

Singularity's Journey

Posted by Singularity - 12 Jul 2016 09:18

Well here I am, aaaagain! Actually this is the first time I've posted in this forum but I've decided to give it a 90-days go. Again. Oh boy.

BH married, 2 wonderful kids and a good job. Good learning and constantly striving for closeness to Hashem. Now have to kick this habit.

I'm in two minds. One one hand, it's good to track progress and discuss your falls and high moments. It gives chizuk for the long haul ahead. However is there not also an idea that the less attention you give something, the less of a problem it is? Any ideas?

Well here I am on day 1. The bulk of Shavuos to Rosh Hashonah is about passed. We're in Bamidbar - a desolate stretch of Torah (from Beha'aloscha at least) where we as a nation fell gravely and were beaten time and time again, due to Ta'avah and Kavod. All put to an end by Pinchas's sole act of zealousness, the seal to all the impure outflow. And I feel it reflects in the time of year. Nothing's happening! No Chagim. Worse, 17th of Tammuz, 9th of Av. It's the Yetzer Hara's playing ground and I always get knocked down strongest here. It's a *metzi'us*. So I wish to be a phoenix rising from the ashes of a downtrodden nation. And let's all be that together iyH.

Elul will be a lot easier I feel. It's the desolate months of Tammuz and Av that pose the real challenge. But let's see how it goes. Day 1!

=====

=====

Re: Singularity's Journey

Posted by MayanHamisgaber - 16 Jan 2017 13:43

hell of a post need to digest this....

Hashem loves you for facing this with a good heart and not just giving up

KOMT

B'hatzlacha

=====

Re: Singularity's Journey

Posted by Markz - 16 Jan 2017 14:06

[Singularity wrote:](#)

I'm just checking in

Please don't check out

Warning: Spoiler!

I really appreciate your posts, and you too!!

=====

Re: Singularity's Journey

Posted by Singularity - 16 Jan 2017 14:44

Thanks guys.

I'm getting tired of giving up. Giving up is too exciting. Golden ticket to doing whatever I want.

I'm old. I'm set in my boring ways. Thanks for reading my rants y'all.

=====

Re: Singularity's Journey

Posted by cordnoy - 16 Jan 2017 14:51

[Singularity wrote on 16 Jan 2017 14:44:](#)

Thanks guys.

I'm getting tired of giving up. Giving up is too exciting. Golden ticket to doing whatever I want.

I'm old. I'm set in my boring ways. Thanks for reading my rants y'all.

I'm older.

don'tl remind me.

=====

Re: Singularity's Journey

Posted by Singularity - 16 Jan 2017 15:07

[cordnoy wrote on 16 Jan 2017 14:51:](#)

[Singularity wrote on 16 Jan 2017 14:44:](#)

Thanks guys.

I'm getting tired of giving up. Giving up is too exciting. Golden ticket to doing whatever I want.

I'm old. I'm set in my boring ways. Thanks for reading my rants y'all.

I'm older.

don'tl remind me.

may you be forever boring.

=====
=====

Re: Singularity's Journey

Posted by thanks613 - 16 Jan 2017 17:10

[Singularity wrote on 16 Jan 2017 07:49:](#)

Huh. Look at that! Long, deep post! Who knew!!!!?

My thoughts exactly!

Someone recently gave me some advice that I wonder if it would apply to your shabbos meal thing..

There was this girl who ticked all the boxes for me.. I actually asked her out. Like for shidduchim, marriage etc. ... I created our entire future in my mind... I spoke to my therapist about it. I told him I create this imaginary connection in my head...

...BH I've come a far way from there. Mentally, right now, I tried to replace this imaginary visage girl with my wife, sitting across me... I did so. It was a nice feeling. I see I have a lot to work on.

Why give her special attention? Because she's a girl and I'm attracted to her. It's the lust speaking...

Hatzlocha. Maybe ask someone more competent if it's healthy going to the meeting if she'll always be there. Weigh it up.

Better seeing these women than other women we sometimes look up...

=====
=====

Re: Singularity's Journey

Posted by Shlomo24 - 16 Jan 2017 17:24

I read your post. I usually don't read long posts. I really relate to the father issue. My father would tell me the same things.

Well, you're going to have one hell of a 4th step!

=====
=====

Re: Singularity's Journey

Posted by Singularity - 17 Jan 2017 08:37

[thanks613 wrote on 16 Jan 2017 17:10:](#)

[Singularity wrote on 16 Jan 2017 07:49:](#)

Huh. Look at that! Long, deep post! Who knew!!!?

My thoughts exactly!

Someone recently gave me some advice that I wonder if it would apply to your shabbos meal thing..

There was this girl who ticked all the boxes for me.. I actually asked her out. Like for shidduchim, marriage etc. ... I created our entire future in my mind... I spoke to my therapist about it. I told him I create this imaginary connection in my head...

...BH I've come a far way from there. Mentally, right now, I tried to replace this imaginary visage girl with my wife, sitting across me... I did so. It was a nice feeling. I see I have a lot to work on.

Why give her special attention? Because she's a girl and I'm attracted to her. It's the lust speaking...

Hatzlocha. Maybe ask someone more competent if it's healthy going to the meeting if she'll always be there. Weigh it up.

