

Zipper go@90

Posted by zipper - 24 Jul 2016 14:35

so then, this will be my first day trying to keep sober for 90 days. I don't believe I can do it,... on my own I always failed again after a while. In a group I felt too much pressure that "you're only good if you stay sober". So now I try more unanimous internet. The same unanimous tool that shapes my addiction. If I can do 3 days I will notice a friend about what I am trying with GYE help.

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Re: Zipper go@90

Posted by TzedekChaim - 07 Oct 2016 16:43

Good going Zipper!

What do you mean by "pressure"?

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Re: Zipper go@90

Posted by Teshuvahguy - 07 Oct 2016 18:33

I'm with Shlomo. much hatzlacha

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