

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

---

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

=====

Re: I will make it b"h

Posted by MayanHamisgaber - 24 Jan 2017 21:36

---

day 36

encouraging and thoughtful that i know i can do this for good !

didn't think i'd end up posting a daily thing .....

)

?wife might be getting sick and we know what that means.....more weariness uptight frustrated  
(yeah right)

B'hatzlacha

=====

Re: I will make it b"h

Posted by Singularity - 25 Jan 2017 10:35

---

[MayanHamisgaber wrote on 24 Jan 2017 21:36:](#)

day 36

didn't think i'd end up posting a daily thing .....

)

feeling a little better though still sleeping (especially through shiur

?wife might be getting sick and we know what that means.....more weariness uptight frustrated  
(yeah right)

B'hatzlacha

blah blah blah.. but wont think about it till it happens

REFUAH SHLEIMA!

Don't worry, Mayan. You're a **nice** guy

=====

Re: I will make it b"h

Posted by MayanHamisgaber - 25 Jan 2017 14:06

---

thamx singer needed that here is a karma for you!!!!

staying home a little so wife can sleep.....

B'HATZLACHA

=====

Re: I will make it b"h

Posted by Singularity - 25 Jan 2017 14:44

---

Thanks brah!

THINK OF THE SHALOM BAYIS BROWNIE POINTS!!!! ---- Cash em in later.

=====

=====

Re: I will make it b"h

Posted by Shlomo24 - 26 Jan 2017 01:56

---

[MayanHamisgaber wrote on 24 Jan 2017 19:32:](#)

[Hashem Help Me wrote on 23 Jan 2017 23:07:](#)

On these forums we are given the opportunity to bare our hearts and share it all. Our comments are read by non judgmental people who have experienced similar challenges and feelings. Much of what we write here or speak to each other about we would never dream of speaking about in "the outside world". In general I have a very refined vocabulary, having been trained that that is how a yid speaks. However for my recovery I must write and talk graphically about what most would consider obscene and inappropriate. Feel free to write more. Its for your own good. Wishing you the best

thanks for the post however i happen to disagree about talking graphically (once posted this on a different forum) while true that we must talk more openly than others however the issur of nivul peh still exists even for us so totally letting loose IMHO is not the way to go so as much as i want to blast everything (and probably lose a few friends) i can't so whatever slips out that's it

So what should I do when I have homosexual sex and do things that are very shameful for me? It eats me up on the inside if I don't share it. So I just shouldn't share it? Say it in Hebrew? (As if that's better).

I'll tell you what I do. I use descriptive terms but not explicit ones. I won't be say @)@\$@(\$ or)&) or)@\$@"\$") (Those don't correspond to anything) but I will describe what happened in the most technical terms possible. There are many marital therapists who are upstanding Jews. My therapist is a marital therapist also and he's a respected Rabbi in the frum community. He talks about sex all the time, whether it be with me or with other clients. It actually came up in session when I didn't want to say something because I felt awkward. He's was like "You think I don't talk about these things?"

=====

Re: I will make it b"h

Posted by Singularity - 26 Jan 2017 08:03

---

[Shlomo24 wrote on 26 Jan 2017 01:56:](#)

[MayanHamisgaber wrote on 24 Jan 2017 19:32:](#)

[Hashem Help Me wrote on 23 Jan 2017 23:07:](#)

On these forums we are given the opportunity to bare our hearts and share it all. Our comments are read by non judgmental people who have experienced similar challenges and feelings. Much of what we write here or speak to each other about we would never dream of speaking about in "the outside world". In general I have a very refined vocabulary, having been trained that that is how a yid speaks. However for my recovery I must write and talk graphically about what most would consider obscene and inappropriate. Feel free to write more. Its for your own good. Wishing you the best

thanks for the post however i happen to disagree about talking graphically (once posted this on a different forum) while true that we must talk more openly than others however the issur of nivul peh still exists even for us so totally letting loose IMHO is not the way to go so as much as i want to blast everything (and probably lose a few friends) i can't so whatever slips out that's it

So what should I do when I have homosexual sex and do things that are very shameful for me? It eats me up on the inside if I don't share it. So I just shouldn't share it? Say it in Hebrew? (As if that's better).

I'll tell you what I do. I use descriptive terms but not explicit ones. I won't be say @)@\$@(\$ or)&) or)@\$@"\$") (Those don't correspond to anything) but I will describe what happened in the most technical terms possible. There are many marital therapists who are upstanding Jews.

My therapist is a marital therapist also and he's a respected Rabbi in the frum community. He talks about sex all the time, whether it be with me or with other clients. It actually came up in session when I didn't want to say something because I felt awkward. He's was like "You think I don't talk about these things?"

I think it depends. Do you want to grow? Even *Loshon Hora l'To'eles* is applicable in certain situations.

Or do you just wanna assert your manliness?

=====  
=====

Re: I will make it b"h  
Posted by Shlomo24 - 26 Jan 2017 15:39

---

Was that last post a question to me?

=====  
=====

Re: I will make it b"h  
Posted by MayanHamisgaber - 26 Jan 2017 18:27

---

i never said not to be explicit when needed just not to get out of hand

i too speak to a rebbe and he likes to start off by saying "ok lets talk with the tush on the table"

B'hatzlacha

=====  
=====

Re: I will make it b"h  
Posted by Shlomo24 - 27 Jan 2017 05:55

---

[MayanHamisgaber wrote on 26 Jan 2017 18:27:](#)

i never said not to be explicit when needed just not to get out of hand

i too speak to a rebbe and he likes to start off by saying "ok lets talk with the tush on the table"

B'hatzlacha

Gotcha. I've no idea what "tush on the table" means though. Are you chassidish?

=====

Re: I will make it b"h

Posted by Singularity - 27 Jan 2017 07:03

---

[Shlomo24 wrote on 26 Jan 2017 15:39:](#)

Was that last post a question to me?

Only if you wanna assert your manliness.

=====

Re: I will make it b"h

Posted by Shlomo24 - 27 Jan 2017 18:41

---

[Singularity wrote on 27 Jan 2017 07:03:](#)

[Shlomo24 wrote on 26 Jan 2017 15:39:](#)

Was that last post a question to me?

Only if you wanna assert your manliness.

I sure as f@\$\*&%g hell want to.

=====  
=====

Re: I will make it b"h

Posted by MayanHamisgaber - 28 Jan 2017 20:49

---

[Shlomo24 wrote on 27 Jan 2017 05:55:](#)

[MayanHamisgaber wrote on 26 Jan 2017 18:27:](#)

i never said not to be explicit when needed just not to get out of hand

i too speak to a rebbe and he likes to start off by saying "ok lets talk with the tush on the table"

B'hatzlacha

Gotcha. I've no idea what "tush on the table" means though. Are you chassidish?

it means saying it clearly no "rimuzim"

no i am not chassidish

=====  
=====

Re: I will make it b"h

Posted by MayanHamisgaber - 29 Jan 2017 16:44

---

hey all

bad day bad bad days

4 months after birth and in the red and no end in sight

watching screaming baby while wife by dentist spending all savings....

anything else Hashem wants to throw at me hell can get worse i know but why is it so damn hard

=====  
=====

Re: I will make it b"h

Posted by Hashem Help Me - 29 Jan 2017 19:54

---

Sounds really tough. Hashem should help that very soon you get out of this matzav so well that you can look back and laugh.

=====  
=====