercover" sexuality on tv/movies is mind boggling for a society where there's no such thing as sexism. I wonder why we don't see the women's lib protesting the disproportionate amount of female to male sexualizing... (I'm being slightly sarcastic). At some point I'll have to give up movies/tv again and I will. But not yet...

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Re: Bb0212's road...

Posted by Gevura Shebyesod - 27 Dec 2017 11:33

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Wow that's crazy. Hope you can get it taken care of. Is there Chaveirim where you live?

Hashem Yemalei Chesroncha. Keep up the good attitude.

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Re: Bb0212's road...

Posted by Hashem Help Me - 27 Dec 2017 12:07

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Wow. From the way you are handling this, i am in awe of you. And after speaking with you, i am convinced you are a tzaddik.....

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Re: Bb0212's road...

Posted by cordnoy - 27 Dec 2017 12:50

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God speed!

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Re: Bb0212's road...

Posted by lionking - 27 Dec 2017 14:02

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I really feel for you. I can totally relate to the money issues...

Really impressed with your attitude about the whole situation. I would've acted out just from the stress of dealing with this accident even if I would have had the money for it. Thank God you are safe and sound and may Hashem bless you with loads of money and very little stress and worry.

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Re: Bb0212's road...

Posted by bb0212 - 27 Dec 2017 17:06

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Wow that's crazy. Hope you can get it taken care of. Is there Chaveirim where you live?

Hashem Yemalei Chesroncha. Keep up the good attitude.

GS: Amen, thank you! there's chaveirim, but they couldn't help. Eventually igot home at like 5:30or 6

HMM, the word tzaddik apparently has different meanings in my book. But you did get me to and btw, YOU are a special Yid. Incredible. Not at all saying that because of what you called me, you have just really been an inspiration. Thank you holy brother!

Cords, thank you for your encouragement a and amen!

LK, trust me, you would not have acted out if you were located where iwas. Absolutely no privacy.

??? ??? ???!

One more thing. Which one of you was truckin that truck? Cuz you gotta be more careful. Chill out

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Re: Bb0212's road...

Posted by Hakolhevel - 28 Dec 2017 01:56

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[bb0212 wrote on 25 Dec 2017 04:36:](#)

Earlier today I fell. The past week or so was so freakin stressful. Last week I woke up one morning shocked that I was still clean, that with all the stress the night before, I managed to fall asleep staying clean.

But today I wanted to fall. Kinda rebellious or something, dunno how to describe it.

So... Here's the catch. and I might (&probably should) get yelled at for this:

It released so much tension! So yeah, it was wrong, but right now it's been helpful.

Just to quote the Dov: There is no situation in life that lusting won't make it worse.

Think about it.

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Re: Bb0212's road...

Posted by bb0212 - 28 Dec 2017 15:28

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[Hakolhevel wrote on 28 Dec 2017 01:56:](#)

[bb0212 wrote on 25 Dec 2017 04:36:](#)

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Ok.

perhaps that's true, but it depends on how you look at it. Besides, I'm not sure that I would qualify where I was, as lusting. I was very very stressed out & my usual release (basketball) hadn't been available for weeks. By falling, I released so much stress. Then I started my count again right away, but with less stress.

In the past, when I would fall once, I would fall a few times, or a bunch more. Then, after a few

days/weeks, I'd restart my count. However, this time I realized that falling might feel good, but it was entirely unnecessary - the stress was already gone. And I didn't fall.

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Re: Bb0212's road...

Posted by Hakolhevel - 29 Dec 2017 03:29

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[bb0212 wrote on 28 Dec 2017 15:28:](#)

[Hakolhevel wrote on 28 Dec 2017 01:56:](#)

[bb0212 wrote on 25 Dec 2017 04:36:](#)

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There is no situation in **life** that lusting won't make it worse.

FOCUS on the word LIFE

?IF you are looking at your current stress level, maybe it went down (temporarily) , But your life is back in shambles. Proof is in the pudding, you came here to tell us about it, and you sound confused.

But the silver lining as tzomah said is that you where honest about what you felt, but hopefully you where honest about it with a real person too, because honesty here doesn't translate into much...

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Re: Bb0212's road...

Posted by bb0212 - 29 Dec 2017 07:53

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[Hakolhevel wrote on 29 Dec 2017 03:29:](#)

**Warning: Spoiler!**

There is no situation in **life** that lusting won't make it worse.

FOCUS on the word LIFE

?IF you are looking at your current stress level, maybe it went down (temporarily) , But your life is back in shambles. Proof is in the pudding, you came here to tell us about it, and you sound confused.

Can you please clarify the above quote, I really don't understand what you're trying to tell me.  
Ty

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Re: Bb0212's road...

Posted by Hakolhevel - 03 Jan 2018 04:05

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I quoted "*There is no situation in life that lusting won't make it worse.*"To which you responded, *it depends on how you look at it, implying in a certain sense, life has gotten better (or at least that's how I understood it)* My response to that was, *maybe your stress level has gotten better, or other details, but your life, living real life, has only gotten worse.* See my post number #316524 page 11 here.

[guardyoureyes.com/forum/4-On-the-Way-to-90-Days/306108-The-Road-To-Being-Honest-With-Myself-\(and-others\)?limit=15&start=150#316524](http://guardyoureyes.com/forum/4-On-the-Way-to-90-Days/306108-The-Road-To-Being-Honest-With-Myself-(and-others)?limit=15&start=150#316524) As a disclaimer, obviously I am only sharing my experience and what works for me may not work for you.

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Re: Bb0212's road...

Posted by bb0212 - 04 Jan 2018 18:31

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Fell this morning. Was up all night watching movies

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Re: Bb0212's road...

Posted by serenity - 04 Jan 2018 19:21

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HALT

Hungry

Angry

Lonely

Tired

So, time to get back on the plan, I guess. My gut says you will pick right back up again!

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Re: Bb0212's road...

Posted by bb0212 - 05 Jan 2018 06:53

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[serenity wrote on 04 Jan 2018 19:21:](#)

HALT

Hungry

Angry

Lonely

Tired



So, time to get back on the plan, I guess. My gut says you will pick right back up again!

Haven't gotten up yet. My truck needs a tuneup to get me back up and trucking.

I'm just numb. Which is ~~probably~~ why I fell to begin with.

dunno where to go from here.

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Re: Bb0212's road...

Posted by MayanHamisgaber - 05 Jan 2018 09:49

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[bb0212 wrote on 05 Jan 2018 06:53:](#)

[serenity wrote on 04 Jan 2018 19:21:](#)

HALT

Hungry

Angry

Lonely

Tired

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Haven't gotten up yet. My truck needs a tuneup to get me back up and trucking.

I'm just numb. Which is ~~probably~~ why I fell to begin with.

dunno where to go from here.

Sounds like you need to make a phone call if I may suggest

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Re: Bb0212's road...

Posted by youcan - 05 Jan 2018 15:42

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First stop acting out, don't think in whether you got up already or not & if you fall again... get up again. By giving up on the situation you don't make things better.

I didn't find yet my way out of a fall, I'm only doing the above & it helps sometimes.

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