

gettingbackupnow!!

Posted by gettinghelp - 04 Feb 2009 22:39

Finished DAY 1.This with Hashem's kindness and help with be my new 90 journal.Despite the fact that I fell after 4 wks, I feel stronger and more at ease with what it takes to have a proper and real recovery.I will have a more detailed post soon

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Re: gettingbackupnow!!

Posted by gettinghelp - 01 Apr 2009 23:45

Wow a great start and a great end to a great day.The y'h tried bur B'h failed today.I am now really starting to see how by letting go and giving myself over to hashem,I can start to se e real growth.I am at a stage in my life where I am facing up to very painful part of my life,one that is at the root of my addiction.It is hard to face but I have the emunah that I will cut thru all the bull..... and start to live my life.

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Re: gettingbackupnow!!

Posted by Ykv_schwartz - 02 Apr 2009 09:09

Learning to feel 'ourselves' and live life for real is truly exhilarating. Keep inspiring us! We love it.

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Re: gettingbackupnow!!

Posted by the.guard - 04 Apr 2009 21:09

I updated your chart. Mazal Tov on reaching Level 5 - 30 days... And on to 120 years!

What a way to leave Mitzrayim this Seder night!

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Re: gettingbackupnow!!

Posted by gettinghelp - 07 Apr 2009 17:33

B'H I was tessted yesterday,and pretty much passed.Looking back it was exactly what I needed to gain true insight.I am dealing with some really apinful aspects of my lofe,and facing them head on.I will ,with Hashem's help tear away each layer of all the klipot I have in my life. I am finding it very freeing to let Hashem lead me,and to start living my life on my terms without the shame.It is time now to lead a life of true emunah.

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Re: gettingbackupnow!!

Posted by the.guard - 13 Apr 2009 22:52

What a powerful *Neshama*, but trapped in so many layers! If you succeed in removing them, you will reveal a diamond of unparalleled brilliance!

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Re: gettingbackupnow!!

Posted by gettinghelp - 19 Apr 2009 15:58

B"H the layers are being peeled away daily.Please update my chart.

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Re: gettingbackupnow!!

Posted by the.guard - 19 Apr 2009 18:28

Mazal Tov and welcome to Level 5 - more than double your previous record. Hashem is rejoicing with your hard work and determination. You will come out of this a great MAN.

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Re: gettingbackupnow!!

Posted by gettinghelp - 21 Apr 2009 23:58

B"H moving in the right direction.I am really seeing a lot of positive results. I have learned much and have so much to thank Hashem for.During Hallel on shevie shelpesach I actualy cried from being so happy and close to Hashem.

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Re: gettingbackupnow!!

Posted by the.guard - 23 Apr 2009 21:51

Today is Rosh Chodesh and again we say Hallel... How the words are so appropriate, like you say, that you actually cried! What a great soul you must have...

Hallel...

"From the trash-heaps he uplifts the pauper, to sit him amongst the the great men"...

"Hashem made me suffer, but to death he did not give me over"....

"I praise you that you afflicted me, and it was for me a salvation"...

"From Hashem was this, it is wondrous in our eyes!!"

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Re: gettingbackupnow!!

Posted by gettinghelp - 27 Apr 2009 14:40

B'H I am seeing the nissi daily and am getting stronger daily.Please update my chart.

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Re: gettingbackupnow!!

Posted by the.guard - 27 Apr 2009 14:53

Chart updated to 60 days. Mazal tov and keep inspiring us!

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Re: gettingbackupnow!!

Posted by battleworn - 30 Apr 2009 14:37

Mazel Tov on 60 days. It is so inspiring to read about your progress. CHAZAK VE'EMATZ!!!

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Re: gettingbackupnow!!

Posted by gettinghelp - 01 May 2009 03:01

B"H another week as come and gone,with nissim every place I looked.I now know and am really starting to have the emunah the hashem is everywhere I look.He helps and helps me in more ways that I have words to describe.

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Re: gettingbackupnow!!

Posted by Ykv_schwartz - 01 May 2009 06:09

It is so beautiful to watch you grow and flourish. May you continue to have success as you bond with Hashem

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