

Here we go

Posted by Aryeh821 - 16 Mar 2016 18:51

Day 1

all right here i begin

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Re: Here we go

Posted by Yesod - 08 May 2016 02:50

I imagine you have alot of qualified people to talk to, but in case you run out of numbers and you need another I'm more than glad to share mine.

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Re: Here we go

Posted by Aryeh821 - 08 May 2016 02:52

[Yesod wrote:](#)

I imagine you have alot of qualified people to talk to, but in case you run out of numbers and you need another I'm more than glad to share mine.

B'H I've got a few but the more the merrier

you want my email?

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Re: Here we go

Posted by markz - 08 May 2016 02:54

Yesods email is in the "Free Towing" page success story list, and I'm planning to have yours here too

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Re: Here we go
Posted by Aryeh821 - 08 May 2016 02:57

[markz wrote:](#)

Yesods email is in the "Free Towing" page success story list, and I'm planning to have yours here too

Thanks and I hope so too

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Re: Here we go
Posted by inastruggle - 08 May 2016 03:26

It's great that you're still clean.

Like a retired member used to say, falls don't happen in a vaccum. It might be a good idea for you to figure out why you almost fell, what led up to it etc.

KOMT!

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Re: Here we go
Posted by Aryeh821 - 08 May 2016 03:45

[inastruggle wrote:](#)

It's great that you're still clean.

Like a retired member used to say, falls don't happen in a vaccum. It might be a good idea for you to figure out why you almost fell, what led up to it etc.

KOMT!

Ya I made an appointment with my mashgiach tomorrow to discuss underlying issues my progress plans going forward ETC I'll update how it goes probably Friday

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Re: Here we go
Posted by Aryeh821 - 11 May 2016 02:56

It's late an I gotta go to sleep but I'm feeling the feelings so I gotta post (as opposed to doing it tomorrow) this post is both a cry for help and putting my thoughts to concrete which I've found helps

today hasn't Been the best day and I've been struggling with one particular fantasy which I alternate between being sickened and aroused

im scared I don't want to fall but I want to give in to stop fighting but I don't want to fall back down to the mud

this is me reaching out thoughts/help/ideas?

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Re: Here we go
Posted by mirror - 11 May 2016 03:35

Aryeh, from the posts at the top of this page it sounds like you have the numbers and/or email addresses of a few people here. Maybe you can use them tonight. I'm sure they won't mind if you are trying to avoid a fall.

I'm praying for you.

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Re: Here we go
Posted by Yesod - 11 May 2016 04:31

Yeah Aryeh, why don't you call?

I have unlimited minutes on my plan

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Re: Here we go
Posted by Aryeh821 - 11 May 2016 04:36

[Yesod wrote:](#)

Yeah Aryeh, why don't you call?

I have unlimited minutes on my plan

First of all thanks but cords helped me out already

I e-mailed you as of right now phoning wouldn't work but I wrote down your number to take to yeshivah in case I need back up (can't email there)

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Re: Here we go
Posted by Yesod - 11 May 2016 13:06

Anytime, have a good one

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Re: Here we go
Posted by stillgoing - 11 May 2016 22:15

Aryeh, how's it going today, and how was last night?

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Re: Here we go
Posted by Aryeh821 - 13 May 2016 17:37

Hey Chevra

so suprisingly enough I don't actually know everything

on Tuesday night one of the people I reached out to was cordnoy and he told me to pray I was incensed he was supposed to be one the guys with the answers doesn't he know that I've been davening for 5 years what's it going to help so anyways I did pray and wadya know it worked I survived so thanks for that

I have a fantasy that's been tugging at me for days and my neighbors using my trampoline pretty much everyday definitely does not help the situation

ideas/thoughts

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Re: Here we go

Posted by cordnoy - 13 May 2016 17:47

Are you reaching out for how to be rescued, or are you seeking a life mindset changer?

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