

My Story, the second first day

Posted by OneLife - 24 Nov 2009 07:22

Hi, friends.

The first time I started my 90 days journey I thought i will succeed.

My problem to stay clean is the triggers that i can see everyday.

everyday i'm going by rail to my work, 7 years already. there are a lot of triggers i can do efforts to get my head down, but its not simple at all, to do that for two hours everyday for years.

the second trigger is in my work, i sit near two weman that come to work with very provocative clothes.

I don't know how to struggle with this daily triggers.

moreover , I connet to Internet "Rimon", and this is the worst filter i have ever seen before. but i disappointed.

their filter crashed when i start to challenge it. it miss a lot of inappropriate web pages, i spoke with them about that, but they didn't fixed their breaches, just a little.

i submit a request to rav Sherlo to do something with that, since it could be that a lot of males fall when thay surf through internet "Rimon".

I havn't got an answer yet.

today i started my first day clean, I wish with your help to succeed.

Thank you, friends.

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Re: My Story, the second first day

Posted by OneLife - 01 Feb 2010 21:24

steve and SB those 48 clean days are yours (and all GYE) more then mine.

now i can pray and ask G-d on everything,

i tell hashem " BIZCHUS the 48 clean days please ..."

those days have a big power to everything.

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Re: My Story, the second first day

Posted by imtrying25 - 01 Feb 2010 21:34

OL we need to meet up. I need to see this upbeat person live! Your mechazek me in more ways that you can imagine! Happy 48th! Keep on rollin!!

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Re: My Story, the second first day

Posted by OneLife - 01 Feb 2010 21:56

glad to hear that from you, IT25.

it will be one time B"H ...i want to see you too man ..

its very simple as we pray everytime "bizchus Avraham Yizchak & Yaakov let us ..."

the same way:

we "remind" hashem our zchuios and ask from him.

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Re: My Story, the second first day
Posted by imtrying25 - 01 Feb 2010 21:57

CANT WAIT!!!! LO YACHOL LEHAMTIN!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: My Story, the second first day
Posted by OneLife - 01 Feb 2010 22:05

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Re: My Story, the second first day
Posted by imtrying25 - 01 Feb 2010 22:06

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Re: My Story, the second first day
Posted by OneLife - 01 Feb 2010 22:24

IT25 you really amazing me,

when i write one massage to somebody, you write 20. :D :D

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Re: My Story, the second first day
Posted by imtrying25 - 01 Feb 2010 22:40

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Re: My Story, the second first day
Posted by OneLife - 02 Feb 2010 06:44

[imtrying25 wrote on 01 Feb 2010 22:40:](#)

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you artist too??

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Re: My Story, the second first day
Posted by OneLife - 02 Feb 2010 07:36

50 days clean!!

there is no another way accept of being clean.

its a heal process of everything not just the addiction,

suddenly, i find myself send SMS messages to my wife "I LOVE YOU..." one time a day,

the SLOM BAIT is great. im happy all the time.

something that ive learnt at this period so far is never give up to the MENUVAL (Y"H) but never!!

even a little second look on a pretty woman on the street, even after 50 days.

YODEA ZADDIK NEFESH BEHEMTO means i know what can trigger me or even a little trigger that can HAS VESHALOM lead me to another trigger and than to the big crash.

the Y"H tells you come on man it just a litle look, it won't trigger you to nothing, you 50 days clean you are strong.

i answer the MENUVAL i don't believe you , i know your tricks, just leave me alone.

just in such way, every little victory leads you feel the heal, you will feel that you need it less and less and less.

i wish you my holy guys to learn from that.

may G-d be with me on the rest of my journey. (more 40 days...)

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Re: My Story, the second first day
Posted by imtrying25 - 02 Feb 2010 12:14

I only have one word to respond **WOW!!!**

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Re: My Story, the second first day
Posted by sci1977 - 02 Feb 2010 15:10

Keep up the great work.

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Re: My Story, the second first day
Posted by Steve - 02 Feb 2010 15:25

I'd like to add to IT25....

WOWIE!!!!

One Life, thank you for joining this chevra and showing us the joy of a pure life!!

Keep it going strong, man. We're gonna make it together!!

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Re: My Story, the second first day

Posted by OneLife - 02 Feb 2010 15:38

i don't know how to say it,

but the GUE members are so so so zadikim,

so much ahavat israel,

so much "KOL ISRAEL AREVIM ZE LAZE"

sure, G-d is in the forum now, and say maybe now is the moshiach time??

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