

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b'e"h

Posted by Gevura Shebyesod - 29 Jan 2018 20:10

encouraging and thoughtful that i know i can do this for good !

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Re: I will make it b'e"h

Posted by tzomah - 29 Jan 2018 21:37

feel for you

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 14 Feb 2018 22:24

In a very volatile situation not doing well fell last night

Hey Mayan when Mark'z done with the tank-crane we can send it over to you...
good bye

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Re: I will make it b'e"h

Posted by Gevura Shebyesod - 15 Feb 2018 00:09

Sorry to hear hang in there.

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Re: I will make it b'e"h

Posted by Hashem Help Me - 15 Feb 2018 04:44

Sorry to hear you are having it rough. Are things settling down in general with your move?

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 22 Feb 2018 00:30

It's amazing what a little structure in the day can do for stability

that i can make it to meet some guys soon

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Re: I will make it b'e"h

Posted by mikestruggling - 22 Feb 2018 19:38

There it is the "H" word.

Now I understand the thing that bothered me. How come here they say hope is a bad word when in program we're supposed to share our hope?

The answer is that there are two types of hope. Hope is not a good word when discussing what I should do. "I hope I work my program" "I hope I make a phone call" "I hope I don't look" All that and more are the bad type of hope. Stop hoping and start doing.

The good type of hope is hoping for results. "I will make a phone call I hope it helps" "I will work my program I hope my life improves and I'll achieve serenity" "I won't look I hope Hashem will take away the obsession" I can only do what I can. I have no control over results.

Best of luck.

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Re: I will make it b'e"h

Posted by lifebound - 22 Feb 2018 23:40

[mikestruggling wrote on 22 Feb 2018 19:38:](#)

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Best of luck.

Good stuff. I do too much type 1 hoping.

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 22 Feb 2018 23:57

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Best of luck.

Mike

It looks like one little piggy is doing well b"h

KOMTNMW

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Re: I will make it b'e"h

Posted by mikestruggling - 24 Feb 2018 19:48

[MayanHamisgaber wrote on 22 Feb 2018 23:57:](#)

[mikestruggling wrote on 22 Feb 2018 19:38:](#)

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KOMTNMW

I wis I was doing good. I'm actually in the ~~BWR~~ hole. I think in the literature of SA/AA it says "self knowledge doesn't work". I'm an addict if a knife was over my head I would still act out. Except if I work my program. And I needed a beter step 1 but now I've got it. So ODAAT.

Stay Strong

(join program?)

God loves you.

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 19 Mar 2018 04:10

not doing well fell again today

been trying to setup a meeting with someone to discuss how to live.....

i think i need to change the name of this thread starting to lose faith in myself

and no meetings are not an option .

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Re: I will make it b'e"h

Posted by Markz - 19 Mar 2018 04:23

[MayanHamisgaber wrote on 19 Mar 2018 04:10:](#)

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2. been trying to setup a meeting with someone to discuss how to live.....

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4. and no meetings are not an option .

1. Sorry to hear

2. "Trying and Tryin' are 2 different things"

3. I believe if you change your thread to "I can not make it", you may find success faster

4. No will, or practically impossible?

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 19 Mar 2018 11:53

[Markz wrote on 19 Mar 2018 04:23:](#)

[MayanHamisgaber wrote on 19 Mar 2018 04:10:](#)

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2. please elaborate

1.

4. both but mostly the latter

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[MayanHamisgaber wrote on 19 Mar 2018 11:53:](#)

[Markz wrote on 19 Mar 2018 04:23:](#)

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About #2, Cordnoy has something in his signature about "2 different things". Yet his Tryin' is different than the regular "trying". I hope you can get what I'm *trying* to say

3.
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Re: I will make it b'e"h

Posted by MayanHamisgaber - 19 Mar 2018 13:39

[Markz wrote on 19 Mar 2018 13:23:](#)

[MayanHamisgaber wrote on 19 Mar 2018 11:53:](#)

[Markz wrote on 19 Mar 2018 04:23:](#)

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1.

not trying to be difficult but i don't get it yet

but let me add that i had a meeting set up with Dov but had to cancel do to a medical situation and we are waiting for the next time to be able to meet

3.
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