## **GYE - Guard Your Eyes**

Generated: 23 July, 2025, 02:05

I will make it b'e"h Posted by MayanHamisgaber - 19 Dec 2016 23:17

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Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b"h

Posted by bb0212 - 03 Apr 2017 00:00

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MayanHamisgaber wrote on 02 Apr 2017 13:41: encouraging and thoughtful that i know i can do this for good!

Damn it

Curse bein hazmanim

curses to myself

getting up and trying again

That happened. It's fine.over. You already did all the cursing, so there's nothing left to do but ask What's ahead?

bein hazmanim. Yep, bein hazmanin is still ahead and you can succeed. Go truck/boat/bike odaat or obhaat

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Re: I will make it b"h

Posted by Hashem Help Me - 03 Apr 2017 11:24

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MayanHamisgaber wrote on 02 Apr 2017 13:41:

Damn it

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Curae hein hezmenim
Curse bein hazmanim
curses to myself
getting up and trying again
Sounds really disappointing and tough. However your honesty is A1. And that will pull you out of this mess with Hashem's help. Dont curse yourself. You are a great guy who has inspired so many of us. Just try to figure out what triggers ignite bein hazmanim and try to prepare for them in advance. Maybe someone should start a thread about the bein hazmanim nisyonos and suggestions. I am sure many out here have experienced the challenges and the successes. and have good ideas to share.
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Re: I will make it b"h Posted by dd - 05 Apr 2017 02:02
Hey there Mayan!!
Just read through this thread for the first time and its really amazing and inspiring to me. while i was reading it i was thinking what i will post at the end
and now
Your doing great (down to the last post)!!!!
Hang in there bro!!!!
KOMT!!!

2/7

Re: I will make it b"h Posted by MayanHamisgaber - 05 Apr 2017 17:51
Thank you all for the posts and support
There were no triggers nothing but old territory that I thought I prepared for but guess I didn't.
I have since had many more opportunities and did not have any problems B"H and now have switched local for awhile so all is good.
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Re: I will make it b"h Posted by dd - 06 Apr 2017 04:30
Hang in there bro!!!
I know what mean by the old territory thing
Like they say I/We need/ed every fall to get to my sobriety(did I get that one right?).
KOMT!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!
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Re: I will make it b"h Posted by Hashem Help Me - 06 Apr 2017 11:20
Continued hatzlocha. And continue being an inspiration.

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Re: I will make it b"h Posted by MayanHamisgaber - 06 Apr 2017 22:27
Oh and by the way Cordnoy thanks for shorting your signature
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Re: I will make it b"h Posted by MayanHamisgaber - 06 Apr 2017 22:31
dd wrote on 06 Apr 2017 04:30:
Hang in there bro!!!
I know what mean by the old territory thing
Like they say I/We need/ed every fall to get to my sobriety(did I get that one right?)
KOMT!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!
For an addict I cannot say for me it is not about sobriety I am "sober" just have a Y"H
anyone want to give another opinion I would not mind hearing
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Re: I will make it b"h Posted by dd - 06 Apr 2017 22:40

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So if its about the Y'H then we know ??? ???? ???? and then ???!!!
KOMT!!!!
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Re: I will make it b"h Posted by cordnoy - 06 Apr 2017 23:23
MayanHamisgaber wrote on 06 Apr 2017 22:26:
Plan on joining the call tomorrow let me know the time please
As of now, 9:45
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Re: I will make it b"h Posted by Workingguy - 06 Apr 2017 23:36
cordnoy wrote on 06 Apr 2017 23:23:
MayanHamisgaber wrote on 06 Apr 2017 22:26:
Plan on joining the call tomorrow let me know the time please
As of now, 9:45
Might be able to join at around ten.

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