

gettingbackupnow!!

Posted by gettinghelp - 04 Feb 2009 22:39

Finished DAY 1.This with Hashem's kindness and help with be my new 90 journal.Despite the fact that I fell after 4 wks, I feel stronger and more at ease with what it takes to have a proper and real recovery.I will have a more detailed post soon

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Re: gettingbackupnow!!

Posted by the.guard - 10 Jun 2009 20:59

You never cease to amaze us, gettinghelp.

I hope today's Chizuk e-mail (#500) was some help. Read it again and maybe even AGAIN. And listen to the two linked Shiurim...

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Re: gettingbackupnow!!

Posted by gettinghelp - 12 Jun 2009 20:09

B'H I have been quite busy these past few days.On one level I have not seen any material success from my hard work. Spiritually it has taken al of my koach not to act out from the shear frustration.I have begged and pleaded till tears were streaming down my face for help,and guess what,help came.Maybe it's not the immediate quick fix i was waiting for,bur help was sent.I am starting to really let go and let G-D.The pain and hurt are so tough to deal with but I will keep at it till I can have the emunah to see all the good in my life.All the tests I am facing with make me a stronger and better me.that is what i am striving for

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Re: gettingbackupnow!!

Posted by the.guard - 13 Jun 2009 22:12

When we get up to Shamayim one day and we see "GettingHelp" sitting higher up than the big

Rosh yeshivas - I won't be surprised. ***Olam Hafuch Ra'isi***. It's those who struggle so intensely with such **huge** challenges that are the **real** GEDOLIM in our generation. They may be greater than the ones you see in the NEWS.

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Re: gettingbackupnow!!

Posted by gettinghelp - 15 Jun 2009 15:32

I am humbled!!! By really working hard on seeing the good and letting go and letting G-D I am seeing nissim!!!

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Re: gettingbackupnow!!

Posted by gettinghelp - 17 Jun 2009 17:23

In all of the osr here the #1 underlying theme in my humble opinion is desire. Just how badly do I desire a true healthy, honest life. Well I can tell you now that the desire to be the husband, father, son, friend, person that Hashem created me to be is so strong I can taste it. It takes huge strength and power all the power that Hashem has blessed me with to fight the pain and hurt and to really open not only my eyes but my very essence to seeing all of G-D's goodness in my life.

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Re: gettingbackupnow!!

Posted by Efshar Letaken - 17 Jun 2009 20:57

Thanks for sharing Keep it up!

E.L.

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Re: gettingbackupnow!!

Posted by gettinghelp - 19 Jun 2009 15:37

well ,the way I see it everything has good in it.We just need to search harder than we might think we do,to find the good.So,B'H I need to start counting again from today.I guess Hashem just wants me to work harder and be more passionate about EVERYTHING!!!!

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Re: gettingbackupnow!!

Posted by gettinghelp - 19 Jun 2009 16:34

Just finished the hand book,and now will being starting the basics with help from Hashem.

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Re: gettingbackupnow!!

Posted by battleworn - 20 Jun 2009 21:19

Harav Gettinghelp shlita. It's absolutely astounding to see how far you've come.

It's a tremendous lesson for everyone to learn from.

Hashem should give you continued Hatzlochoh always, and you should just keep growiing!

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Re: gettingbackupnow!!

Posted by the.guard - 20 Jun 2009 21:30

Let me know when you have 3 days again...

BTW. Which handbook did you finish? The GYE one or the attitude one?

Remember, reading them is only the first step. Implementing them is what really counts :D

Keep up the good work!

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Re: gettingbackupnow!!

Posted by battleworn - 07 Jul 2009 16:31

Gettinghelp, you haven't posted in a long time. You're a very important member of the team/family please keep posting. Whatever the situation is, sharing it with us could only help! Please read "The Torah Approach" over here :

rehab-my-site.com/guardureyes/forum/index.php?topic=602.0 And let me know what you think; thank you!

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Re: gettingbackupnow!!

Posted by chl - 11 Jul 2009 19:12

bs"d

Reb Gettinghelp, shavua tov, i hope all is well. I (we all i guess) miss you.

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