## **GYE - Guard Your Eyes**

Generated: 21 August, 2025, 07:32

Here we go Posted by Aryeh821 - 16 Mar 2016 18:51
Day 1
all right here i begin
Re: Here we go Posted by Aryeh821 - 28 Dec 2016 04:37
stillgoing wrote on 28 Dec 2016 04:27:
Aryeh821 wrote on 28 Dec 2016 04:15:
stillgoing wrote on 28 Dec 2016 04:11:
Bump
what does that mean
t means that I saw you lurking on another thread, so I bumped your thread up to the recent copics list in the hopes that you'll give us another update. :-)
(having a conversation in two different threads is a shtikl confusing)

there is not much to update cause i have been sick so i haven't gone recently but the last time i went i opened up to him about two of my main fantasies and one of them i really thought i would never ever tell anyone and it actually took a while for my self to accept it (its sort of a ssa type fantasy) and the only time i ever felt the apprehension like i left before telling him was before i opened up the first time to my mashgiach

I'm going back tomorrow night so maybe update then ill have to see if i get a chance
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Re: Here we go Posted by Aryeh821 - 08 Jan 2017 04:16
hey all im going yeshivah tommorow and dont expect to be back till friday so if i dont reply its not becuase im ignoring you (although i a may just not nessacrily)
I'm having a really tough time right now, my house has become all filtered EXECPT my family room computer because of a glitch
so i asked my father numerous times to put a filter on and each time he said we would get to it but never ended up doing it
my question now is what does HE want from me, my psychologist holds that at least in the beginning stages there must be a filter because otherwise i will go for it and i myself experienced this going farther than i would have every dreamed -watching porn in plain sight with my brother one room over, i did my hishtadlus didn't i? what else am i supposed to do?? what HE want me to do
thoughts?
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Re: Here we go Posted by Markz - 08 Jan 2017 04:21
I know what it's like to grow up in a house with some avenues open
Ask your father if he minds you setting up the filter seeing that he doesn't have the time
You can ask him to fill the password just to set it up, or ask a friend

My 2 cents
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Re: Here we go Posted by Aryeh821 - 08 Jan 2017 04:26
Markz wrote on 08 Jan 2017 04:21:
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My 2 cents
i appreciate the idea and more importantly the thought and even more importantly the
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Re: Here we go Posted by Singularity - 09 Jan 2017 07:42
At one point I wouldn't even think of looking at stuff with others close by.
But I proved myself wrong.

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Push for it. It's life and death here.
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Re: Here we go Posted by Aryeh821 - 22 Jan 2017 03:41
so i had my first porn-free erev shabbos in a reaaaaaaaly long time wooow!! although i managed to find a way around it now (motzai shabbos) before this i have never felt so trapped in my life it felt like a fast waiting for food but the difference here is that i was never going to ge it again but unfortunately i did:( but im on my way
as an aside very surprised that my filter didn't block GYE but B"H it didn't
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Re: Here we go Posted by Hashem Help Me - 22 Jan 2017 03:59
Take that feeling of success and go with it further! We are all rooting for you Stay with us
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Re: Here we go Posted by Aryeh821 - 27 Jan 2017 17:41
my psychologist suggested getting some phone number to call in times of need
anyone available .if so please PM me
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Re: Here we go Posted by Shlomo24 - 27 Jan 2017 18:38

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304 504 7726

for you.

It's in my signature.
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Re: Here we go Posted by GrowStrong - 30 Jan 2017 11:18
Hey Aryeh,
Be in touch by PM if you want to be in direct touch with me, I am happy to help when you need to talk.
Much love.
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Re: Here we go Posted by Aryeh821 - 30 Jan 2017 22:08
Hey guess so its been just over a week since my house had been filterfied and right now i really really want porn (while Im typing the urge is going down a little bit) theres not much in my mind can do about it any eitzas?
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Re: Here we go Posted by MayanHamisgaber - 30 Jan 2017 22:44
you already did the first step by typing to yur family here good work why not call Shlomo or pm GS like they offered they give me great encouragement on my thread

i'll be up for a little more let us know what happens just whatever happens don't fall we are here

5/7

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Re: Here we go

Posted by Aryeh821 - 19 Apr 2017 04:00

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Hey all posting here cause I'm feeling reallIIIIIy alone I'm at a pesach hotel and its really been a roller coaster of a ride I was m'chalel yom tov to try and get porn on my non frum cousins phone but I also had the chance to get porn on my brother phone and didn't

I managed to stop myself from going to hang out with girls on one night but ended up hanging out with them the next two daysnow my family is all sitting around on their smart phones and I recently got rid of mine and I'm not friendly enough to go chill with the co-ed group I generally just wait for them to call ,me over or something so I'm really bored and really lonely and I just found out today(motzai yom tov) that there are computers here with no supervision so its not the best situation

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Re: Here we go

Posted by Ihavenostrength - 19 Apr 2017 04:27

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# Aryeh821 wrote on 19 Apr 2017 04:00:

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Sorry to hear you're having a bit of a rough ride and feeling lonely. Just remember, porn just makes you feel more disconnected from? people and even lonelier. At least in my experience. Maybe find a good book to read, or read through some threads here on gye. Anyways, all the

# GYE - Guard Your Eyes Generated: 21 August, 2025, 07:32 best! Never give up!