

Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 21 Nov 2009 23:43

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Hi Guys,

I have (stupidly) neglected this forum because I was simply overwhelmed by the amount of new material on here on a consistent basis. I started my 90 day trip last year on November 20th, and I'm doing the same this year. I've set up my cell phone in such a way that I will be able to send and receive calls for free so I can call my partner and call the phone conferences for free.

Today, Shabbos, was day 2. Let the chizuk flow, because this will NOT be easy. I'm reaching for a new plateau compared to last year. I fully believe that when faced head on with temptation, I am completely powerless. I become a shell of myself, completely out of control. I know though, that if I never give up and I take the right steps, I will win the war despite the lost battles. Signing off,

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by silentbattle - 21 Dec 2009 14:24

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Second step - doing something about it...which you're doing, even at the sacrifice of something you enjoyed! Can you find other options for humor, without the triggers?

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by the.guard - 21 Dec 2009 15:13

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[Ano Nymous wrote on 21 Dec 2009 03:59:](#)

I'm adding one more site to my mental "do not go" list. WAY too many

triggering things to be found there, despite the great humor I got there as well. Oh well. I shall not go there any more.

"Live and Learn" is what life's all about. Sometimes it takes 120 years. :D But you're doing great!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by silentbattle - 21 Dec 2009 15:35

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A wise man once pointed out that everyone makes mistakes. What determines the kind of person we are is, what do we learn and do about it?

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 21 Dec 2009 17:21

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Thanks for all the support guys!

Today is day 32. I'm on DC's call right now, and it's great. I feel great knowing that I am doing the best I can, and doing so much more good than I was doing just last year. I'm not "there" yet, but then again, I'll never get "there." But so long as I am going forward on the correct road and doing my best, I have nothing to be ashamed of.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by imtrying25 - 21 Dec 2009 22:14

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heck i never knew baby seals get ashamed. I guess ill have to be more careful next time i go to gan hachayot.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by silentbattle - 22 Dec 2009 13:14

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IT25 - you can bring along some of those tzniyus shawls that they have at the kotel, and offer them to the seals :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 23 Dec 2009 03:14

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Day 33. Done.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by the.guard - 23 Dec 2009 13:37

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[Ano Nymous wrote on 23 Dec 2009 03:14:](#)

Day 33. Done.

Good deal, seal!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

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Posted by 7yipol - 23 Dec 2009 18:10

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34 - back for more?

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by imtrying25 - 23 Dec 2009 18:11

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35- keep that streak alive.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 24 Dec 2009 07:03

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You guys are going to confuse my counting. Day 34 was today, I believe. I'm keeping to my deal, and not going to that one site that was causing me problems. The more I try to "drink like a gentleman," the more I realize that I just cannot do it. I'm actually allergic. Once I look at or think about something for a second too long, it grabs me and pulls me down. I just have to let it go...

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by 7yipol - 24 Dec 2009 09:31

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What do baby seals like to eat Ano?

Coz you definitely deserve a treat!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by imtrying25 - 24 Dec 2009 11:54

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I want one Mommy. I was soooooooooooooooooo good.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by 7yipol - 24 Dec 2009 14:16

Smart move Ano. Steps like these are what takes us far.

[imtrying25 wrote on 24 Dec 2009 11:54:](#)

I want one Mommy. I was soooooooooooooooooo good.

Okay, okay IT, you can have a frozen raw herring too! :D :D

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