Better seeing these women than other women we sometimes look up...

Haha! Must be the old-timers, oh I mean alzheimers, kickin' in.. (*bli ayin Hora*)

It's slightly different. I'm not envisioning a future with her. Just lusting s'all. Well, BH not getting so far. But knowing I WANT to lust. Haha. Gotta surrender that. PLEASE HASHEM!!!

But props for the self-idea of speaking to someone.

I shall do that right now.

Thanks **Shlomo**. Thanks for non tl:dr-ing it. It means a lot to me.

We should join FARTING - Fathers Acting Recklessly Towards Innocent Neshomeles, *Gevalt!!!*

=====
=====

Re: Singularity's Journey

Posted by Shlomo24 - 17 Jan 2017 17:00

[Singularity wrote on 17 Jan 2017 08:37:](#)

Haha! Must be the old-timers, oh I mean alzheimers, kickin' in.. (*bli ayin Hora*)

It's slightly different. I'm not envisioning a future with her. Just lusting s'all. Well, BH not getting so far. But knowing I WANT to lust. Haha. Gotta surrender that. PLEASE HASHEM!!!

But props for the self-idea of speaking to someone.

I shall do that right now.

Thanks **Shlomo**. Thanks for non **tl:dr-ing** it. It means a lot to me.

We should join FARTING - Fathers Acting Recklessly Towards Innocent Neshomeles, *Gevalt!!!*

What is that? Also, I'm very immature. I liked your acronym.

=====

Re: Singularity's Journey

Posted by GrowStrong - 17 Jan 2017 17:05

tl:dr = too long, didn't read.

=====

Re: Singularity's Journey

Posted by Singularity - 18 Jan 2017 07:53

[Shlomo24 wrote on 17 Jan 2017 17:00:](#)

[Singularity wrote on 17 Jan 2017 08:37:](#)

Haha! Must be the old-timers, oh I mean alzheimers, kickin' in.. (*bli ayin Hora*)

It's slightly different. I'm not envisioning a future with her. Just lusting s'all. Well, BH not getting so far. But knowing I WANT to lust. Haha. Gotta surrender that. PLEASE HASHEM!!!

But props for the self-idea of speaking to someone.

I shall do that right now.

Thanks **Shlomo**. Thanks for non **tl:dr-ing** it. It means a lot to me.

We should join FARTING - Fathers Acting Recklessly Towards Innocent Neshomeles, *Gevalt!!!*

What is that? Also, I'm very immature. I liked your acronym.

Thanks. I'm not immature and I like the acronym

=====
=====

Re: Singularity's Journey

Posted by Shlomo24 - 18 Jan 2017 13:52

[Singularity wrote on 18 Jan 2017 07:53:](#)

[Shlomo24 wrote on 17 Jan 2017 17:00:](#)

[Singularity wrote on 17 Jan 2017 08:37:](#)

Haha! Must be the old-timers, oh I mean alzheimers, kickin' in.. (*bli ayin Hora*)

It's slightly different. I'm not envisioning a future with her. Just lusting s'all. Well, BH not getting so far. But knowing I WANT to lust. Haha. Gotta surrender that. PLEASE HASHEM!!!

But props for the self-idea of speaking to someone.

I shall do that right now.

Thanks **Shlomo**. Thanks for non **tl:dr-ing** it. It means a lot to me.

We should join FARTING - Fathers Acting Recklessly Towards Innocent Neshomeles, *Gevalt!!!*

What is that? Also, I'm very immature. I liked your acronym.

Thanks. I'm not immature and I like the acronym

=====

Re: Singularity's Journey

Posted by Singularity - 24 Jan 2017 09:54

Just Checkin' (Truckin') in.

Well, that's what **you** think! And GYE is really a source of entertainment.
I'm finding today very jolly!

From [Gartel's thread about doorknobs](#), to the [nightly emmissions](#) discussion, well, and probably because of being light-headed from an early-morning run and knowing I haven't eaten nearly enough calories to compensate, I am having a **good day**.

I don't wish to offend doorknob or trinityofnow, but I really enjoy those threads and the backs-and-forths. May your recovery be with much *hatzlocha* and deep introspection. Cleanse yourself before your God (cleanses you for you)!

A Great day, a great week. Holiday next week! YAY!! Life's Good. Thank you Hashem. All's good.

=====

Re: Singularity's Journey

Posted by cordnoy - 24 Jan 2017 13:24

[Singularity wrote on 24 Jan 2017 09:54:](#)

Just Checkin' (Truckin') in.

I'm finding today very jolly. And GYE is really a source of entertainment.

From [Gartel's thread about doorknobs](#), to the [nightly emmissions](#) discussion, well, and probably because of being light-headed from an early-morning run and knowing I haven't eaten nearly enough calories to compensate, I am having a **good day**.

I don't wish to offend doorknob or trinityofnow, but I really enjoy those threads and the backs-and-forths. May your recovery be with much *hatzlocha* and deep introspection. Cleanse yourself before your God (cleanses you for you)!

A Great day, a great week. Holiday next week! YAY!! Life's Good. Thank you Hashem. All's good.

Looks like we got ourselves another dophelglanjer!

=====
=====