

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b"h

Posted by cordnoy - 16 Mar 2017 16:18

[GrowStrong wrote on 16 Mar 2017 16:04:](#)

encouraging and thoughtful that i know i can do this for good !

[cordnoy wrote on 16 Mar 2017 15:52:](#)

[Gevura Shebyesod wrote on 16 Mar 2017 15:31:](#)

[cordnoy wrote on 16 Mar 2017 14:44:](#)

[Gevura Shebyesod wrote on 16 Mar 2017 14:29:](#)

[cordnoy wrote on 16 Mar 2017 14:08:](#)

I am not a cheerleader

Il can dream, can't I?

Dreaming gets me in trouble

I **agree**, except by me: Dreamin' gets me in trouble.

Either way I am adding Cordnoy dressed up as a cheerleader to my panic button file.

You missed one.

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Re: I will make it b"h

Posted by GrowStrong - 16 Mar 2017 16:31

[Trouble wrote on 16 Mar 2017 16:12:](#)

Can everyone please wake up and mind their own business? Thanks

Why do I like trouble so much.

Its a drop troubling.

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Re: I will make it b"h

Posted by MayanHamisgaber - 16 Mar 2017 21:30

Wow I leave for a few hours and things go crazy this thread looks like it belongs on the

Warning: Spoiler!

"depressed persons chill spot"

Anyways I don't remember if I dream or not so can't relate to this schmooze....

Singularity: Everything I do is appreciated/acknowledged just hard to see past the kvetchin(g)

Posted by Shlomo24 - 16 Mar 2017 23:32

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Posted by MayanHamisgaber - 17 Mar 2017 10:31

Am i really so messed up that I can't see the negativity I give off??????????????

Posted by Yosef Tikun HaYesod - 17 Mar 2017 13:05

Posted by Workingguy - 17 Mar 2017 17:08

B'hatzlacha

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Re: I will make it b"h

Posted by Markz - 19 Mar 2017 02:53

[MayanHamisgaber wrote on 19 Mar 2017 00:26:](#)

Day 90

I am not going to celebrate as I do not consider myself an addict, this did not feel like a challenge.

Maybe if jI make it thru bein hazmanim clean that would be exciting.

Don't get me wrong, I feel that staying clean for 90 days is an accomplishment, jut I do not think that as a non addict it is the same as for addicts.....heck this might not even be the first time reaching 90 days for me I never kept track....

I would like to thank gye/Ya'akov and all the wonderful members here that have helped me get to this point and look forward to continue working on myself together.

B'hatzlacha

So I'll have to celebrate your guardyoureyes milestone all by myself

I highly recommend you note what tools you feel have helped you on the first leg of your journey as I did on my non addict 90th day post (click on "my story" below)

Thanks for being part of the crew!

And much blessings on your next leg of the Trucking mile

Warning: Spoiler!

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Re: I will make it b"h
Posted by Hashem Help Me - 19 Mar 2017 03:34

Mazel tov Mayan! Even if you don't celebrate, at least give yourself a pat on the back! Sforim tell us the roshei taivos of the "bad malach's name" is Siyum Mesechta Ain La'asos. That when one finishes a masechta, he tries to make sure one doesn't celebrate with a siyum. Don't let the mesayem who worked so hard bring out the geshmak. Mayan, of course we all respect your personal decision, but maybe do something, even very small, to mark an incredible accomplishment. The world out there is full of shmutz. The language, culture, entertainment, mode of dress (or lack f dress), and the general way of thinking, make you a hero for standing up and saying NO. May Hashem bless you that the mayan ha'brocha flow over with haspaos tovos for you and your family.

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Re: I will make it b"h
Posted by Shlomo24 - 19 Mar 2017 05:38

Mazel Tov!

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Re: I will make it b"h
Posted by bb0212 - 19 Mar 2017 09:04

[MayanHamisgaber wrote on 19 Mar 2017 00:26:](#)

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B'hatzlacha

MAZ-- wait a second. I'm no addict so I won't wish you a Mazal tov.

May you continue to have many more non accomplishments, one non accomplishment at a

But seriously, what you did is tremendous, no matter how "easy" it was for you. Every time that you were challenged & you won the battle, you strengthened yourself and gave a spiritual boost to every Jew in the world. So I'd like to give a personal thank you & keep it up!

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Re: I will make it b"h

Posted by GrowStrong - 19 Mar 2017 10:09

Good deal,

Keep it going!

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Re: I will make it b"h

Posted by MayanHamisgaber - 19 Mar 2017 12:13

Thanks for the chizuk everyone

?I know I sound unenthusiastic but to get excited is dangerous for me so unfortunately I must downplay this a little.

Markz: the tools I have used were chizuk emails, posting when in need of advice or just to vent, emailing/chatting with "freinds" here for the same reasons and also to just try to be normal, listening to the recordings of Dov's calls, some of the audio shiurim and vidoes on the site

And the most important tool DAVENING TO HASHEM TO HELP ME

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